



Hello and welcome! I'm your naturalist Tammy, and Caleb is your seasonal naturalist and we are excited to share this time with you exploring the natural world around us. Whether we're following a forest trail, listening for birdsongs, or learning the quiet stories written in the track, leaves, and streams, our goal is to help you slow down and see nature with fresh eyes. Every walk, talk, or program is an invitation to connect more deeply with the land and the wildlife that call it home. These programs are designed for curiosity of all ages – no experience required, just a willingness to observe and wonder. Together we'll learn how plants, trees, animals and people are all woven into the same landscape, and how small details can tell big stories. We are glad you're here, and we hope your time at Twin Falls leaves you inspired, relaxed and a little more connected to the natural world.

Monday, January 19th. 2026

Nature Center Hours: CLOSED

Tuesday, January 20th. 2026

Nature Center Hours: CLOSED

Wednesday, January 21st. 2026

Nature Center Hours: 11:00am. – 4:00pm.

9:00am. – “WV Winter Birds” – Meet the Naturalist at the Amphitheater for a crash course in birding for beginners. Feel free to bring binoculars and a camera. Allow 45 minutes, there are no restrooms at the Amphitheater.

10:00am. – “Investigation Hike” – Fun for all ages, meet the Naturalist at the Splash Pad and enjoy a hike on the Summit Trail. Summit trail is a 1-mile loop with a steep incline before reaching the ridge. We will discuss an assortment of different tree species and look at the different ecosystems as they change quite a bit on this trail. Allow 1.5 hours/No restroom facilities.

Thursday, January 22nd. 2026

Nature Center Hours: 11:00am. – 4:00pm.

10:00am. – “Falls Trail Hike” – Meet the Naturalist at the Falls Trail parking lot as we enjoy a 1.4-mile loop hike. Learn about the history of this magnificent area. We will also talk about local flora and fauna you may see. Allow 1.5 Hours/No restroom facilities.

12:00pm. – “The History of the WV State Park System Documentary” Presented by Robert Beanblossom, September 6th. 2011. (West Virginia State Archives) This will be shown inside of the Nature Center. Allow 1 Hour.

Friday, January 23rd. 2026

Nature Center Hours: 11:00am. – 4:00pm.

12:00pm. “WV Wild Turkeys” – Stop by the Nature Center to learn a little bit about the largest ground feeding bird in North America. This program features a game of BINGO or should I say GOBBLE, GOBBLE, GOBBLE!!

1:00pm. “WV Trees” – Enjoy a walk with Caleb from the breezeway outside of the Nature Center down the cart path to learn ways to identify trees in the winter.

4:30pm. – 5:00pm. – “Ranger on Duty” – Caleb will be stationed near the front desk to answer park related questions our guest may have, or if you would just like to chat that's fine also.

Saturday, January 24th. 2026

Nature Center Hours: 11:00am. – 4:00pm.

12:00pm. “WV Woodpeckers” – Come to the Nature Center to learn about the variety of native woodpeckers that call WV home. Allow 45 minutes.

1:00pm. “Coils and Camo” – At the Nature Center come and meet our resident snakes as we



talk about how we can coexist with such a misunderstood reptile.

3:00pm. “Bird Feeder Craft” – Make your very own bird feeder using peanut butter and birdseed.

Sunday, January 25th. 2026

Nature Center Hours: 12:00pm. – 4:00pm.

11:00am. – “Twin Oaks Stroll” – Caleb will be at the Twin Oaks Trail if you would like to join him for a gentle Sunday morning walk. Just being in nature is the plan. Smell the earth, listen and just enjoy.

2:00pm. “Turtle Talk” – At the Nature Center, we will be discussing the Eastern Box Turtle from the foods they eat, their habitat, why they are in decline and what you can do to help this special species.

Monday, January 26th. 2026

Nature Center Hours: CLOSED

Tuesday, January 27th. 2026

Nature Center Hours: CLOSED

Wednesday, January 28th. 2026

Nature Center Hours: CLOSED

Thursday, January 29th. 2026

Nature Center Hours: 11:00am. – 4:00pm.

Friday, January 30th. 2026

Nature Center Hours: 12:00pm. – 4:00pm.

11:00am. “WV Trees” – Enjoy a walk with Caleb from the breezeway outside of the Nature Center

down the cart path to learn ways to identify trees in the winter.

4:30pm. – 5:00pm. – “Ranger on Duty” – Caleb will be stationed near the front desk to answer park related questions our guest may have, or if you would just like to chat that’s fine also.

Saturday, January 31st. 2026

Nature Center Hours: 11:00am. – 4:00pm.

11:30am. “WV Mammals” – Head to the Nature Center to learn about the many species of mammals we have in the great state of WV.

2:00pm. “Nature Journaling” – Caleb will be discussing the benefits of nature journaling. Start your very own journal, Caleb will get you started, the rest is up to you.

Sunday, February 1st. 2026

Nature Center Hours: CLOSED