



## CACAPON RESORT STATE PARK

*Come and visit the Tom Ambrose Nature Center!  
Park naturalists are staffed year round to  
provide a variety of interpretive, educational  
and recreational programs on the park's natural  
and cultural history. Nature Center is Open  
9:30AM-4:30PM unless noted*

### Monday, June 9

**10:00AM Tai Chi** This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

**10:00AM Eastern Box Turtle Game** Discover ways to help this turtle thrive while playing this fun game. **YPP**

**1:00PM Black Bear Game** Discover all about WV's state mammal while playing this fun game. **YPP**

**3:00PM Nature Bingo** Learn all about nature while playing this fun game. **YPP**

### Tuesday, June 10

**10:00AM The American Black Bear** Learn some facts. Feel a pelt and claw and see taxidermy. Learn some bear safety rules. Play a black bear game. **YPP**

**1:00PM Migratory Games** Join us for 2 fun interactive games on migratory birds. **YPP**

**3:00PM Visit Our Small Herb Garden** Let's make some herbal teas. Take a small bag of herbs home. **YPP**

### Wednesday, June 11

**10:00AM Frog & Toads** Can you tell the difference between them by sight or sound? Let's learn some croaks and identify characteristics of some common WV frogs. **YPP**

**1:00PM Woodpecker Wow!** West Virginia has a wide variety of woodpeckers with many right here in Cacapon. Join us for a talk on facts, woodpecker calls and a short walk to ID them. **YPP**

**8:45PM - 10:15PM Full Moon Night Hike** Meet at the lodge front door area. We will walk to the upper lake for everyone and further to the North Fork cabins for those interested. See bats, the full moon and stars. Possibly hear the whippoorwill and an owl. Learn some park history. Moonrise occurs at sunset at 8:41 PM.

### Thursday, June 12

**9:15AM Boating with a Naturalist** Join us at the boat dock for a paddle boat tour of the lower lake. We will look at animals and plants that may be present. We'll talk about geology and the CCC. \$6 Paddleboat rental **YPP**

*almost heaven.*



## CACAPON RESORT STATE PARK

**1:00PM Monarch Life Cycle Game** Join us for an exciting game to discover the monarch's life cycle. **YPP**

**3:00PM Kahoot Trivia** Join us for a few rounds of Kahoot trivia. You will need a cell phone or iPad to play this game.

### **Friday, June 13**

**10:30AM Wildlife Survival Game** Learn the importance of camouflage while playing two interactive games. **YPP**

**1:00PM Mothman on the Mountain** Let's celebrate Friday the 13th at Cacapon Overlook. Learn about mothman and other West Virginia Cryptids.

**4:00PM-6:00PM Meet & Greet at the Lodge**  
Meet the park summer naturalist and find out about all the exciting weekend activities!

**8:30PM Glow Stick Walk** Meet the naturalist outside on the North Terrace patio for this night hike on the golf course. Free glowstick bracelets, necklaces and more!

### **Saturday, June 14**

**10:00AM Discovery Hike** We will walk on the ridge trail which is of moderate difficulty. We will look for common animals and plants on the ridge. **YPP**

**1:00PM Cacapon Tie-Dye** Design your own T-shirt with our state park logo. The cost is around \$10.

**2:30PM Stream Study** Learn about stream macroinvertebrates and how they let us know a stream's health. **YPP**

**7:00PM History Alive! at the Campfire Circle**  
Frontiersman Thomas Ingles, who participated in the campaign that resulted in the 1774 Battle of Point Pleasant, will be portrayed by Doug Wood of St. Albans in a West Virginia Humanities Council History Alive program.

**8:30PM-10:00PM Firefly Frenzy Night Hike**  
Meet at the nature center for a firefly walk. Learn about West Virginia's 31 species with their color patterns and blink patterns. **YPP**

### **Sunday, June 15**

**10:00AM Fishing 101 & Father's Day Fish** Grab a fishing pole and let's head to the lake! Fishing poles & bait provided. **YPP**

**1:00PM Woodpecker Wow!** Facts, calls and woodpecker walk will be a part of this program. **YPP**

**3:00PM Migratory Games** Join us for 2 fun interactive games on migratory birds. **YPP**

### **Monday, June 16**

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## CACAPON RESORT STATE PARK

**10:00AM Tai Chi** This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

**10:00AM Water Wonders** Follow the water cycle through this interactive game. **YPP**

**1:00PM WV Clouds** Where do WV clouds come from, how are they made, and what are the 3 main clouds. Let's make a cloud in a jar. **YPP**

**3:00PM Kahoot Trivia** Join us for a few rounds of Kahoot trivia. You will need a cell phone or ipad to play this game.

### Tuesday, June 17

**10:00AM WV Trees** Discover some common WV trees, followed by a fun leaf pounding craft. **YPP**

**1:00PM Stream Study** What will we find? Grab a net and bug viewer and let's look for insects that live in our stream. Bring shoes to get wet. **YPP**

### Wednesday, June 18

**10:00AM Beginner Birding** Discover some common birds and learn how to identify them by sight and sound. **YPP**

**1:00PM History Film** Discover how the Civilian Conservation Corps and Camp Morgan helped make Cacapon State Park and other WV parks & forests.

### Thursday, June 19

**9:15AM Boating with a Naturalist** Join us at the boat dock for a paddle boat tour of the lower lake. We will look at animals and plants that may be present. We'll talk about geology and the CCC. \$6 Paddleboat rental. **YPP**

**1:00PM Nature Journaling** What do you enjoy about nature? Sketch, paint, or write in your nature journal. **YPP**

**2:30PM Geology Hour** Play a fun interactive geology game, color WV's State Fossil, and try a geology word puzzle. **YPP**

**7:00PM Geology Rocks** Join state geologist, Ken Ashton at the nature center to learn about the geology of West Virginia and the geology of Cacapon Resort State Park. Participants earn a sticker.

### Friday, June 20

*West Virginia Day!*

**10:00AM Hands-On Geology Guided Hike** Join state geologist for a guided hike on the geology of West Virginia and Cacapon resort State Park starting at the lodge entrance. Participants earn a sticker.

**1:00PM Turkey Talk** We will learn the plight of the turkey in WV. We'll learn facts, see feathers and feet, and hear turkey calls. How can you help the wild turkey? **YPP**

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## CACAPON RESORT STATE PARK

**3:00PM Critter Catch** Bees, frogs, fish, crayfish, butterflies, macro invertebrates, insects of all kinds and spiders may be some of the critters we find. **YPP**

**4:00PM-6:00PM Meet & Greet at the Lodge**  
Meet the park summer naturalist and find out about all the exciting weekend activities!

**8:30PM Glow Stick Walk** Meet the naturalist outside on the North Terrace patio for this night hike on the golf course. Free glowstick bracelets, necklaces and more! Fun for all ages.

### **Saturday, June 21**

**9:30AM Beginner Birding** Discover some common birds and learn how to identify them by sight and sound. Binoculars provided. **YPP**

**2:30PM Campfire Building & Fire Starting** Join us at the nature center campfire circle and learn ways to make a campfire plus practicing steele & flint and charcoal & bird nest fire starting techniques. **YPP**

**3:30PM West Virginia Trivia** What a fun way to learn about West Virginia and West Virginia State Parks! **YPP**

**7:00PM Irish Road Bowling** Meet at the nature center for a game of Irish Road Bowling. Use a small cannonball as the ball and our nature center blacktop circle as our course. Least

amount of throws wins. Individuals will be placed into groups of 4.

**8:30PM-10:00PM Firefly Frenzy Night Hike**  
Meet at the nature center for a firefly walk. Learn about West Virginia's 31 species with their color patterns and blink patterns. **YPP**

### **Sunday, June 22**

Nature Center Open 11AM-4:30PM

**9:30AM Wildflower Meadow Tour** Discover our native flowers in bloom and nesting bluebirds as you walk on a mowed path in our 2-acre wildflower field. Meet at the lodge front desk. **YPP**

**1:00PM WV Clouds** Where do WV clouds come from, how are they made, and what are the 3 main clouds. Let's make a cloud in a jar. **YPP**

**3:00PM Wildflower Bingo** Learn all about flowers while playing this fun game! **YPP**

### **Young People for Parks**

**YPP is an environmental education program for children ages 6-16. Participants attend three activities to receive a certificate and patch.**

**Find the nature center schedule online at <https://wvstateparks.com/cacapon-resort-state-park/>**

**Scroll down to the Nature Center and click on current or upcoming activities!**

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