



Hello and welcome! I'm your naturalist Tammy, and Caleb is your seasonal naturalist and we are excited to share this time with you exploring the natural world around us. Whether we're following a forest trail, listening for birdsongs, or learning the quiet stories written in the track, leaves, and streams, our goal is to help you slow down and see nature with fresh eyes. Every walk, talk, or program is an invitation to connect more deeply with the land and the wildlife that call it home. These programs are designed for curiosity of all ages – no experience required, just a willingness to observe and wonder. Together we'll learn how plants, trees, animals and people are all woven into the same landscape, and how small details can tell big stories. We are glad you're here, and we hope your time at Twin Falls leaves you inspired, relaxed and a little more connected to the natural world.

**Monday, February 2nd. 2026**

**Nature Center Hours: CLOSED**

**Tuesday, February 3rd. 2026**

**Nature Center Hours: 11:00am. – 2:00pm.**

**8:00am. – “Cliffside Trail Hike”** – Good morning sunshine, or maybe not! Meet the Naturalist at the Cliffside trail parking lot located inside the campground for a morning hike along one of our most popular trails. We will discuss local flora and fauna and winter bird species along the way. The trail is rated moderate and is 3-miles long. Dress for the weather and bring H2O.

**Wednesday, February 4th. 2026**

**Nature Center Hours: 9:00am. – 12:00pm.**

**8:00am. – “WV Trees in Winter”** – Meet the Naturalist in the front lobby of the lodge for a walk to learn some techniques on how to identify trees in winter without their leaves. Dress for the weather.

**10:00am. – “Flint and Steel”** – Meet the Naturalist in the breezeway outside of the Nature Center to give flint and steel fire making a try.

**1:00pm. – “Summit Trail Hike”** – Sure to get your blood pumping, this trail is only 1-mile long but is uphill in both directions. Our Summit trail is a very interesting trail as it meanders in and out of very diverse habitats.

**Thursday, February 5th. 2026**

**Nature Center Hours: 11:00am. – 4:00pm.**

**9:00am. – “Falls Trail Hike”** – Meet the Naturalist at the Falls Trail parking lot as we enjoy a 1.4-mile loop

hike. Learn about the history of this magnificent area. We will also talk about local flora and fauna you may see. Allow 1.5 Hours/No restroom facilities.

**12:00pm. – “The History of the WV State Park System Documentary”** Presented by Robert Beanblossom, September 6<sup>th</sup>. 2011. (West Virginia State Archives) This will be shown inside of the Nature Center. Allow 1 Hour.

**Friday, February 6th. 2026**

**Nature Center Hours: 11:30am. – 6:00pm.**

**10:00am. “Buck run Trail Hike”** – Meet Caleb at the Twin Oaks/Buck run Trail Parking lot for a 0.75-mile loop hike and see evidence of tornado damage that swept through the area many years ago. The trail has some very steep inclines, dress for the weather.

**12:00pm. “WV Salamanders”** – At the Nature Center. Secrets of the forest, salamanders are tiny, hidden and full of wonder. Caleb will be discussing biology, ecology and a lot more about this species.

**1:00pm. “WV Woodpeckers”** – Come to the Nature Center to learn about the variety of native woodpeckers that call WV home.

**3:00pm. “Spiders”** – Inside the Nature Center Caleb will be spinning truths about nature's web masters. Spiders are thought to be creepy crawlers but are mostly misunderstood. Come learn about these magnificent arachnids and grasp a better understanding of their biology and really what they do.

**Saturday, February 7th. 2026**

**Nature Center Hours: 11:30am. – 6:00pm.**

**10:00am. “Falls Trail Hike”** – Meet Caleb at the Falls Trail parking lot for a 1.25-mile loop hike passing by both water falls along the way. Learn about the history of the area and how the falls were used in the name sake of the park.

**1:00pm. “Coils and Camo”** – At the Nature Center come and meet our resident snakes as we talk about how we can coexist with such a misunderstood reptile.

**3:00pm. “Bird Feeder Craft”** – Make your very own bird feeder using peanut butter and birdseed.



**Sunday, February 8th. 2026**

**Nature Center Hours: CLOSED**

**Monday, February 9th. 2026**

**Nature Center Hours: CLOSED**

**Tuesday, February 10th. 2026**

**Nature Center Hours: 11:00am. – 2:00pm.**

**11:00am. – “WV Wild Turkeys” – We will be discussing one of North America's largest ground feeding birds.**

**1:00pm. – 1:30pm. – “Naturalist Stake Out” – The Naturalist will be staked out in the front lobby with some interesting discussion props, be sure to stop by and say hi and have a discussion.**

**Wednesday, February 11th. 2026**

**Nature Center Hours: 9:00am. – 12:00pm.**

**Thursday, February 12th. 2026**

**Nature Center Hours: 8:00am. – 1:00pm.**

**Friday, February 13th. 2026**

**Nature Center Hours: 11:00pm. – 6:00pm.**

**10:00am. “WV Trees” – Enjoy a walk with Caleb from the breezeway outside of the Nature Center down the cart path to learn ways to identify trees in the winter.**

**12:00pm. – Meet the Naturalist at the Pioneer Farm parking lot for a walk down to the gem of Twin Falls. Learn about the history of the farm.**

**2:00pm. “Turtle Talk” – Caleb will be at the Nature Center discussing the importance of this species and how you can help with conservation efforts.**

**5:00pm. – “WV Wetlands” – Caleb will be at the Nature Center discussing the importance of natural wetlands, the diverse ecosystems within a wetland and the importance they play in the environment.**

**Saturday, February 14th. 2026**

**Nature Center Hours: 10:00am. – 6:00pm.**

**11:30am. “WV Mammals” – Head to the Nature Center to learn about the many species of mammals we have in the great state of WV.**

**2:00pm. “Nature Journaling” – Caleb will be discussing the benefits of nature journaling. Start your very own journal, Caleb will get you started, the rest is up to you.**

**8:00pm. – “Valentines Dance” – Reservations are required for this evening's event. Please visit our front desk for details.**

**Sunday, February 15th. 2026**

**Nature Center Hours: CLOSED**

### **Young People for Parks**

Young People for Parks or (YPP) is an environmental education program for children ages 6 – 16. Participants attend three activities to receive a certificate & patch.



**Find the nature center schedule online at:**

**<https://wvstateparks.com/programs/naturalist>**

**Dog Friendly Programming**

**Westfurgina State Park Ranger Program**

**Now at 8 parks!**

**<https://wvstateparks.com/west-furginia-ranger>**



