



## CACAPON RESORT STATE PARK

*Come and visit the Tom Ambrose Nature Center! Park naturalists are staffed year round to provide a variety of interpretive, educational and recreational programs on the park's natural and cultural history. Nature Center is Open 9:30AM-4:30PM unless noted  
\*Nature Center Gift Shop Open during these hours for select souvenirs!*

### **Monday, August 4**

**10:00AM Tai Chi** This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

### **Tuesday, August 5**

**10:00AM Butterfly Bonanza** July and August are when most species of butterflies are present. Let's identify and take in the beauty of common WV butterflies in our Monarch Waystation at the nature center. **YPP**

**1:00PM Visit Our Small Herb Garden** Let's make some herbal teas. Take a small bag of herbs home. **YPP**

**2:30PM Microworlds Around Us** We will take microscopes of various sizes and magnification on a walk nearby to look at living and non living objects. 3-D observations and slide observations will occur. **YPP**

**3:30PM The Red vs the Gray** Let's learn fun facts about the red fox and the gray fox. We'll also make a footprint craft, feel pelts and look at

taxidermy. Can you outfox your friends with fox trivia? **YPP**

### **Wednesday, August 6**

**9:30AM Creation of Cacapon** Learn how the Civilian Conservation Corps and Camp Morgan helped build the recreation amenities in the 1930's that we still enjoy today. Film, followed by a history walk.

**1:00PM Pollinator Garden Tour** Learn the park's efforts in creating a monarch way station. **YPP**

**2:00PM West Virginia Trees** Learn how to identify some common trees, followed by a leaf pounding craft. **YPP**

### **Thursday, August 7**

**9:15AM Boating with a Naturalist** Join us at the boat dock for a paddle boat tour of the lower lake. We will look at animals and plants that may be present. We'll talk about geology and the CCC. \$6 per person boating rental **YPP**

**11:00AM Nature Journaling** Make your own journal & draw or paint something that inspires you! This will be partial indoor & outdoor. **YPP**

**1:00PM Wildlife Survival Games** Learn the importance of camouflage while playing two interactive games. **YPP**

*almost heaven.*



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**2:00PM Monarch Migration Game** Learn all about the dangers monarchs face on their long journey to Mexico during this fun game. **YPP**

**2:30AM I Spy Monarch Butterflies** Can you find monarch eggs, caterpillars, chrysalis or adults in our pollinator garden? Children can win a sticker. Fun for all ages. **YPP**

**3:30PM Eastern Box Turtle Game** Discover ways to help this turtle thrive while playing this fun game. **YPP**

### Friday, August 8

**10:00AM Fish Prints** While learning about fish outer anatomy, we'll make fish prints. Also, we will discuss sturgeon fish in WV & the sturgeon full moon. **YPP**

**10:30AM Fishing 101** Catch your first fish at Cacapon! Fishing poles & bait provided. **YPP**

**1:00PM Woodpecker Wow!** West Virginia has a wide variety of woodpeckers with many right here in Cacapon. Join us for a talk on woodpecker calls and a short walk to ID them. **YPP**

**2:30PM The American Black Bear** Learn some facts. Feel a pelt and claw and see taxidermy. Learn some bear safety rules. Play a black bear game. **YPP**

**3:30PM WV Owls** Learn about our WV Owls. Owl Strengths, owl facts, owl calls and dissecting owl pellets will occur. **YPP**

### Saturday, August 9

**10:00AM Sassafras & Birch: Nature's Flavor Trail** Step into the woods to find and identify these two trees. A flavorful adventure connecting nature, history, and taste buds! **YPP**

**2:30PM WV Snakes** Let's explore venomous vs. non venomous snakes of WV. See and feel some snake skin, snake bones, and replicas. We will also ID some identifying characteristics of some common snakes. Milk snakes get confused with copperheads. Can you tell the difference? **YPP**

**6:30PM-8:30PM Bird Walk** Join Potomac Valley Master Naturalists, JP Miller and Kris Phillips, for an evening bird walk. Wear sturdy comfortable shoes. Dress for the weather, Any skill level and age are welcome. Binoculars are provided if you need them. Meet at the boat dock.

**8:30PM-10:00PM Full Moon Boating** Meet at the boat dock. We will use paddle boats at the lower lake. 4 people can fit in one boat. If we go over 40 people, there will be 30 minute rotations. Some glowsticks will be provided. Bring a flashlight. Moonrise: 8:57 PM, illumination: 99.9%. \$6 dollars per person.

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## CACAPON RESORT STATE PARK

### **Sunday, August 10**

Nature Centre Open 11:30AM-3:30PM

**10:00AM Ridge Trail Ramble** Join park volunteer and Potomac Valley Master Naturalist for this 1.2 mile hike.

### **Monday, August 11**

**10:00AM Tai Chi** This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

**10:00AM Nature & History Walk** Join park volunteer and Potomac Valley Master Naturalist discover more about the park.

### **Tuesday, August 12**

**10:00AM WV Trees & Leaf/Flower Print Craft** Discover some common WV trees, followed by a fun leaf & flower pounding craft. **YPP**

**11:00AM I Spy Monarch Butterflies** Can you find monarch eggs, caterpillars, chrysalis or adults in our pollinator garden? Children can win a sticker. Fun for all ages. **YPP**

**1:00PM Stream Search** What will we find? Grab a net and bug viewer and let's look for insects, frogs, salamanders, crayfish, and fish that live in our stream. Bring shoes to get wet. **YPP**

**3:00PM All About Bats** Learn a few local species of bats. Learn ways to help our night time bats.

Listen to bat recordings. Also, we'll play an interactive bat game. **YPP**

### **Wednesday, August 13**

**10:00AM Turkey Talk** Wild turkeys of North America were almost wiped out. Let's learn about their history, fun facts, do turkey calls and see feathers and taxidermy. Tell us your turkey encounters. **YPP**

**1:00PM Butterfly Bonanza** July & August are when most species of butterflies are present. Let's ID and take in the beauty of common WV butterflies in our pollinator garden at the nature center and our pollinator field near the Old Inn. **YPP**

**2:00PM This is Nuts: Nuts & Bowling** We will ID several types of nuts and any seeds or berries we see. Also, we will play Walnut road bowling. The winning team gets a prize. **YPP**

**3:30PM Spidererise** Let's learn some WV spiders. We'll play a web of life spider game & go on a short spider walk. **YPP**

### **Thursday, August 14**

**9:15AM Boating with a Naturalist** Join us at the boat dock for a paddle boat tour of the lower lake. We will look at animals and plants that may be present. We'll talk about geology and the CCC. \$6 per person boat rental **YPP**

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**1:00PM The Red vs the Gray** Let's learn fun facts about the red fox and the gray fox. We'll also make a footprint craft, feel pelts and look at taxidermy. Can you outfox your friends with fox trivia? **YPP**

**3:00PM Woodland Box Turtle** Learn some fun facts and how you can help this turtle thrive while playing a fun interactive game! **YPP**

### **Friday, August 15**

**1:15PM Fishing 101** What fish are in the lake? Come and find out while throwing out a line. Fishing poles & bait provided. **YPP**

**2:45PM Critter Catch** Bees, frogs, fish, crayfish, butterflies, macro invertebrates, insects of all kinds and spiders may be some of the critters we find. **YPP**

**4:00PM-6:00PM Meet & Greet at the Lodge** Meet the park summer naturalist and find out about all the exciting weekend activities!

**8:00PM The Great Glow Stick Walk** Meet the naturalist outside on the lodge front door. Free glowstick bracelets, necklaces and more! Observe night sounds and evening wildlife too.

### **Saturday, August 16**

**9:30AM Homestead Fossil Search Hike** Join us on the Hovermale Homestead loop. We will

search for fossils along the trail. We'll talk about local geology and WV's state fossils. **YPP**

**1:00PM Fish Prints** While learning about fish outer anatomy, we'll make fish prints. Also, we will discuss sturgeon fish in WV & the sturgeon full moon. **YPP**

**1:30PM Stream Search** What will we find? Grab a net and bug viewer and let's look for insects, frogs, salamanders, crayfish, and fish that live in our stream. Bring shoes to get wet. **YPP**

**3:00PM Bingo Bonanza** Play bingo. Win prizes. Learn. **YPP**

**4:00PM-Mountain State Cruisers** Check out antique cars at the lodge parking area.

**7:00PM Irish Road Bowling** Meet at the nature center for a game of Irish Road Bowling. Use a small cannonball as the ball and our nature center blacktop circle as our course. Least amount of throws wins. Individuals will be placed into groups of 4.

### **Sunday, August 17**

Nature Center Open 10AM-3PM

#### **Upcoming Events:**

**Saturday, August 30:** Storyteller Bil Lepp at 7PM

**Saturday, Sept. 6:** Pet-a Palooza

**Monarch Tagging Demo: 1-3PM** September 12,13,19,20,26

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## CACAPON RESORT STATE PARK

**Saturday, September 27:** National Public Lands  
Day Hike

### Young People for Parks

YPP is an environmental education program for children ages 6-16. Participants attend three activities to receive a certificate and patch.

Find the nature center schedule online at

<https://wvstateparks.com/programs/naturalist/>

**Young People for Parks**

\_\_\_\_\_

from \_\_\_\_\_

is hereby recognized for completing nature-based activities and emulating the strong character of a park ranger or naturalist by participating in the  
West Virginia State Parks  
Young People for Parks Program

\_\_\_\_\_

Location of YPP Participation \_\_\_\_\_

Naturalist \_\_\_\_\_ Park Superintendent \_\_\_\_\_

Recognition Date \_\_\_\_\_



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