

Note from the Park Naturalist: Hello and welcome! We're so glad vou've chosen Twin Falls Resort State Park as your destination. Be sure to visit our Nature Center, where the wild meets wonder. Whether you're here to explore our winding trails, discover native wildlife, or just soak in the peace of the natural world, you've come to the right place. Here, nature isn't just something to observe, it's something to experience. Listen for birdsongs in the treetops, watch for turtles sunning by the pond, and breathe in the fresh scent of earth and green things growing. Every visit holds something new, from seasonal blooms to migrating wildlife. My team is here to help you connect with the landscape, answer your questions, and share in the joy of discovery. Check out our upcoming programs and guided hikes below, there is something for all ages and interests.

Tuesday July 22nd. 2025

Nature Center Hours: 10:00am. - 4:00pm.

11:00am. – "Day Hike 101" Smart Packing for Safe Exploring. (Breezeway outside Nature Center) – Whether you're heading out for a quiet walk in the woods or an adventurous trek to a scenic overlook, knowing what to pack in your day pack can make or break your experience. This is a beginner basics session that will help you pack smart and hike happy! Presented by Tammy Cooper (Park Naturalist) (YPP)

Wednesday July 23rd. 2025

Nature Center Hours: 10:00am. – 4:00pm.

11:00am. – "Cliffside Trail Guided Hike" – This 3.5-mile loop trail begins with a gentle ridge top walk before getting steep as you descend to the cliff area. Topic to be discussed is the Old Growth Forest as you will be in very close proximity to ours, Twin Falls has 776 acres of OG which is pretty amazing. Led by David "Bugs" Stover (Summer Naturalist) (YPP)

Thursday July 24th. 2025

Nature Center Hours: 10:00am. - 4:00pm.

Friday July 25th. 2025

Nature Center Hours: 1:00pm. - 4:00pm.

1:00pm. – "Talk Turkey" Outside Patio of Nature Center – Join us for a feathered family adventure all about the Eastern Wild Turkey, one of the most fascinating birds in the forest. Presented by Tammy Cooper (Park Naturalist) (YPP)

2:00pm. "Lodge Tour" – Meet David "Bugs" Stover at the front entrance of the lodge for this informative talk about the history of the lodge, how and who designed the structure, and tour the original lodge before the expansion. This walk consists of walking up and down steps and grades. (YPP)

3:00am. – "Nature Journaling" – Caleb will be at the Twin Oaks Trail Head to teach you how to do Nature Journaling. Calm the mind and draw what you hear for example this ~ could indicate the sound of water off in the distance. Fun for all ages. Led by Caleb West (Seasonal Naturalist)

4:00pm. "Under the Canopy" – Let's talk trees and how to identify the many species we have here on the Park. Have you ever heard someone refer to a tree as "soft wood" or "hard wood", and had no clue which tree species they were referring to? Today is your day! Head to the Scout field just past the campground where you will take a short walk on a gravel road to point out some species that fit those two descriptions. Led by David "Bugs" Stover (Summer Naturalist) **(YPP)**

Saturday, July 26th. 2025

Nature Center - 1:00pm. - 4:00pm.

11:00am. – "Cemetery Visit" – What? It's not Halloween! No, it is July we know that! Twin Falls has many cemeteries on its grounds and one in particular has a very rich history and some very, very old graves. Mossy mounds, that is the only indication that it is occupied, meet bugs at the Poke Hollow Trail parking lot for this hike to this very old cemetery. Learn about the folks buried there and how they came to rest in this location. Led by David "Bugs" Stover (Summer Naturalist) (YPP)

2:00pm. – 4:00pm. – "Sling Shot Challenge" – Test your aim. Think you've got what it takes? For just



\$2.00, you get 20 rounds of clay ammo balls and a chance to hit the target and win bragging rights. Fun for all ages, perfect for friends, families, and friendly rivalries. Load up. Lock in. Let it Fly! Location: Breezeway outside of the Nature Center. Please Bring Cash, ATM is located in the front lobby.

7:00pm. – "Ghost Stories after Dark" Campfire Circle – When the embers glow low and the night breeze whispers, cozy up by the campfire for bone-chilling tales that'll have you jumping...and blaming every creak on the camp chair! Presented by David "Bugs" Stover (Summer Naturalist)

Sunday July 27th. 2025

Nature Center Hours: 1:00pm. - 5:00pm.

Monday June 28th., 2025

Nature Center Hours – CLOSED

<u>Tuesday July 29th. 2025</u> Nature Center Hours – CLOSED

Wednesday July 30th. 2025

Nature Center Hours - 10:00am. - 1:00pm.

<u>9:00am. "Basic Birds" – Meet Bugs at the Campground Store for a stroll in and around our campground as he discusses some of our native birds that call Twin Falls home. (YPP)</u>

Thursday July 31st. 2025

Nature Center Hours: 12:00pm. - 4:00pm.

9:00am. – "Forest Bathing" – Slow down, step into a quieter rhythm as we take a slow, mindful walk along the beautiful Twin Oaks Trail. This Forest Bathing session invites you to engage all your senses listening to birdsongs, noticing forest textures, and breathing in the earthy scent of the woods. We'll pause for short "sit spots" to quietly observe and end with a "listening circle" to reflect on what the forest shared with us. No hiking experience needed. This is about presence, not pace. ((Not suitable for small children as this is a meditative quiet activity and requires minimal interruptions))) Led by Tammy Cooper

(Park Naturalist) 45 minutes to 1 Hour. Guests may want to bring something to sit on.

1:00am. – "Falls Trail Hike" – Meet at the Falls Trail Parking lot for this 1.25-mile loop trail. Learn about the history of this area. See the two falls that are the namesake of "Twin" Falls. Led by David "Bugs" Stover (Summer Naturalist) (YPP)

Friday August 1st. 2025

Nature Center Hours: 1:00pm. - 5:00pm.

2:00pm. – "Pioneer Farm Stroll" – Meet Bugs at the Pioneer Farm parking lot and enjoy a leisurely stroll as you learn about the Pioneer Farm and the settlers who carved out a living here in these hills. **(YPP)**

7:00pm. – "Campfire and Ghost Stories" – Located beside the contact center at the campground. Stories told by David "Bugs" Stover (Summer Naturalist)

Saturday August 2nd. 2025

Nature Center Hours: 12:00pm. - 5:00pm.

12:00pm. – "Wetland Exploration" – Meet at the Poke Hollow Trail head. This program will shed some light on what a wetland is, why it is there, what critters call it home and so much more. Presented by David "Bugs" Stover (Summer Naturalist) (YPP)

3:00pm. – "Pioneer Farm Stroll" – Meet Bugs at the Pioneer Farm parking lot and enjoy a leisurely stroll as you learn about the Pioneer Farm and the settlers who carved out a living here in these hills. **(YPP)**

Sunday August 3rd. 2025

Nature Center Hours 1:00pm. - 4:00pm.

Monday August 4th. 2025

Nature Center Hours: CLOSED

Tuesday August 5th. 2025

Nature Center Hours: CLOSED

Please be advised that the Nature Center hours of operation can and sometimes do change without notice. If or when this happens it will be posted at the Front Desk and outside of the Nature Center. In the event that a scheduled program has to be cancelled that information will also be posted at both locations. You can call 304-294-4000 to check event cancellation or operation hours.