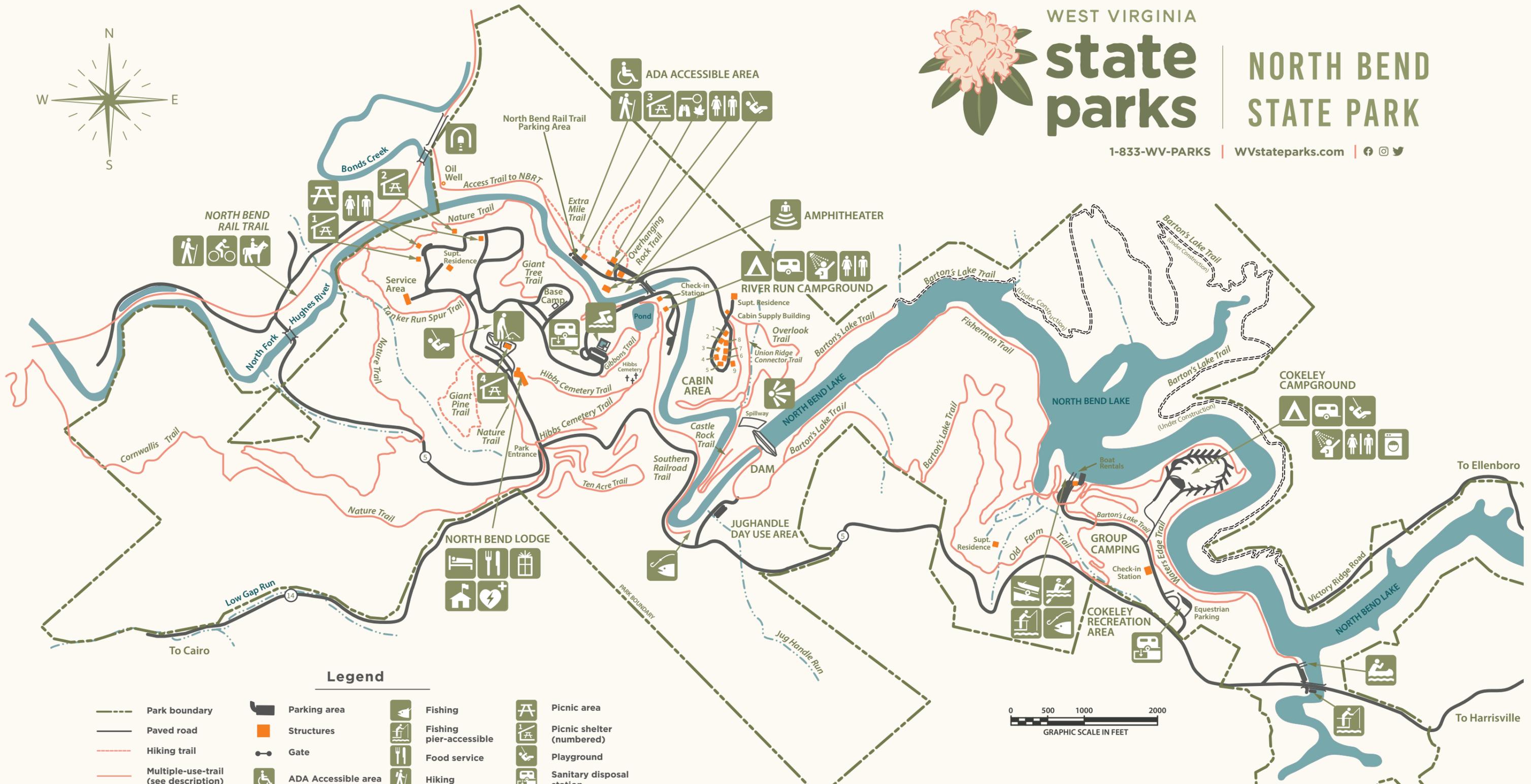


WEST VIRGINIA

# state parks

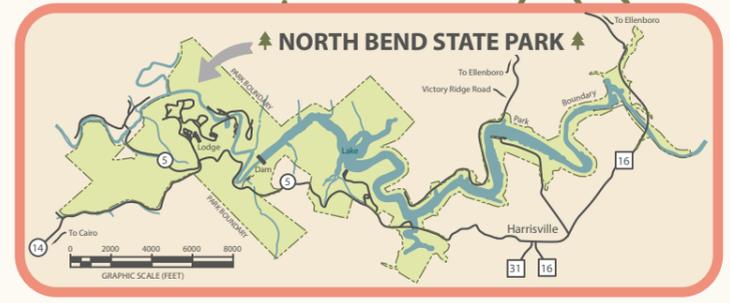
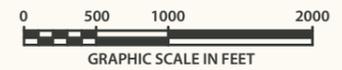
## NORTH BEND STATE PARK

1-833-WV-PARKS | WVstateparks.com |



### Legend

- Park boundary
- Paved road
- Hiking trail
- Multiple-use-trail (see description)
- Stream
- Lake/river
- Parking area
- Structures
- Gate
- ADA Accessible area
- Amphitheater
- Automated External Defibrillator (AED)
- Biking
- Boat launch
- Campground
- Canoe access
- Fishing
- Fishing pier-accessible
- Food service
- Hiking
- Horseback riding
- Kayaking
- Laundry
- Lodging
- Mini golf
- Park headquarters
- Picnic area
- Picnic shelter (numbered)
- Playground
- Sanitary disposal station
- Restrooms
- Scenic viewpoint overlook
- Showers
- Souvenir shop
- Swimming
- Trailer sites
- Tunnel



# TRAIL DESCRIPTIONS | NORTH BEND STATE PARK

## ACCESS TRAIL TO NBRT | | 0.8 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL BLAZE COLOR 

This road bed provides access for hikers, bikers and horseback riders to the North Bend Rail Trail. Access Trail begins in the recreation area near Shelter #3 and ends at the rail trail. Featuring 11 tunnels and 32 bridges, the North Bend Rail Trail is 72 miles long with North Bend State Park situated at the midpoint. Parking is available.

## BARTON'S LAKE TRAIL | | 3 MI

TRAIL RATING  BLAZE COLOR 

This trail can be accessed from the Overlook Trail, Jughandle Day-Use Area and the Cokeley Recreation Area equestrian trail head. It winds through the woods with varying grades and circles the lake.

## CASTLE ROCK TRAIL | | 0.3 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL BLAZE COLOR 

This short spur is located to the left of the dam off the Lake Trail. It features a large rock formation known as the Castle Rock. The trail has a moderate uphill grade with a rocky surface and good sight lines.

## CORNWALLIS TRAIL | | 1.5 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL BLAZE COLOR 

This trail follows an old horse trail from the entrance of the park to the North Bend Rail Trail as it runs through Cornwallis, It has steep inclines and declines, and beautiful ridge-top scenery.

## EXTRA MILE TRAIL | | 0.3 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

This is a self-guided, paved interpretive trail equipped with braille and English interpretive signs. At the end of the trail is a small deck that sits back in the woods along an intermittent stream. From this trail you may access the Overhanging Rock Trail and the Access Trail.

## FISHERMEN TRAIL | | 1.3 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL BLAZE COLOR 

This trail can be used to access fishing along the lake shore. The trail begins by the Cokeley Recreation Area boat dock and runs along the lake shore to the Jughandle Day-Use Area.

## GIANT PINE TRAIL | | 0.6 MI

TRAIL RATING  | NOT A LOOP TRAIL BLAZE COLOR 

This trail begins and ends across from the lodge. It is a beautiful hike through a white pine thicket offering views of birds, deer and other wildlife. It features moderate grades, creek crossing, smooth tread and changing sight lines.

## GIANT TREE TRAIL | | 0.5 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL BLAZE COLOR 

This short trail with a slight incline and decline links the picnic area with the playground area. Large oak, beech and poplar trees may be seen. It features moderate grades, smooth tread and good sight lines.

## GIBBONS NATURE TRAIL | | 0.25 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL BLAZE COLOR 

This is a short backtrack trail dedicated to the late natural foods advocate Euell Gibbons, who was featured at early Nature Wonder (Wildfoods) Weekends held annually at the park. The trail begins beside the pond and ends near the swimming pool parking lot. It features a gentle grade with rough tread and good sight lines.

## HIBBS CEMETERY TRAIL | | 1 MI

TRAIL RATING  BLAZE COLOR 

This trail that begins in the pond area, follows the ridge to the Hibbs Family Cemetery and ends behind the lodge. It features a constant grade with changing tread and good sight lines.

## NATURE TRAIL | | 5.65 MI

TRAIL RATING  BLAZE COLOR 

This is one of the park's longest trails. It begins and ends near the pond area, circling part of North Bend and its facilities. The trail goes through a variety of habitats and allows viewing of expansive fern beds, fungi and rocky outcrops. It features moderate-to-strenuous grades along with changing tread conditions and sight lines.

## OLD FARM TRAIL | | 3 MI

TRAIL RATING  BLAZE COLOR 

This trail can be accessed from Cokeley Campground. It is a modern flowing machine build mountain bike trail with rollers, banked turns and tight switchbacks and features one wall ride. The trail is built to meet NICA race course standards when ridden in a clockwise direction. Ridden in a counterclockwise direction allows riders to turn up the speed get their wheels off the ground. This trail has good sight lines and a smooth tread.

## OVERHANGING ROCK TRAIL | | 0.5 MI

TRAIL RATING  BLAZE COLOR 

This trail begins at the entrance to the recreation area and ends at the Extra Mile Trail. The main view is a large rock formation in a cool ravine. It features moderate to strenuous grades.

## SOUTHERN RAILROAD TRAIL | | 1.5 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL BLAZE COLOR 

This trail follows the old Harrisville Southern Railroad Grade that previously went from Cornwallis to Harrisville and now connects River Run Campground to the base of the Hughes River Dam. In the spring, abundant wildflowers may be seen on this trail.

## TANKER RUN SPUR TRAIL | | 0.8 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL BLAZE COLOR 

Designed by mountain bikers, this trail provides a ore rideable way out from the Nature Trail Loop. The grades change from moderate to flat, the tread is smooth single track and sight lines are good.

## TEN ACRE TRAIL | | 1.5 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL BLAZE COLOR 

This trail was designed by mountain bikers to be ridden in a counterclockwise direction and features one big climb and one descent.

## UNION RIDGE CONNECTOR TRAIL | | 0.2 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL BLAZE COLOR 

This trail is a repurposed roadbed that connects the cabin area to Barton's Lake Trail.

## WATER EDGE TRAIL | | 1.6 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL BLAZE COLOR 

This trail connects the Cokeley Recreation Area boat ramp to the canoe launch area. The trail follows the lake below Cokeley Campground.

### ICON KEY:

-  = Hiking
-  = Mountain Bike Riding
-  = Horseback Riding

## TRAIL RATINGS

### EASIER



Gentle off road trail with typical obstacles including gravel, loose rocks, sticks, bridges, narrow tread and trees.

### INTERMEDIATE



Challenging trail with steep slopes, varying obstacles, rocks, significant grades and narrow tread.

### EXPERT



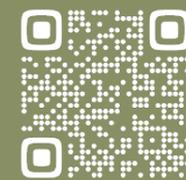
Steep grades, loose surfaces, natural and man made obstacles, elevated features, berms, jumps, very narrow tread.

### VERY DIFFICULT



Advanced riding skills required, Trails may not be continuously ride able or walkable and air time may be required.

## ADVENTURE AWAITS



Scan this QR code to get exclusive deals, book your stay or explore all that North Bend State Park has to offer.

## EMERGENCY INFORMATION

- CALL 911
- PARK PHONE NUMBER: 304-643-2931
- PARK ADDRESS: 202 North Bend State Park Road Cairo, WV 26337