



## CACAPON RESORT STATE PARK

*Come and visit the Tom Ambrose Nature Center!  
Park naturalists are staffed year round to  
provide a variety of interpretive, educational  
and recreational programs on the park's natural  
and cultural history. Nature Center is Open  
9:30AM-4:30PM unless noted.*

*\*Nature Center Gift Shop Open during these  
hours for select souvenirs!*

### **Tuesday, May 26**

Nature Center Open: 10:30AM-4:30AM

**9:15AM Boating with a Naturalist** Join us at the boat dock for a paddle boat tour of the lower lake. We will look at animals and plants that may be present. We'll talk about geology and the CCC. \$6 Paddleboat rental **JNP**

**11:00AM Water Wonders** Let's simulate the movement of water on the Earth in this interactive game of chance. Open to all ages and can be done indoors. **JNP**

**1:00PM Cacapon Birds** We will first learn some information about common WV birds. Then we will walk looking for Cacapon spring birds. All Ages welcome. **JNP**

**3:00PM Cloud Spotting** Meet at the Upper Lake. Where do WV clouds come from, how are they made, and what are the 3 main clouds. If it's raining, we can meet at the nature center and make a cloud in a jar. **JNP**

### **Wednesday, May 27**

**9:30AM Morning Wildflower & Tree Flower Discovery Stroll** Let's learn about the spring ephemerals and the blooming spring trees. We'll use guides and apps to ID. Meet at the Batt Parking area. **JNP**

**11:00AM Visit Our Small Herb Garden** Let's make some herbal teas. Take a small bag of herbs home. **JNP**

**1:00PM The CC' Boys, A West Virginia Legacy** This 30 minute film shares how the Civilian Conservation Corps in the late 1930's were active with conservation projects in our WV state parks and forests. **JNP**

**2:30PM Nature Journaling** What do you enjoy about nature? Sketch, paint, or write in your nature journal. **JNP**

**3:30PM Web of Life** Join us in this interactive game to explore food chains and how life interacts. All ages are welcome for this 30 minute activity. Can be done indoors. **JNP**

### **Thursday, May 28**

**10:00AM Black Bear Game** Discover all about WV's state mammal while playing this fun game. **JNP**

**1:00PM All About Bats** In celebration of dark skies week: Does light pollution affect bats? Bats are important to ecosystems. We'll discuss

*almost heaven.*



## CACAPON RESORT STATE PARK

common WV bats, their habitats, their importance and their challenges. **JNP**

**2:30PM Monarch Life Cycle Game** Join us for an exciting game to discover the monarch's life cycle. **JNP**

**3:00PM West Virginia's Turtles** How many turtles live in WV. Let's take a look at our native species. Also, we'll play a turtle game. **JNP**

### Friday, May 29

**10:00AM Discovery Walk** We will go on a moderate walk and discover sights, smells & sounds of the park. **JNP**

**1:00PM Triple Life: Red-spotted Newt** Newt vs Salamander. How does the red-spotted newt have 3 lives? How can community science help monitor the red-spotted newt? **JNP**

**3:00PM WV Mammals** Fun facts for all ages. This WVDNR powerpoint helps us to discuss well known and lesser known mammals of WV. Pelts, taxidermy scat models, track models, some skulls and bones, and animal calls will help us to use our senses for this program. **JNP**

**4:00PM-6:00PM Meet & Greet at the Lodge**  
Welcome to Cacapon! The park naturalist is on site to share nature center programming and weekend events.

**8:30PM Glow Stick Walk** Meet the naturalist outside on the North Terrace patio for this night hike on the golf course. Free glowstick bracelets, necklaces and more!

### Saturday, May 30

**10:00AM Fishing 101** Meet at the nature center. Grab a fishing pole and let's head to the lake! Fishing poles & bait provided. **JNP**

**1:00PM Cacapon Tie Dye** Design your own Cacapon Resort State Park T-shirt! Shirts can be purchased at the nature center.

**2:30PM Critter Catch** Find & catch critters from insects, to arachnids, to macroinvertebrates (crayfish), and small fish. Fun with a little education thrown in. **JNP**

**3:30PM Vultures: Nature's Clean Up Crew**  
Learn some unique features and behaviors of vultures. Can we see any using binoculars? **JNP**

**7:00PM Campfire Building & Fire Starting** Join us at the nature center campfire circle and learn ways to make a campfire plus practicing steele & flint and charcoal & bird nest fire starting techniques. **JNP**

**7:30PM-9:00PM Campfire** Meet at the nature center campfire circle for stories and marshmallows.

*almost heaven.*



## CACAPON RESORT STATE PARK

### Sunday, May 31

Nature Center open: 11:00AM-3:00PM

**9:30 AM Woodpecker Wow!** Meet at the lodge. West Virginia has a wide variety of woodpeckers with many right here in Cacapon. Join us for a talk on woodpecker calls and a short walk to ID them. **JNP**

**1:00PM Spiderverse** We'll learn about the superhero of the animal world: spiders. They help humans in more ways than we can count. A small walk will occur to find spiders & webs. **JNP**

**2:30PM Geology Hour** Play a fun interactive geology game, color WV's State Fossil, and try a geology word puzzle. We'll go on a walk for fossils. **JNP**

### Monday, June 1

**10:00AM Tai Chi** This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

**10:00AM Discovery Walk** Join the naturalist for an easy stroll talking about the Parks History & the park's plants and animals. Meet at the nature center. **JNP**

**1:00PM Every Tree for Itself** Play this interactive game learning about what trees need and hazards trees encounter. **JNP**

**1:30PM Wildlife Survival Game** Learn the importance of camouflage while playing two interactive games. **JNP**

**2:30PM Turkey Talk** We will learn the plight of the turkey in WV. We'll learn facts, see feathers and feet, and hear turkey calls. How can you help the wild turkey? **JNP**

### Tuesday, June 2

**10:00AM Cacapon Birds** We will first learn some information about common WV birds. Then we will walk looking for Cacapon spring birds. All Ages welcome. **JNP**

**1:00PM Monarch Butterflies Journey North** Did you know that monarchs fly over 2,000-3,000 miles to the same overwintering sites every year? They are now returning to their northern breeding grounds. Come find out more! **JNP**

**3:00PM Butterfly Bingo** Play a few games of bingo, learn some facts, and win a prize.

### Wednesday, June 3

**10:00AM Woodpecker Wow!** Meet at the lodge. West Virginia has a wide variety of woodpeckers with many right here in Cacapon. Join us for a talk on woodpecker calls and a short walk to ID them. **JNP**

**1:00PM The CC' Boys, A West Virginia Legacy**

*almost heaven.*



## CACAPON RESORT STATE PARK

This 30 minute film shares how the Civilian Conservation Corps in the late 1930's were active with conservation projects in our WV state parks and forests. A short guided history walk to follow the video weather permitting. **JNP**

**3:00PM Bird-opoly** Just like with Monopoly but with birds. **JNP**

### Thursday, June 4

**9:15AM Boating with a Naturalist** Join us at the boat dock for a paddle boat tour of the lower lake. We will look at animals and plants that may be present. We'll talk about geology and the CCC. \$6 Paddleboat rental **JNP**

**1:00PM Insect Safari** Learn about insect body structure and capture various pollinator garden insects, colony insects and stream benthos macroinvertebrates. **JNP**

**2:30PM Migratory Games** Join us for 2 fun interactive games on migratory birds. **JNP**

**3:00PM Triple Life: Red-spotted Newt** Newt vs Salamander. How does the red-spotted newt have 3 lives? How can community science help monitor the red-spotted newt? **JNP**

### Friday, June 5

**10:00AM Bluebird Box Survey** Let's survey the bluebird boxes near the lodge and pollinator.

Bluebird nests, eggs, or young may be possible. Meet at the lodge front desk area. **JNP**

**1:00PM Heat Balloon Launch** In honor of hot air balloon day, we will launch our heat balloon. It will rise with the heat of the sun. Meet at the nature center.

**2:30AM Vultures: Nature's Clean Up Crew** Learn some unique features and behaviors of vultures. Can we see any using binoculars? **JNP**

**4:00PM-6:00PM Meet & Greet at the Lodge** Welcome to Cacapon! The park naturalist is on site to share nature center programming and weekend events.

**7:00PM Irish Road Bowling** Join our volunteer and West Virginia Master Naturalist Dale for WV sport of Irish Road Bowling. Meet at the nature center. He'll divide you into groups and everyone will use a small cannonball to roll around the nature center loop. Lowest amount of throws wins.

**8:30PM Glow Stick Walk** Meet the naturalist outside on the North Terrace patio for this night hike on the golf course. Free glowstick bracelets, necklaces and more!

### Saturday, June 6

**10:00AM National Trail Day** Meet at the nature center at 10AM for a guided hike along the Ridge Trail. This moderate 1.2 mile loop will

*almost heaven.*



## CACAPON RESORT STATE PARK

feature a mountain stream, views, and mountain laurel in bloom. Earn a National Trails Day Incentive!

**2:00PM WV Snakes** Can you tell the difference between WV venomous snakes and nonvenomous snakes? Let's do a discussion of WV snake facts, snake characteristics, and snake behaviors. **JNP**

**3:00PM Black Bear Game** Discover all about WV's state mammal while playing this fun game. **JNP**

**3:30PM WV Owls & Owl Pellet Dissection** Are owls out at night? Do all owls make a hoot sound? A few facts will be presented about each WV owl, along with owl strengths, owl sounds and an owl's diet. In celebration of dark skies week: Does artificial lighting affect owls? **JNP**

**7:00PM Nature & History Walk** Meet at the nature center. Join park volunteer Dale and we'll take a 45 minute to 1 hour walk looking at sites in the park related to our CCC history and beyond. We'll discuss any wildlife we may see too.

**8:15PM-10:00PM Firefly Frenzy Night Hike** Meet at the nature center for a firefly walk. Learn about West Virginia's 31 species with their color patterns and blink patterns. **JNP**

### Sunday, June 7

**10:00AM Fishing 101** Meet at the nature center. Grab a fishing pole and let's head to the lake! Fishing poles & bait provided. **JNP**

**2:00PM Beads & Bracelets** Make a one of a kind bracelet.

**3:00PM Turtle Talk** Learn about Cacapon's common turtles and play a fun game.

### **Upcoming Events:**

**Saturday, June 20:** West Virginia Day Activities

**Saturday, June 27, 7PM:** Wings of Wonder, Live Birds of Prey

**Saturday, July 11, 10AM-11AM:** Irish Road Bowling Tournament

**Saturday, July 11, 7PM:** Train History & Musical Performance "All Aboard the Iron Horse"

**Wednesday, July 15:** Geology Rocks with Geologist Ken Ashton

**Thursday, July 16:** Geology Walk with Geologist Ken Ashton

**Saturday, July 18, 7PM:** Professional Story Teller: Bil Lepp

### Young People for Parks

**YPP is an environmental education program for children ages 6-16. Participants attend three activities to receive a certificate & patch.**



*almost heaven.*



## CACAPON RESORT STATE PARK

Find the nature center schedule online

<https://wvstateparks.com/programs/naturalist>

/

**Dog Friendly Programming**  
**West Virginia State Park Ranger Program**

Now at 8 parks!

<https://wvstateparks.com/west-virginia-range>

r/



*almost heaven.*