



WEST VIRGINIA

state
parks

VALLEY FALLS
STATE PARK

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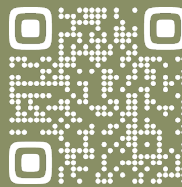


Legend

- Park boundary
- Paved road
- Hiking trail
- Hiking trail
- Railroad
- Stream
- River
- Parking area
- Structures
- Fishing
- Kayaking
- Park headquarters
- Gift shop

- Picnic area
- Picnic shelter
- Playground
- Restrooms
- Waterfall

ADVENTURE
AWAITS



Scan this QR code to get exclusive deals, book your stay or explore all that Valley Falls State Park has to offer.

TRAIL DESCRIPTIONS

VALLEY FALLS STATE PARK

BLACK BEAR LOOP TRAIL | | 0.8 MI

TRAIL RATING 

This trail will give you a break after climbing from the bottom of the park on Rhododendron Trail. There isn't much vertical elevation change, with some short, punchy climbs and steep rolls, as well as some small tech sections of rocks or logs to ride over. This trail can be traveled in either direction, starting from Rocky Trail, or the intersection of Wild Turkey Trail and Rocky Trail.

BOUNDARY TRAIL | | 0.4 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

Access to this trail lies behind the Office/Maintenance buildings near the park entrance. Steep climb up to the ridge to access the Fall Line Trail, or continue down to meet up with Red Fox Trail. Watch your step, the Boundary Trail is right on the edge of the park property. This trail is primarily traveled in one direction, starting from the maintenance buildings.

COPPERHEAD TRAIL | | 0.6 MI ONE WAY

TRAIL RATING   | NOT A LOOP TRAIL

This trail will reward you with a top to bottom run full of features and line options! It has steep chutes, drops, rock gardens, gap jumps, off camber single track, and a fallen-tree skinny. This trail is a downhill only, directional route, starting on Wild Turkey Trail, ending with a rollable gap jump onto Rhododendron Trail.

DEER TRAIL | | 2.1 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL BLAZE COLOR 

About 50 percent nearly level with modest up hill grade.

DOGWOOD TRAIL | | 0.8 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL BLAZE COLOR 

Steep from Rhododendron Trail, then leveling off.

FALL LINE TRAIL | | 0.6 MI ONE WAY

TRAIL RATING   | NOT A LOOP TRAIL

Steep and rugged, this trail features large drops and technical rock gardens. Very challenging whether conditions are wet or dry. It is a downhill-only, directional trail, starting at the Boundary Trail, crossing Red Fox Trail, Deer Trail, and Upper Deer Trail, ending on Deer Trail near the railroad tracks. **NOTE:** The top third of this trail is very close to the park boundary, about 10 feet away while on the ridge. It is marked with metal plates on trees. Please be respectful of the adjacent land owners property line.

FROG POND LOOP TRAIL | | 0.7 MI

TRAIL RATING 

This trail is a flat to rolling route near the intersection of Rhododendron Trail, Rocky Trail, and Dogwood Trail. One rock garden will be encountered. This trail can be traveled in either direction, starting from Dogwood trail, or the access point intersection with Gladly Creek Trail.

GLADY CREEK TRAIL | | 0.8 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

Tight Single Track, with numerous chunky rock garden sections and tight switchbacks. Several good views of the Gladly Creek waterfalls and white water. This trail can be traveled in either direction, starting from Rhododendron Trail or the access point intersection with Frog Pond Loop Trail. **NOTE:** The upper and lower falls are not on State Park property, and the upper falls are posted.

RED CARDINAL TRAIL | | 0.8 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL BLAZE COLOR 

All downhill from park entrance.

RED FOX TRAIL | | 0.35 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL BLAZE COLOR 

Steep grade from intersection with Deer Trail.

RED ROCK TRAIL | | 0.2 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

This short, bench cut trail connects Red Cardinal Trail with Rocky Trail. It can be traveled in either direction.

RHODODENDRON TRAIL | | 1.9 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL BLAZE COLOR 

Moderately steep near end, otherwise relatively easy.

ROAD SIDE TRAIL | | 1 MI ONE WAY

TRAIL RATING   | NOT A LOOP TRAIL

Steep trail full of technical rock gardens, chutes, and drops. This is a downhill-only, directional trail, starting at Wild Turkey Trail, crossing Red Cardinal Trail and Upper Deer Trail, ending at the covered pavilion beside the bottom parking lot. **NOTE:** This trail crosses the driveway for one of the park's maintenance areas, be cautious.

ROCKY TRAIL | | 1.8 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL BLAZE COLOR 

Very steep at both ends with a short level area on top of the ridge.

SASQUATCH TRAIL | | 0.7 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

This route features rock gardens, steep chutes, odd log jump features, bench cuts, creek crossings, and a fun ladder bridge over a large fallen tree near the bottom. This is a downhill-only, directional route, starting at the peak of Wild Turkey Trail, ending at the intersection of Red Cardinal Trail and Red Rock Trail.

UPPER DEER TRAIL | | 1.3 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

This was developed as a single track path to travel back towards the heart of the park from the southeast boundary. This trail crosses the Fall Line Trail, the main park road, and Road Side Trail. It can be traveled in either direction, starting from Red Cardinal Trail or Deer Trail.

TURKEY FOOT | | 0.7 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

Off camber, loamy and rocky, this trail is steep at the top and steep and the end! Riders will encounter ruts while traversing the trail, as well as a few benches on the end of a few steep turns. It is a downhill-only, directional route, starting on Wild Turkey Trail, ending with a double drop onto Rhododendron Trail.

TYGART VALLEY (RIVER) TRAIL | | 0.2 MI ONE WAY



TRAIL RATING  | NOT A LOOP TRAIL BLAZE COLOR 

Mostly level with one steep incline.

WILD TURKEY TRAIL | | 1.8 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL BLAZE COLOR 

Extremely steep on both ends, otherwise follows a near level ridge.

ICON KEY:  = Hiking
 = Mountain Bike Riding

TRAIL RATINGS



EASIER

Gentle off road trail with typical obstacles including gravel, loose rocks, sticks, bridges, narrow tread and trees.



INTERMEDIATE

Challenging trail with steep slopes, varying obstacles, rocks, significant grates and narrow tread.



EXPERT

Steep grades, loose surfaces, natural and man made obstacles, elevated features, berms, jumps, very narrow tread.



VERY DIFFICULT

Advanced riding skills required, Trails may not be continuously ride able or walkable and air time may be required.



EMERGENCY INFORMATION



- CALL 911
- PARK PHONE NUMBER: 304-367-2719
- PARK ADDRESS: 720 Valley Falls Road Fairmont, WV 26554