



CACAPON RESORT STATE PARK

Come and visit the Tom Ambrose Nature Center! Park naturalists are staffed year round to provide a variety of interpretive, educational and recreational programs on the park's natural and cultural history. Nature Center is Open 9:30AM-4:30PM unless noted.

**Nature Center Gift Shop Open during these hours for select souvenirs!*

Monday, May 11

10:00AM Woodpecker Wow! West Virginia has a wide variety of woodpeckers with many right here in Cacapon. Join us for a talk on woodpecker calls and a short walk to ID them.

10:00AM Tai Chi This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

1:00PM Afternoon Wildflower & Tree Flower Discovery Stroll Let's learn about the spring ephemerals and the blooming spring trees. We'll use guides and apps to ID.

3:00PM Spiderverse We'll learn about the superhero of the animal world: spiders. They help humans in more ways than we can count.

Tuesday, May 12

10:00AM Cacapon Birds We will first learn some information about common WV birds. Then we will walk looking for Cacapon spring birds. All Ages welcome.

1:00PM Triple Life: Red-spotted Newt Newt vs Salamander. How does the red-spotted newt have 3 lives? How can community science help monitor the red-spotted newt?

Wednesday, May 13

10:00AM Morning Wildflower & Tree Flower Discovery Stroll Meet at the Batt Parking area. Let's learn about the spring ephemerals and the blooming spring trees. We'll use guides and apps to ID.

1:00PM The CC' Boys, A West Virginia Legacy This 30 minute film shares how the Civilian Conservation Corps in the late 1930's were active with conservation projects in our WV state parks and forests.

2:30PM Vultures: Nature's Clean Up Crew Learn some unique features and behaviors of vultures. Can we see any using binoculars?

3:30PM Wildflower BINGO Play a few games of bingo, learn some facts, and win a prize.

Thursday, May 14

10:00AM Water Wonders Follow the water cycle through this interactive game. JNP

10:30AM Every Tree for Itself Play this interactive game learning about what trees need and hazards trees encounter. JNP

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11:00AM Wildlife Survival Game Learn the importance of camouflage while playing two interactive games. **JNP**

1:00PM Web of Life Join us in this interactive game to explore food chains and how life interacts. All ages are welcome for this 30 minute activity. Can be done indoors. **JNP**

1:30PM Black Bear Game Discover all about WV's state mammal while playing this fun game. **JNP**

2:00PM Migratory Games Join us for 2 fun interactive games on migratory birds. **JNP**

2:30PM Monarch Life Cycle Game Join us for an exciting game to discover the monarch's life cycle. **JNP**

3:00PM West Virginia's Turtles How many turtles live in WV. Let's take a look at our native species. Also, we'll play a turtle game. **JNP**

Friday, May 15

1:00PM-3:00PM Birds of Prey Watch Join us anytime between 1-3pm at Cacapon Resort State Park overlook to watch migrating birds & monarchs. These birds: black vulture, turkey vulture, osprey, bald eagle, northern harrier, sharp-shinned hawk, cooper's hawk, , northern goshawk, red-shouldered hawk, broad-winged hawk, red-tailed hawk, American kestrel, merlin, peregrine falcon, would be experiencing peak

migration at this time. Other wildlife could be spotted: ravens, crows, deer. Come join us just this one time or all the birds of prey watch series listed in the upcoming events. Binoculars will be provided or bring your own. Dress for the weather but this event will be canceled due to rain, fog or snow.

7:00PM & 8:00PM Amazing Astronomers of Antiquity At Morgan County Observatory. See website for tickets.

<https://www.morgancountyobservatory.org/>

Saturday, May 16

9:00AM-12PM Youth Fishing Derby Sign up at the upper lake at 9am followed by stocking by the Ridge Fish Hatchery. 10am-12pm will be the derby followed by awards. The high school fishing club will help. The awards are donated by Cacapon Resort State Park's Foundation. Bring fishing poles, bait, sunscreen, bug spray and water.

Age categories: 6 & under, 7-9, 10-12 & 13-14

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<https://www.morgancountyobservatory.org/>

Sunday, May 17

Nature Center open: 11:00AM-3:00PM

10:00AM Discovery Walk Join master naturalist Dale for an easy stroll talking about the Parks History & Geology. Meet at the Lodge.

Monday, May 18

Nature Center Open: 10:00AM-3:00PM

10:00AM Tai Chi This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

10:00AM Discovery Walk Join the naturalist for an easy stroll talking about the Parks History & the park's plants and animals. Meet at the nature center.

Tuesday, May 19

Nature Center Open: 11:00-3:00

Wednesday, May 20

Nature Center Closed

Thursday, May 21

Nature Center Open: 10:00AM-3:00PM

Friday, May 22

Nature Center Open: 10:30AM-4:30PM

1:00PM All About Bats We'll discuss common bats, their habitats, their importance and their challenges. Good for all ages. JNP

3:30AM Wildflower Bingo! Meet at the nature center.

4:00PM-6:00PM Meet & Greet at the Lodge

Welcome to Cacapon! The park naturalist is on site to share nature center programming and weekend events.

8:30PM Glow Stick Walk Meet the naturalist outside on the North Terrace patio for this night hike on the golf course. Free glowstick bracelets, necklaces and more!

Saturday, May 23

10:00AM Fishing 101 Learn the basics of fishing at Cacapon lake. Fundamentals of casting, baiting a hook, and taking a fish off the line will be taught. Fishing poles & bait will be provided for the program. Feel free to bring your own poles too. JNP

2:00PM Cacapon Tie Dye Design your own Cacapon Resort State Park T-shirt! Shirts can be purchased at the nature center.

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3:00PM Water Balloon Toss Following tie dye, join us for some organized water balloon toss games.

7:00PM Irish Road Bowling Join our volunteer and West Virginia Master Naturalist Dale for WV sport of Irish Road Bowling. Meet at the nature center. He'll divide you into groups and everyone will use a small cannonball to roll around the nature center loop. Lowest amount of throws wins.

8:30PM-10PM Games Court Glow Our annual Memorial Day weekend glow in the dark games. (badminton, putt putt golf, corn hole, yo-yo glow, bracelets and necklaces) Bring your own too. Meet at the tennis courts.

Sunday, May 24

10:00AM Beginner Birding Learn Cacapon's common birds by sight and sound followed by a short walk with binoculars. **JNP**

2:00PM All About Bats We'll discuss common bats, their habitats, their importance and their challenges. Good for all ages. **JNP**

3:30PM WV Snakes Can you tell the difference between WV venomous snakes and nonvenomous snakes? Let's do a discussion of WV snake facts, snake characteristics, and snake behaviors. **JNP**

7:00PM Campfire Building & Fire Starting Join us at the nature center campfire circle and learn ways to make a campfire plus practicing steele & flint and charcoal & bird nest fire starting techniques. **JNP**

7:30PM-9:30PM Campfire & Night Hike Meet at the nature center campfire circle for stories and marshmallows. Afterwards we will go on a short night hike.

Monday, May 25

Happy Memorial Day

All day bead making. Come into the nature center to make your favorite type of bracelet or necklace.

10:00AM Tai Chi This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

10:00AM Frog & Toads Can you tell the difference between them by sight or sound? Let's learn some croaks and identify characteristics of some common WV frogs. **JNP**

1:00PM Stream Study Learn about stream macroinvertebrates and how they let us know a stream's health. **JNP**

3:00PM Kahoot Trivia Join us for a few rounds of Kahoot trivia. You will need a cell phone or ipad to play this game.

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Upcoming Events:

Saturday, June 6, 10AM: National Trails Day Hike

Wednesday, June 13: Morgan County Observatory Fundraiser, 7-9PM See website for details.

<https://www.morgancountyobservatory.org/>

Saturday, June 20: West Virginia Day Activities

Saturday, June 27, 7PM: Wings of Wonder, Live Birds of Prey

Saturday, July 11: Irish Road Bowling Tournament & All aboard the Iron Horse Musical Performance

July 15 Geology Slideshow

July 16 Geology Rocks Hike with geologist

July 18 Bil Lepp professional storyteller

August 1 History Alive! Gabriel Arthur
Special presenter: Medicinal, Edible & useful plants of American Indians slide show & walk
Special Hike: Ecology & geology of a fen

August 8 Herps Alive!

August 29 Professional storyteller Adam Booth

**Dog Friendly Programming
Westfurgina State Park Ranger Program**

Now at 8 parks!

<https://wvstateparks.com/west-furginia-range/r/>



Young People for Parks

YPP is an environmental education program for children ages 6-16. Participants attend three activities to receive a certificate & patch.



Find the nature center schedule online

<https://wvstateparks.com/programs/naturalist>

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