

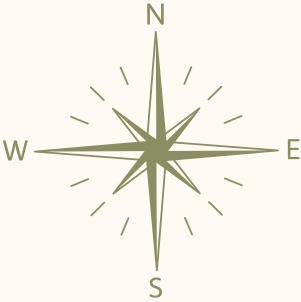


WEST VIRGINIA

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CABWAYLINGO  
STATE FOREST

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# TRAIL DESCRIPTIONS

CABWAYLINGO  
STATE FOREST

## ASH BRANCH TRAIL | | 2 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

Ash Branch Trail begins near Cabin No. 8 and extends to the Perry Ridge vicinity, then ends at Long Branch Picnic Area.

## COPLEY TRAIL | | 3 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

Copley Trail begins near Cabin No. 7 and goes to Tick Ridge. It then comes off the mountain to the Hatfield-McCoy Trailhead. Points of interest to notice are the rock formations running the top of the ridge.

## INDIAN TRAIL | | 1 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

Indian Trail begins just above the Group Camp and ends at Tick Ridge Fire Tower location (built in 1934).

## MARTIN RIDGE TRAIL | | 1.5 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

Martin Ridge Trail begins in Doane Hollow Picnic Area and ends on Martin Ridge Road. This Trail connects to Sleepy Hollow Trail at approximately one mile.

## PERRY GENTLE HIKING LOOP | | 500 YD

TRAIL RATING 

Perry Gentle Hiking Loop is located next to the bridge at the end of Tick Ridge Road. This trail is an exercise loop in a nicely wooded area.

## SLEEPY HOLLOW TRAIL | | 1.5 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

Sleepy Hollow Trail begins across from Cabin No. 1/14 off the side of Sweetwater Road. It connects after one mile with Martin Ridge Trail.

## SPRUCE CREEK TRAIL | | 2 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

Spruce Creek Trail begins in Spruce Campground Area and connects with Tick Ridge Road.

## LONG BRANCH HISTORIC TRAIL | | 0.75 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

Long Branch Historic Trail begins and ends in the Long Branch Picnic area. It begins with a beautiful staircase leading to two picnic shelters. Note the CCC logo located on the floor of the second shelter. (The only original camp CCC logo in WV placed into a structure.) Points of interest include CCC hand cut stone fireplaces, chimneys, stairway and picnic table pads with stonework bordering the trail pathway throughout. (Cross the footbridge to view an awesome crescent shaped fireplace with a chimney built in the 1930's.)

ICON KEY:  = Hiking

## TRAIL RATINGS



### EASIEST

Smooth graded trial with improved surfaces, few obstacles and gentle grades.



### EASIER

Gentle off road trail with typical obstacles including gravel, loose rocks, sticks, bridges, narrow tread and trees.



### INTERMEDIATE

Challenging trail with steep slopes, varying obstacles, rocks, significant grades and narrow tread.



### EXPERT

Steep grades, loose surfaces, natural and man made obstacles, elevated features, berms, jumps, very narrow tread.



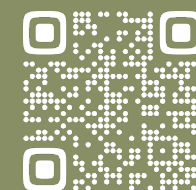
### VERY DIFFICULT

Advanced riding skills required, Trails may not be continuously ride able or walkable and air time may be required.

From scenic vistas to beautiful overlooks, hiking trails at West Virginia's state parks and forests lead to breathtaking mountain scenery. Along the way create lasting memories but remember to leave no trace behind in Almost Heaven.

WEST VIRGINIA  
**state parks**  
CABWAYLINGO STATE FOREST

## ADVENTURE AWAITS



Scan this QR code to get exclusive deals, book your stay or explore all that Cabwaylingo State Forest has to offer.

## EMERGENCY INFORMATION

- **CALL 911**
- **PARK PHONE NUMBER:** 304-385-4255
- **PARK ADDRESS:** 4279 Cabwaylingo Park Road Dunlow, WV 25511