

WEST VIRGINIA

state  **parks**

CABWAYLINGO STATE FOREST



TABLE OF CONTENTS

WELCOME	3
PARK MAP	4
GUEST SERVICES	5
PHONE DIRECTORY	6
EMERGENCY NUMBERS	6
HOUSEKEEPING SERVICES	7
SAFETY	8
TRAVELER SAFETY TIPS	8
STARTING A FIRE	9
OIL LAMP INSTRUCTION	9
RECREATION	10
FOREST FACILITIES	11
ATTRACTIONS	12
ENTERTAINMENT	13
SHOPPING	14



**CABWAYLINGO
STATE FOREST**

WELCOME TO CABWAYLINGO STATE FOREST

We, the staff of Cabwaylingo State Forest, would like to welcome you to our facilities and thank you for choosing to stay with us. We sincerely hope that your stay will be everything that you hoped for. If there is anything that we can do to make your stay more enjoyable please feel free to let us know.

To make your stay more enjoyable, we wish to offer some tips on how to use and enjoy your cabin. Please read the following pages, to find some helpful information for operating cabin equipment, park rules and nearby activities.

We hope you enjoy your stay and come back to see us soon!

Follow us on Facebook, Twitter, and Instagram!

WVstateparks.com





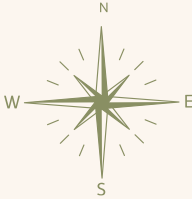
WEST VIRGINIA

state parks

CABWAYLINGO STATE FOREST

1-833-WV-PARKS | WVstateparks.com |

[Return to TABLE OF CONTENTS](#)



Legend

- Park boundary
- County line
- Paved road
- Improved road
- Paved private road
- Forest road
- Private road
- Oil / gas well road
- Timber skid road
- Hiking trail
- Structures
- Stream/river
- Cemetery
- Oil/gas well
- Wildlife clearing
- Cabin area
- Camping area
- Fire tower
- Gift shop
- Group camp
- Park headquarters
- Picnic area
- Picnic shelter
- Building
- Trailer sites

GUEST SERVICES



[Return to
TABLE OF CONTENTS](#)

CHECK IN

Cabins: 4:00 p.m.

CHECK OUT

Cabins: 10:00 a.m.

COT RENTAL

Forest Office \$10 per night.

FIRE STARTERS

Provided September to May 1st

FIREWOOD

- Provided 1 bundle per night stay
September to May 1st.
- Additional bundles or bundles during the
summer season are available for purchase
at Forest Office.

GIFT SHOP

Open year-round during regular
Forest Office hours

LINEN EXCHANGE

Park Office (Every 3rd day of stay) Additional
linens available upon request.

LOST AND FOUND

Forest Office

PET FRIENDLY CABINS

Pets only permitted in cabins 1-13. (Fee's Apply)



PHONE DIRECTORY



[Return to
TABLE OF CONTENTS](#)

Thank you for choosing Cabwaylingo State Park. We stand ready to make your experience enjoyable and one you will never forget. Please call us if you have any questions or if there is anything we can do to make your time here more pleasant.

FOREST OFFICE

(304) 385-4255

EMERGENCY

FIRE/POLICE/MEDICAL

DIAL 911

DUNLOW VOLUNTEER FIRE DEPARTMENT

(304) 385-4631

WEST VIRGINIA STATE POLICE

(304) 272-5131

WAYNE SHERIFF DEPARTMENT

(304) 272-6333

FOREST SUPERINTENDENT

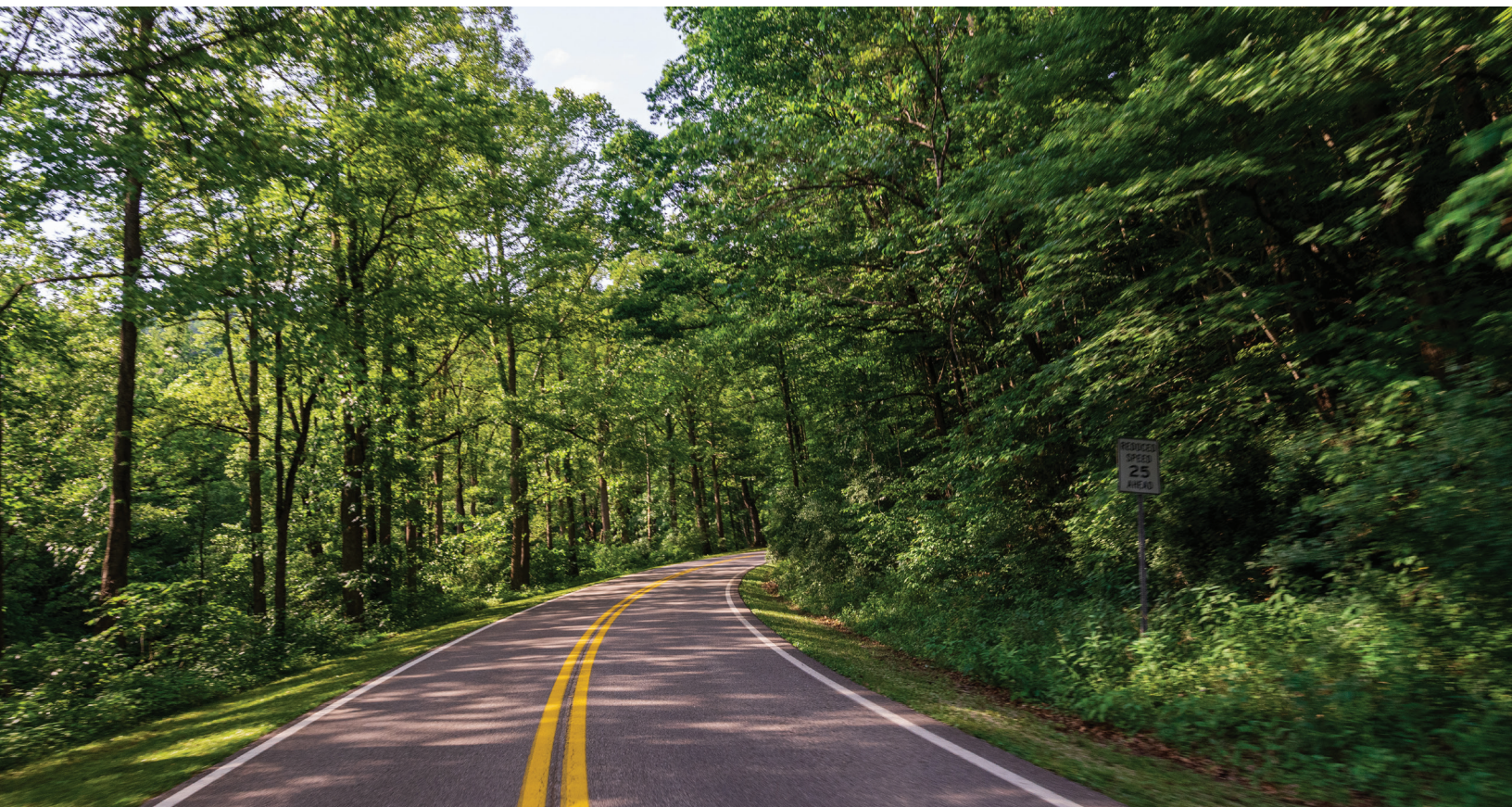
(304) 385-4255

POISON CENTER

(800) 222-1222

THREE RIVERS MEDICAL CENTER

(606) 638-9451



HOUSEKEEPING SERVICES



[Return to
TABLE OF CONTENTS](#)

FOREST OFFICE

(304) 385-4255

OFFICE HOURS

YEAR ROUND

Monday – Friday: 8 a.m. – 4 p.m.

APRIL – OCTOBER 1ST

Saturday: 8 a.m. – 8 p.m.

Sunday: 8 a.m. – 12 p.m.

LINEN EXCHANGE

- Linens can be exchanged every third day of stay at the Forest Office.
- Additional linens available upon request.

TOWEL EXCHANGE

- Guests are allowed two towel exchanges during the week.
- A \$3 fee will be charged for additional towel sets requested above the routine exchange.
- When exchanging towels, please bring them to the Forest Office every third day of your stay.

HELP US CONSERVE OUR NATURAL RESOURCES

Using towels more than once saves thousands of gallons of water each year. We are committed to doing our share to protect the planet. Thank you for helping us to conserve water and save the environment.



At Cabwaylingo State Forest, we are committed to ensuring our guests are safe.

If there is an emergency, dial 911.

For non-emergencies, stop by Forest Office or call (304) 385-4255.

TRAVELER SAFETY TIPS

1. If the fire alarm sounds, leave right away and close the door behind you. Find the nearest emergency exit.
2. If you must exit the cabin through smoke, stay low and move under the smoke.
3. Always keep your cabin key with you. Should you lose or misplace your key, please stop by the Forest Office immediately.
4. Please refrain from opening your cabin door without verifying the identity of the person knocking.
5. Upon checking in, take a moment to locate the nearest exit to be used in case of an emergency.
6. If you are aware of or see any suspicious activity on the forest grounds, please notify a staff member immediately.





STARTING A FIRE

The following are some tips that will make your non-gas fireplace experience much more enjoyable.

1. Use paper or a fire starter if you have one.
2. Arrange a handful of kindling (small sticks of wood) over the fire after you have lit it.
3. Place small pieces of firewood across the grate over the kindling.
4. After kindling and initial pieces of firewood are well lit, begin to slowly add larger pieces of firewood to get a nice warming fire going.
5. Always keep the fire screen in front of the fireplace to prevent hot coals from popping out of the fireplace.

OIL LAMP INSTRUCTION SHEET

1. Lift the globe up using the lever.
2. Light the wick and lower the globe using the lever.
3. Set the wick height by turning the adjustable knob to raise or lower the wick so that it is even with the top of the wick guide tube underneath the burner dome. Do not raise the wick too high, as this can result in smoke and soot damage. If soot or smoke appears, slowly lower the wick height until you no longer see any soot or smoke.
4. To extinguish, raise the globe with the lever and blow the flame out.
5. Do not place any other type of fuel or oil in the lamp. If the lamp runs out of oil, please call the Forest Office and we will provide you with more.
6. Make sure the lamp is always on a level surface, away from combustibles and out of reach of children and pets.
7. Do not leave lamp unattended.
8. Be careful when touching the lamp, as some parts can become hot.



BIKING

Nine miles of beautiful trails are ready for biking enthusiasts to enjoy. Trail maps are provided. Trail users are encouraged to wear blaze orange or brightly colored outerwear during hunting seasons for safety.

CHRISTMAS TREE SHELTER

Made by the Civilian Conservation Corps. Available for viewing via a short hike in the Long Branch picnic area.

CIVILIAN CONSERVATION CORPS STATUE

A bronze memorial stands near the basketball court, dedicated to the hard-working CCC men who helped conserve this beautiful forest in the 1930's.

FIRE TOWER

Hike to the top of Tick Ridge through the Tick Ridge Campground to see one of the few remaining fire towers in the state, built in 1935 by the Civilian Conservation Corps. However, it is unsafe to climb and is closed to the public.

FISHING

Twelvepole Creek runs in front of or a short walk from your cabin. Anglers can enjoy fresh trout stocked monthly in the West Fork of Twelvepole Creek from February to May. Proper license and stamps are required and can be purchased at WVfish.com or at the Park Office.

HIKING

Hikers can capture the scenic beauty of the forest and enjoy the varieties of wildflowers and trees growing along the forest's nine miles of trail. See the overhanging rock cliffs that once provided shelter for early settlers in the area. Trails range from one to three miles so go at your own pace and soak in the blissful scenery. Trail maps are available at the Forest Office.

HUNTING

Hunting is permitted in the 8,123 acres of the forest during the respective seasons, but hunters must have proper licensing. Licenses may be purchased at WVhunt.com or at the Forest Office.

WATERFALL

Hike along the stream on Sleepy Hollow Trail to see this nearly hidden waterfall, best viewed after a rain storm.

FOREST FACILITIES



Return to
TABLE OF CONTENTS

CABINS

Cabwaylingo State Forest has 14 cabins. Thirteen were built by the Civilian Conservation Corps in the 1930's and are called "Legacy Cabins." Each cabin has a rustic stone fireplace and a fully equipped kitchen, along with basic housekeeping items. 13 cabins are pet friendly and 2 are ADA compliant. They are available mid-April through late October.

One Cabin is more modern and is known as a "Vacation Cabin" it is ADA compliant and is open year-round. This cabin has air conditioning, a gas fireplace and fully equipped kitchen with basic housekeeping items.



CAMPING

Cabwaylingo State Forest has two campgrounds. The Tick Ridge Campground has eight rustic sites. The Spruce Creek Campground has 11 sites, 6 with electric and water hookups and nearby shower facilities.

Tick Ridge Campground is open year-round while Spruce Creek Campground is open April 1st through October 31st (weather depending.) West Virginia State Park campground reservations are available online at WVstateparks.com or calling 1-833-987-2757. You may also contact our Forest Office at (304) 385-4255.

GROUP CAMP (TENTS ONLY)

Cabwaylingo has a 100-person, fully equipped group campsite that is great for retreats, meetings, family reunions and other large social outings.



ATTRACTIONS



Return to
TABLE OF CONTENTS

COAL HOUSE

A building built out of 65 tons of cut coal blocks, next to the Mingo County Courthouse.

73 East 2nd Avenue
Williamson, WV
(304) 235-5240

DINGESS TRAIN TUNNEL

An abandoned one-mile-long train tunnel that now serves one-lane vehicular traffic. It was built in 1892 and used by the Norfolk and Western Railroad.

28-minute drive from the forest on state Route 41.

HERITAGE FARM MUSEUM & VILLAGE

Learn more about West Virginia in this unusual and interactive space. The outdoor living museum showcases Appalachian history and culture for all ages to see. Grab some souvenirs from the gift shop to share with family and friends.

3300 Harvey Road
Huntington, WV
(304) 522-1244

HISTORIC MATEWAN

Known for the Battle of Matewan during the coal war of 1920 and the Hatfield-McCoy Feud in the 1800's.

Matewan, WV
(304) 426-5744





BEECH FORK STATE PARK

Venture into Beech Fork State Park and Lake near Huntington for some recreational boating, fishing, and wildlife watching experiences.

5601 Long Branch Road

Barboursville, WV

(304) 528-5794

CAMDEN PARK

A small, family-owned amusement park that offers rides for kids and adults.

5000 Waverly Road

Huntington, WV

(304) 429-4321

CHIEF LOGAN STATE PARK

For more time in nature, look no further than the 4,000 acre Chief Logan State Park in southern West Virginia. Chief Logan features a 25-site campground, lodge, cabins, outdoor amphitheater, and wildlife center.

1000 Conference Center Drive

Logan, WV

(304) 855-6100



SHOPPING



[Return to
TABLE OF CONTENTS](#)

HUNTINGTON MALL

Large indoor shopping mall with stores, dining and entertainment.

500 Mall Road and Interstate 64
Barboursville, WV
(304) 733-0492

JAMES GROCERY STORE

Small Grocery Store and Deli right outside the forest boundary.

35680 State Route 152
Dunlow, WV
(304) 385-4346





THANK YOU FOR VISITING

WEST VIRGINIA

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