



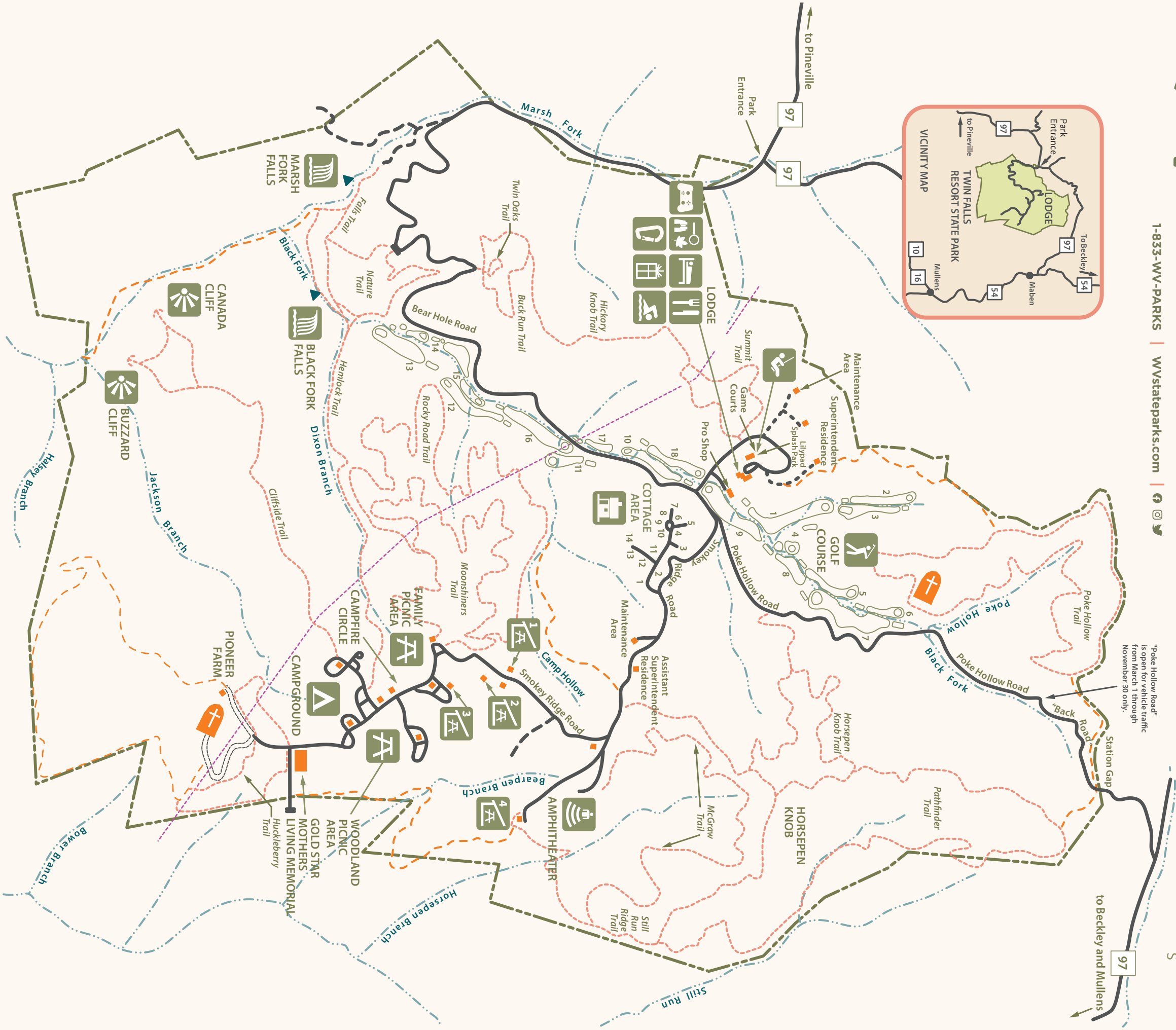
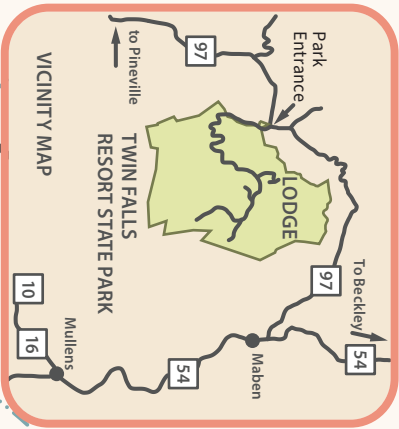
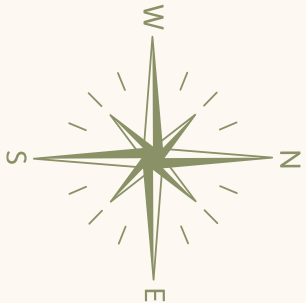
WEST VIRGINIA

state  
parks

TWIN FALLS RESORT  
STATE PARK

1-833-WV-PARKS | [wvstateparks.com](http://wvstateparks.com) |

"Poke Hollow Road"  
is open for vehicle traffic  
from March 1 through  
November 30 only.



- Park boundary

Paved road

Narrow road

Restricted road

Unimproved road
- Structure

Stream/river

Gas line

Hiking trail

Fire trail
- Amphitheater

Cabin area

Campground

Food service

Nature center
- Gift shop

Golfing

Lodging

Picnic area

Picnic shelter (numbered)
- Playground

Scenic viewpoint/  
overlook

Swimming

Waterfall
- Climbing wall

Game room
- NOTE: Fire trails are not blazed or signed. Hike or bike these roads only if you are experienced in map reading and finding your way in the outdoors.



# TRAIL DESCRIPTIONS | TWIN FALLS RESORT STATE PARK

## BUCK RUN TRAIL | | 0.75 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

This trail has several steep sections and goes through a variety of habitats.

## CLIFFSIDE TRAIL | | 3.5 MI ONE WAY

TRAIL RATING   | NOT A LOOP TRAIL

The trail begins with a gentle slope along a ridgetop but becomes rocky and strenuous at an outer loop that goes through a rhododendron thicket. Two prominent vistas can be seen on the outer loop.

## FALLS TRAIL | | 1.25 MI

TRAIL RATING 

This rolling trail with varying terrain is paved to Marsh Fork Falls, then breaks into a loop going down along the creek to Black Fork Falls. It then curves back on itself on an old park road.

## HEMLOCK TRAIL | | 1.25 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

The trail starts at the campground and gradually descends on a path dominated by hemlock, rhododendron and other plants. It follows a stream and ends at the intersection of the Nature Trail and Falls Trail.

## HORSEPIN KNOB TRAIL | | 2.5 MI

TRAIL RATING 

The trail goes up a slope by old farm house foundations and through a varying forest. Some of the field areas are reverting back to forest.

## HUCKLEBERRY TRAIL | | 1.3 MI

TRAIL RATING 

This trail has steep sections and partially follows the outer boundary of the Pioneer Farm.

## MCGRAW TRAIL | | 2.25 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

A gentle trail that begins at the Amphitheater and connects to Still Run Ridge.

## MOONSHINERS TRAIL | | 3.25 MI

TRAIL RATING 

This is a single-track trail with varied terrain and some substantial climbs.

## NATURE TRAIL | | 1.25 MI

TRAIL RATING 

The trail has steep portions. Hikers may see maples, rhododendron, magnolia, birds, salamanders and other natural features.

## PATHFINDER TRAIL | | 2.5 MI ONE WAY

TRAIL RATING 

The trail goes through a variety of habitats and along a ridge. It has an elevation gain of about 500 feet.

## POKE HOLLOW TRAIL | | 3.5 MI ONE WAY



TRAIL RATING 

This trail travels through a variety of forest types with a steady climb past two cemeteries. It follows a ridge to the highest point in the park, about a 450- foot change in elevation, then descends and follows a creek back to the parking area.

## ROCKY ROAD TRAIL | | 4 MI

TRAIL RATING 

This is a single-track trail with rocky areas and some significant climbs and varying terrain. It is connected to the Moonshiners Trail.

ICON KEY:  = Hiking  
 = Mountain Bike Riding

## STILL RUN RIDGE TRAIL | | 2.5 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

The trail combines rolling and steep terrain as it goes through the forest and a field with an old farm structure. It provides a good opportunity to view beautiful sunsets.

## SUMMIT TRAIL | | 1 MI ONE WAY

TRAIL RATING 

The trail starts across the road from the playground and climbs up to the ridge top before returning to the starting point. Passes through different types of forest.

## TWIN OAKS TRAIL | | 0.25 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

This trail provides a gentle walk through the woods.

## HICKORY KNOB TRAIL | | 1.25 MI ONE WAY

TRAIL RATING 

This trail follows a beautiful ridge to Summit Trail. Large trees are present and sign from the 1972 tornado in the area.

From scenic vistas to beautiful overlooks, hiking trails at West Virginia's state parks and forests lead to breathtaking mountain scenery. Along the way create lasting memories but remember to leave no trace behind in Almost Heaven.

WEST VIRGINIA  
**state parks**  
TWIN FALLS RESORT STATE PARK

## TRAIL RATINGS

### EASIER



Gentle off road trail with typical obstacles including gravel, loose rocks, sticks, bridges, narrow tread and trees.

### INTERMEDIATE



Challenging trail with steep slopes, varying obstacles, rocks, significant grades and narrow tread.

### EXPERT



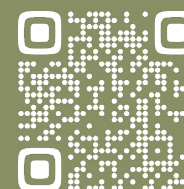
Steep grades, loose surfaces, natural and man made obstacles, elevated features, berms, jumps, very narrow tread.

### VERY DIFFICULT



Advanced riding skills required, Trails may not be continuously ride able or walkable and air time may be required.

## ADVENTURE AWAITS



Scan this QR code to get exclusive deals, book your stay or explore all that Twin Falls Resort State Park has to offer.

## EMERGENCY INFORMATION

- CALL 911
- FIND AN EMERGENCY LOCATOR
- TRAIL HEAD ADDRESS:  
Rte. 97, Mullens, WV 25882