



TWIN FALLS RESORT STATE PARK

Hello and welcome! I'm your naturalist Tammy, and my team is excited to share this time with you exploring the natural world around us. Whether we're following a forest trail, listening for birdsongs, or learning the quiet stories written in the track, leaves, and streams, our goal is to help you slow down and see nature with fresh eyes. Every walk, talk, or program is an invitation to connect more deeply with the land and the wildlife that call it home. These programs are designed for curiosity of all ages – no experience required, just a willingness to observe and wonder. Together we'll learn how plants, trees, animals and people are all woven into the same landscape, and how small details can tell big stories. We are glad you're here, and we hope your time at Twin Falls leaves you inspired, relaxed and a little more connected to the natural world.

All Programs are located at the Nature Center unless otherwise specified.

Monday, June 22nd. 2026

Nature Center Hours: CLOSED

Tuesday, June 23rd. 2026

Nature Center Hours: CLOSED

Wednesday, June 24th. 2026

Nature Center Hours: 9:00am. – 1:00pm. T.C

10:00am. – Backpacking 101: Your introduction to Overnight Wilderness Travel. What is backpacking? How do I pack? What do I bring? Are there benefits to backpacking? If you have a desire to backpack but are not sure where to start, this program is for you. (JNR) T.C

1:30pm. – Flint & Steel – Come and give fire making a try. This primitive art of making fire dates back at least 2,500 years, and likely much earlier. (JNR) T.C

Thursday, June 25th. 2026

Nature Center Hours: 8:00am. – 4:00pm. T.C

Friday, June 26th. 2026

Nature Center Hours: 8:00am. – 4:00pm. C.W

10:00am. – “Falls Trail Hike” – Let's go investigate the Falls trail with Nathan. The Falls trail is the namesake to “Twin Falls” and you will see why as you meander this 1.25-mile loop. Trail can be muddy in spots and very rocky along the section of trail that follows the creek. Meet at the Falls Trail parking lot. (JNR) N.E.

11:30am. – “Buckrun Trail Hike” – This trail is unique as it traverses through a variety of habitats. Meet Nathan at the Twin Oaks/Buckrun trail parking lot for this 1-mile loop hike. (JNR) N.E.

2:30pm. – “Lodge Tour” – Meet outside of the Nature Center for a stroll around our original lodge and learn about the architect and how it was unheard of in the mid to late 60's. (JNR) B.S.

3:30pm. – “Tree”mendous Trees” – Meet at the campground store as Bugs will be on site for a stroll around the campground to discuss our native trees. (JNR) B.S.

4:30pm. – “Exploring Nature's Diversity, One Step at a Time” – Meet at the Campground store for a hike along the Hemlock Trail to discover the amazing variety of life that makes our forest thrive. (JNR) B.S.

Saturday, June 27th. 2026

Nature Center Hours: CLOSED

7:00am. – Registration for the Annual Bearhole Race opens. Location will be at the Splash Pad area. The Bearhole race is a 5K/10K road race, where runners race out of the main park entrance and back.

8:00am. – Bearhole race starts! Please be very cautious of runners on the roadway. T.C C.W NE

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Sunday, June 28th. 2026

Nature Center Hours: 12:00pm. – 4:00pm. B.S.

1:00pm. – “WV Bats” – Head to the Nature Center to learn about the species that call West Virginia home. (JNR) C.W.

3:00pm. – “WV Snakes” – Probably the most misunderstood reptile and the most feared! We will debunk some of the myths and shine light on the importance of these reptiles and how we can coexist in harmony. (JNR) C.W.

8:30pm. – 10:00pm. - “Splash, Glow & Go” – Twin Falls will host a night of fun at the splash pad with music, lights, LED games, free splash pad entry, fishing and food trucks. Fun for the family underneath the “almost” full strawberry moon. N.E. B.S.

Monday, June 29th. 2026

Nature Center Hours: CLOSED

Tuesday, June 30th. 2026

Nature Center Hours: CLOSED

Wednesday, July 1st. 2026

Nature Center Hours: 9:30am. – 4:00pm. C.W

Thursday, July 2nd. 2026

Nature Center Hours: 9:30am. – 4:00pm. T.C

Friday, July 3rd. 2026

Happy 4th. Of July Weekend

Nature Center Hours: 9:30am. – 5:30pm.

Snap The SQUATCH Challenge has begun:

A Wild Sasquatch Photo Hunt Adventure starts today from 10:00am. – 12:00pm. and continues tomorrow from 3:00pm. – 5:00pm. These are the times you can catch him roaming around the park.

Somewhere in the park... Sasquatch has been spotted roaming in his natural habitat! But don't worry, he is friendly except he is a bit camera shy. If you are lucky enough to spot him, take a picture and prove it! Bring your best Sasquatch sighting to the Nature Center during normal business hours for a prize

Rules:

- All photos must be taken inside of the park boundaries.
- Blurry photos do not count.
- One prize per family/group.
- Please stay on designated trails and follow all park rules and regulations.
- Do NOT chase Sasquatch-he is shy and very fast!
- Park staff decisions are final on valid sightings.

Sasquatch is most active when snacks are nearby...the legend is real and he will be watching! Happy Hunting!

9:30am. – “Red, White and Bluebird Hike” – Stillrun is home to an assortment of native birds and the Eastern Bluebird is one of them. Meet at the Amphitheater parking lot for a walk to look and listen for the cheerful bird. (JNR) B.S

10:00am. – “Spiders & Sparkles” – Explore the amazing world of spiders and learn why these eight-legged predators are nature's pest control. (JNR) C.W

2:00pm. – “Stars, Stripes & Swamps” – Meet at the Poke Hollow trail head for this guided wetland exploration focusing on biodiversity and conservation. (JNR) C.W

6:00pm. – “Moonshine & Mountain Lore Hike” – Meet at the Moonshiners trailhead to explore the hidden history of Appalachian hollows, early settlers, and the folklore that grew with them. (JNR) B.S N. E

Saturday, July 4th. 2026

Nature Center Hours: 9:00am. – 5:30pm.

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11:00am. – “Falls Trail Hike” – Meet at the Falls Trail. (JNR) B.S

7:00pm. – “Bil Lepp in the Courtyard” – Bil Lepp is an American story teller and a five-time winner of the West Virginia State Liars’ Contest. He performs at storytelling festivals around the nation and TV host on Man vs. History. This is a Free family event.



Nature Center Hours and Programs can change or be cancelled due to weather or other unforeseen reasons, if a program has been cancelled or hours on the nature center has changed, it will be noted outside of the Nature Center on the information board and at our front desk.



Complete the first level Junior Naturalist Book, and attend two additional Naturalist-led programs.

Junior Naturalist Books can be retrieved at the Nature Center during regular business hours.

The abbreviation “JNR” qualifies for the Junior Naturalist 1st. and 2nd. level requirements. To receive the 1st. level patch participants must complete as many activities as they are old in the Junior Naturalist Journal and attend one Naturalist led program. To receive the second level pin, participant will need to attend two additional Naturalist led hikes/programs.

Find the nature center schedule online at:

<https://wvstateparks.com/programs/naturalist>

Dog Friendly Programming

West Virginia State Park Ranger Program

Now at 8 parks!

<https://wvstateparks.com/west-virginia-ranger>

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