



WEST VIRGINIA

state  
parks

## CACAPON RESORT STATE PARK

*Come and visit the Tom Ambrose Nature Center!  
Park naturalists are staffed year round to  
provide a variety of interpretive, educational  
and recreational programs on the park's natural  
and cultural history. Nature Center is Open  
9:30AM-4:30PM unless noted.*

*\*Nature Center Gift Shop Open during these  
hours for select souvenirs!*

### **Monday, November 10**

**10:00AM Tai Chi** This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

**10:00AM All About Bird Anatomy** Feel bones, claws, and feathers. Learn about the basic anatomy of birds through a Cornell Lab of Ornithology Interactive Program. Learn some unique bird only body parts.

**10:30AM All About Feathers** See & feel feathers. Learn about bird feathers which only birds have through a Cornell Lab of Ornithology Interactive Program.

**1:00PM West Virginia Trivia** WV mammals, birds, trees, wildflowers, or general WV trivia will be the focus. Multiple rounds will occur. One round will be done using the jumbling tower game.

**\*Controlled Hunt/ No Hiking November 10-12**

### **Tuesday, November 11**

Nature Center Closed

### **Wednesday, November 12**

Nature Center Open 12:30PM-4:00PM

### **Thursday, November 13**

Nature Center Open: 12pm-4:30PM

#### **1:00PM The CC' Boys, A West Virginia Legacy**

This 30 minute film shares how the Civilian Conservation Corps in the late 1930's were active with conservation projects in our WV state parks and forests. Followed by a history walk.

**3:00 PM The Pros & Cons of Coyotes** What are some benefits of having coyotes in an area and what are some negative impacts coyotes have in a local area? Learn some facts, calls and feel a pelt and see coyote taxidermy.

### **Friday, November 14**

**10:00AM Cacapon Birds** We will first learn some common bird calls & see visuals of each. Then we will walk looking for Cacapon fall birds. All Ages welcome.

**1:00PM Fall Discovery Hike** Leaf color change is occurring. Leaves are falling fast with lots of color. We will walk the park looking for fall foliage and seeds. (easy stroll)

**3:15PM WV Owls** Learn about our WV Owls. Owl Strengths, owl facts, owl calls and dissecting owl pellets will occur.

*almost heaven.*



## CACAPON RESORT STATE PARK

### Saturday, November 15

**10:00AM Fossil Hunt Hike** We'll hike a mile out & back to the Hovermale Homestead Trail to do a fossil search. Any fossils found would need to stay in the park but finding them in and of itself is exciting. As we walk, we'll learn a little of the geology of Cacapon. Meet at the Nature Center.

**1-3PM Birds of Prey Migration Watch** Join us at 1pm at the locked gate just beyond the Batt Parking Area. We will watch migrating birds & year-round birds. You'll need to be early or on-time to get in. These birds: black vulture, turkey vulture, bald eagle, golden eagle, northern harrier, northern goshawk, red-shouldered hawk, rough-legged hawk, and red-tailed hawk, would be experiencing peak migration at this time. Other wildlife could be spotted: ravens, crows, and deer. Come join us just this one time or all the birds of prey watch series listed in the upcoming events. Binoculars will be provided or bring your own. Dress for the weather but this event will be canceled due to rain, fog or snow.

**3:45PM Bird Song Hero: Bird ID through Sound** Listen to some bird vocalizations using a Cornell Lab of Ornithology Interactive Program and through our Identifier Lyric BirdSong Scanning Wand. The Merlin Bird ID app will also be used.

### Sunday, November 16

Nature Centre Open 10:30M-2:00PM

### Monday, November 17

Nature Centre Open 10:30M-2:00PM

**10:00AM Tai Chi** This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

### Tuesday, November 18

**9:15AM Beginner Birding Walk** Meet at the lodge front desk for an easy walk. No experience necessary. Guides and binoculars provided.

**1:00PM The CC' Boys, A West Virginia Legacy** This 30 minute film shares how the Civilian Conservation Corps in the late 1930's were active with conservation projects in our WV state parks and forests.

**3:00PM The Pros & Cons of Coyotes** What are some benefits of having coyotes in an area and what are some negative impacts coyotes have in a local area? Learn some facts, calls and feel a pelt and see coyote taxidermy.

### Wednesday, November 19

**10:00AM WV Geology Discussion** Let's go back in time to discuss the formation of WV and the general rock types in the state.

*almost heaven.*



## CACAPON RESORT STATE PARK

**2:00PM Park Geology Walk** We will explore some visible features of Cacapon's geology through a walk through the park. (easy stroll)

### **Thursday, November 20**

**10:00AM Board Game Mania** In celebration of International Games Day, let's play a variety of board games, use our games or bring your own to share. Prizes available. If the weather is good, we'll do some outdoor games instead.

**1:00PM Kahoot Trivia** What's the trivia about you may ask? Well, about games of course. You'll need a phone or ipad to play Kahoot.

**3:00PM West Virginia Trivia** WV mammals, birds, trees, wildflowers, or general WV trivia will be the focus. Multiple rounds will occur. One round will be done using the jumbling tower game.

### **Friday, November 21**

**10:00AM Woodpecker Wow!** West Virginia has a wide variety of woodpeckers with many right here in Cacapon. Join us for a talk on woodpecker calls and a short walk to ID them.

**1:00PM Name that Tree** Naming trees without leaves is harder but not impossible. Learn some leafless ID tricks. Stem features, fruits, seedpods, and bark can help ID a tree. We'll take a short walk to reinforce our newly learned skills.

**3:00PM Local History: When Tomato was King & Queen** In this local history series, we will focus on the tomato and how it was a big contributor to the local economy. We'll read excerpts from that time period.

### **Saturday, November 22**

**10:00AM Turkey Craft** Use a wide-variety of natural materials to make Thanksgiving related crafts. Turkey, horn of plenty, pilgrim hat, Thanksgiving wreath, are just a few ideas. Bring your own ideas to share.

**1-3PM Birds of Prey Migration Watch** Join us at 1pm at the locked gate just beyond the Batt Parking Area. We will watch migrating birds & year-round birds. You'll need to be early or on-time to get in. These birds: black vulture, turkey vulture, bald eagle, northern harrier, northern goshawk, rough-legged hawk, and red-tailed hawk, would be experiencing peak migration at this time. Other wildlife could be spotted: ravens, crows, and deer. Come join us just this one time or all the birds of prey watch series listed in the upcoming events. Binoculars will be provided or bring your own. Dress for the weather but this event will be canceled due to rain, fog or snow.

**1:30PM Witch Hazel Hike** This fall flowering tree shows off its yellow blooms for most of the winter months. Let's discover its bloom and several other fall trees along the way.

### **Sunday, November 23**

*almost heaven.*



WEST VIRGINIA

**state  
parks**

**CACAPON RESORT  
STATE PARK**

Nature Center Open 10:30AM-2:00PM

**Upcoming Events:**

**Birds of Prey Migration Watch: 1-3PM**

November 29; December 6; Cancels due to Rain,  
Fog, Snow

**Saturday, December 13:** Christmas at the Old  
Inn

**Wednesday, December 31:** NYE Celebration at  
the Lodge

**Thursday, January 1:** 1st Day Hike: 10AM, meet  
at the Nature Center; 3 trails: easy to moderate.

**Young People for Parks**

**YPP is an environmental education program  
for children ages 6-16. Participants attend  
three activities to receive a certificate and  
patch.**

**Find the nature center schedule online at**

**<https://wvstateparks.com/programs/naturalist/>**

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