



CACAPON RESORT STATE PARK

Come and visit the Tom Ambrose Nature Center! Park naturalists are staffed year round to provide a variety of interpretive, educational and recreational programs on the park's natural and cultural history. Nature Center is Open 9:30AM-4:30PM unless noted.

**Nature Center Gift Shop Open during these hours for select souvenirs!*

Monday, March 30

Nature Center Open 11AM-3PM

9:15AM Nature & History Walk Meet at the lodge front desk and we'll take a 45 minute to 1 hour walk looking at sites in the park related to our CCC history and beyond. We'll discuss any wildlife we may see too.

10:00AM Tai Chi This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

Tuesday, March 31

10:00AM Beaks Beaks are not unique to birds but different species of birds have specialized beaks to serve various purposes especially to obtain and eat food. This two part one hour program will explore ways to identify birds and focus on bird beak functions. An interactive game will follow to test your new knowledge.

1:00PM Triple Life: Red-spotted Newt Newt vs Salamander. How does the red-spotted newt have 3 lives? How can community science help monitor the red-spotted newt?

2:00PM Kahoot Mammals will be the theme of this kahoot. You'll need a device (phone or ipad).

Wednesday, April 1

10:00AM Feet Specialized feet are not unique to birds but different species of birds have specialized feet to serve various purposes. This two part one hour program will explore ways to identify birds and focus on bird feet functions. A small craft will follow to test your new knowledge.

1:00PM The CC' Boys, A West Virginia Legacy

This 30 minute film shares how the Civilian Conservation Corps in the late 1930's were active with conservation projects in our WV state parks and forests.

2:30PM All About Bats Bats are important to ecosystems. We'll discuss common WV bats, their habitats, their importance and their challenges.

3:30PM Kahoot: Birds will be the theme of this kahoot. You'll need a device (phone or ipad).

Thursday, April 2

10:00AM Nest Nest are not unique to birds but different species of birds have specialized nests for a place to lay eggs and raise their young. This two part one hour program will explore ways to identify birds and focus on bird nest

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functions. An interactive game or craft will follow to test your new knowledge.

1:00PM Afternoon Wildflower & Tree Flower

Discovery Stroll Let's learn about the spring ephemerals and the blooming spring trees. We'll use guides and apps to ID.

2:30PM Kahoot: Reptiles will be the theme of this kahoot. You'll need a device (phone or ipad).

Friday, April 3

9:30PM Woodpecker Wow! West Virginia has a wide variety of woodpeckers with many right here in Cacapon. Join us for a talk on woodpecker calls and a short walk to ID them.

11:00AM Triple Life: Red-spotted Newt Newt vs Salamander. How does the red-spotted newt have 3 lives? How can community science help monitor the red-spotted newt?

Saturday, April 4

10:00AM Easter Bunny at Park Gazebo Before the egg hunt, bring the family out for pictures with the Easter Bunny! Located in the picnic area in front of the nature center.

11:00PAM Easter Egg Hunt (following the pictures) Bring Easter baskets to find toy & candy filled-eggs. The hunt has 4 groups: 4 & under, ages 5-7, ages 8-10, and ages 11-13+. 12 golden eggs will be hidden and if you find, find a

park naturalist for a prize. *This community event is sponsored by a grant from the Seely Foundation.*

Easter Egg Dye Following the egg hunt, decorate & dye traditional hard-boiled eggs. Location is at the Nature Center Pavillion. First come, first serve because of limited supply.

Sunday, April 5

Nature Center open: 11:00AM-4:30PM

7:00AM Sunrise Service All are welcome to attend the early morning church service with local Pastor B.J. Worley at Calvary Bible Church. Location: Washington/Fairfax Conference Room at Lodge.

9:30 AM Morning Wildflower & Tree Flower
Discovery Stroll Meet at the lodge. Let's learn about the spring ephemerals and the blooming spring trees. We'll use guides and apps to ID.

1:00PM Vultures: Nature's Clean Up Crew
Learn some unique features and behaviors of vultures. Can we see any using binoculars?

3:30PM Bird BINGO Play a few games of bingo, learn some facts, win a prize.

Monday, April 6

10:00AM Tai Chi This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location

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lodge.

10:00AM All About Bats Bats are important to ecosystems. We'll discuss common WV bats, their habitats, their importance and their challenges.

1:00PM Afternoon Wildflower & Tree Flower Discovery Stroll Let's learn about the spring ephemerals and the blooming spring trees. We'll use guides and apps to ID.

3:00PM Bird-Opoly Just like Monopoly but with birds!

Tuesday, April 7

10:00AM The CC' Boys, A West Virginia Legacy

This 30 minute film shares how the Civilian Conservation Corps in the late 1930's were active with conservation projects in our WV state parks and forests. A short guided history walk to follow the video weather permitting.

1:00PM Beaks, Feet & Nests Beaks, feet and nests are not unique to birds but different species of birds have specialized beaks, feet and nests to help them to survive. This four part two hour program will explore ways to identify birds and focus on bird's beaks, feet, and nests. Interactive games and crafts will follow each part to test your new knowledge.

3:30PM Mice & Rats of West Virginia Which mice & rats are native and which are non native? Learn about WV 9 species of mice &

rats. Which are helpful to humans and which are not?

Wednesday, April 8

10:00AM Monarchs are Returning Monarchs have left Mexico. Journey North uses a citizen science tracking system that we will view.

1:00PM Afternoon Wildflower & Tree Flower Discovery Stroll Let's learn about the spring ephemerals and the blooming spring trees. We'll use guides and apps to ID.

3:00PM Kahoot: Amphibians will be the theme of this kahoot. You'll need a device (phone or ipad).

Thursday, April 9

2:30PM Triple Life: Red-spotted Newt Newt vs Salamander. How does the red-spotted newt have 3 lives? How can community science help monitor the red-spotted newt? Let's go explore.

Friday, April 10

10:00AM Vernal Pool Discovery Walk Let's watch a short video about what vernal pools are and what may be found in them. Next walk the Rock & Roll Trail, looking at 3 known vernal pools and perhaps discovering more of them. Wildlife may be present.

1:00PM-3:00PM Birds of Prey Watch Meet at the locked gate just beyond the Batt Parking Area. Join us anytime between 1-3pm at

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Cacapon Resort State Park overlook to watch migrating birds & monarchs. These birds: golden eagle, northern harrier, red-shouldered hawk, red-tailed hawk, American kestrel, would be experiencing peak migration at this time. Other wildlife could be spotted: ravens, crows, deer. Come join us just this one time or all the birds of prey watch series listed in the upcoming events. Binoculars will be provided or bring your own. Dress for the weather but this event will be canceled due to rain, fog or snow.

3:30AM Bluebird Box Survey Let's survey the bluebird boxes near the lodge and pollinator. Bluebird nests, eggs, or young may be possible. Meet at the lodge front desk area.

Saturday, April 11

10:00AM Spring Cleanup Join Cacapon Resort State Park's Nature Center for a garden cleanup. Please dress for the weather, bring plenty to drink, lunch or buy at our restaurant, sturdy gloves, long pants, tick repellent, sunblock, and any labeled tools such as loppers, shears, shovels, and buckets. Some tools will be provided.

2:00PM Naturalist Choice Activity Join us for a 45 min. to hour activity at the nature center.

Sunday, April 12

Nature Center Open 11AM-4:30PM

9:30AM Discovery Walk Join master naturalist Dale for an easy stroll talking about the Parks History & Geology. Meet at the Lodge.

10:00AM Spring Cleanup-continued Join Cacapon Resort State Park's Nature Center for a cleanup. Please dress for the weather, bring plenty to drink, lunch or buy at our restaurant, sturdy gloves, long pants, tick repellent, sunblock, and any labeled tools such as loppers, shears, shovels, and buckets. Some tools will be provided.

Upcoming Events:

Saturday, April 18; Friday, April 24: Bird of Prey Watches: 1pm-3pm

Saturday, April 25: Earth Day Activities

Saturday, May 16: Kids to Parks Day: Youth Fishing Day

Young People for Parks

YPP is an environmental education program for children ages 6-16. Participants attend three activities to receive a certificate & patch.



Find the nature center schedule online

<https://wvstateparks.com/programs/naturalist/>

**Dog Friendly Programming
West Virginia State Park Ranger Program**

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Now at 8 parks!

<https://wvstateparks.com/west-furgingia-range>
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