



CACAPON RESORT STATE PARK

Come and visit the Tom Ambrose Nature Center! Park naturalists are staffed year round to provide a variety of interpretive, educational and recreational programs on the park's natural and cultural history. Nature Center is Open 9:30AM-4:30PM unless noted.

**Nature Center Gift Shop Open during these hours for select souvenirs!*

Monday, February 16

Nature Center Open 11AM-12:00PM

9:30AM West Virginia State Parks Almost Heaven Heart & Soul Hikes Meet at the lodge. Winter trees, tracks, birds, mammals may be some of the discoveries we find on an easy to moderate hike. Weather will determine the route. If there are any Hiking Stick Medallions left over, you'll receive one. **YPP**

10:00AM Tai Chi This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

Tuesday, February 17-19

Nature Center Closed

Friday, February 20

10:00AM All About Bats Bats are important to ecosystems. We'll discuss common WV bats, their habitats, their importance and their challenges.

1:00PM Love Your Dog Day! Meet at the nature center, and we will gather for a walk with your

dogs! There will be an opportunity to certify your pet as a West Furginia State Park Ranger. Earn a certificate with your pet's paw print and a ranger dog tag. Dog swag will be available for sale! Those without dogs please feel free to join us!

Saturday, February 21

10:00AM Vultures: Nature's Clean Up Crew

Learn some unique features and behaviors of vultures. Can we see any using binoculars?

1:00PM Triple Life: Red-spotted Newt Newt vs Salamander. How does the red-spotted newt have 3 lives? How can community science help monitor the red-spotted newt?

3:00PM Bird-Opoly Just like Monopoly but with birds!

Sunday, February 22

10:00AM Walking the Dog Day! Meet at the nature center, and we will gather for a walk with your dogs! There will be an opportunity to certify your pet as a West Furginia State Park Ranger. Earn a certificate with your pet's paw print and a ranger dog tag. Dog swag will be available for sale! Those without dogs please feel free to join us!

1:00PM Tracking Let's learn about various animal tracks. We will compare animal prints by the use of track molds and a key guide. If there is snow on the ground, we'll go out and look for tracks and follow a few. If there isn't snow, we'll play a game of track BINGO.

almost heaven.



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2:30PM All About Feathers Bird's feathers are unique to them. Using Cornell Bird of Ornithology Learning Videos, feather examples, we'll learn all about feathers.

3:30PM Feeder Watch & Bird ID Which birds are at our feeders? We will enter the data with FeederWatch. After identifying them, we'll match the birds with sounds.

Monday, February 23

10:00AM Tai Chi This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

10:00AM National Dog Biscuit Day! Meet at the nature center, and we will gather for a walk with your dogs! There will be an opportunity to certify your pet as a West Virginia State Park Ranger. Earn a certificate with your pet's paw print and a ranger dog tag. Dog swag will be available for sale! Those without dogs please feel free to join us!

1:00PM Pinecone & Other Food for Birds We'll create some bird food options that you can take home or leave for our birds. Options may include: pinecone/peanut butter/seed feeder, corn cob feeder, and pumpkin seed feeder.

2:00PM Name that Tree Naming trees without leaves is harder but not impossible. Learn some leafless ID tricks. Stem features, fruits, seedpods, and bark can help ID a tree. We'll

take a short walk to reinforce our newly learned skills.

Tuesday, February 24

10:00AM The CC' Boys, A West Virginia Legacy

This 30 minute film shares how the Civilian Conservation Corps in the late 1930's were active with conservation projects in our WV state parks and forests. A short guided history walk to follow the video weather permitting.

Wednesday, February 25

10:00AM Monarch Butterflies in Mexico

Did you know that monarchs fly over 2,000-3,000 miles to the same overwintering sites every year? Come find out more!

Thursday, February 26

Nature Center open 10:30-4:30

10:00AM National Small Dog Day! (Larger dogs can also hang with the smaller ones.) Meet at the nature center, and we will gather for a walk with your dogs! There will be an opportunity to certify your pet as a West Virginia State Park Ranger. Earn a certificate with your pet's paw print and a ranger dog tag. Dog swag will be available for sale! Those without dogs please feel free to join us!

1:00PM Beginner Birding Walk Meet at the lodge front desk for an easy walk. No experience necessary. Guides and binoculars provided.

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3:30PM Bird Song Hero: Bird ID though Sound

Listen to some bird vocalizations using a Cornell Lab of Ornithology Interactive Program and through our Identifier Lyric BirdSong Scanning Wand. The Merlin Bird ID app will also be used.

Friday, February 27

10:00 WV Weather: Where Does it Come From

For all Ages? Clouds, types of weather, origins of our weather, and historical WV weather events will be discussed.

1:00PM Vultures: Nature's Clean Up Crew

Learn some unique features and behaviors of vultures. Can we see any using binoculars?

2:00PM WV Mammals Fun facts for all ages.

This WVDNR powerpoint helps us to discuss well known and lesser known mammals of WV. Pelts, taxidermy scat models, track models, some skulls and bones, and animal calls will help us to use our senses for this program.

3:00PM Triple Life: Red-spotted Newt Newt vs Salamander. How does the red-spotted newt have 3 lives? How can community science help monitor the red-spotted newt?

Saturday, February 28

10:00AM All About Bats Bats are important to ecosystems. We'll discuss common WV bats, their habitats, their importance and their challenges.

1:00PM WV Owls & Owl Pellet Dissection Are owls out at night? Do all owls make a hoot sound? A few facts will be presented about each WV owl, along with owl strengths, owl sounds and an owls diet.

3:00PM Feeder Making & Feeder Watch We will make natural bird feeders that you can take home or leave for us. We will also conduct a feeder watch counting birds coming to our feeder.

Sunday, March 1

Nature Center Open 11AM-3:00PM

9:30AM Discovery Walk Join master naturalist Dale for an easy stroll talking about the Parks History & Geology. Meet at the Lodge.

Upcoming Events:

Saturday, March 7: 1PM: National Play Outside Day: Kite flying on hill outside the lodge

Saturday, March 21: Dinner Show William Shakespeare's A MIDSUMMER NIGHT'S DREAM by The Vintage Theatre Company, Rustic Mechanicals from Clarksburg, WV.

Young People for Parks

YPP is an environmental education program for children ages 6-16. Participants attend three activities to receive a certificate & patch.



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Find the nature center schedule online

<https://wvstateparks.com/programs/naturalist>



Dog Friendly Programming
Westfurgina State Park Ranger Program

Now at 8 parks!

<https://wvstateparks.com/west-furginia-range>



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