



WEST VIRGINIA

# state parks

## BABCOCK STATE PARK

1-833-WV-PARKS | WVstateparks.com |

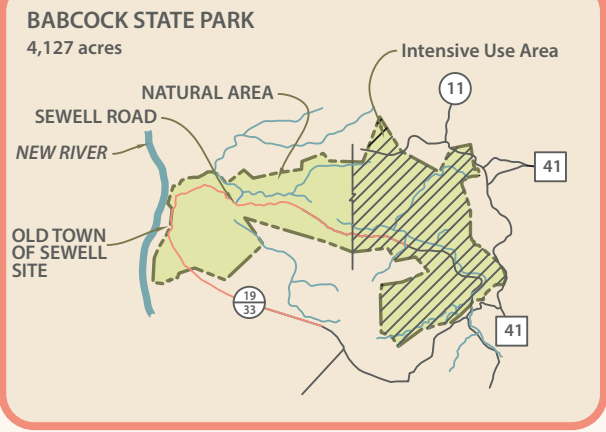
### Cabins

Cabin Type	Capacity	Cabin Number
Legacy	2 person	3, 10, 17, 18
	3 person	2, 11, 12, 13
	4 person	1, 4, 5, 6, 7, 8, 9, 19
	6 person	16, 20
Economy	4 person	21, 22, 23, 24, 25, 26, 27, 28
Vacation	4 bedroom	14
	2 bedroom	15



### Legend

- Park boundary
- Paved road
- Improved road
- Hiking trail
- Unmaintained hiking trail
- Stream
- River
- Parking area
- Structures
- Entering New River Gorge National Park & Preserve Boundary
- Footbridge
- Gate
- Cabin area
- Campground
- Gift shop
- Park headquarters
- Parking
- Picnic area
- Picnic shelter
- Point of interest
- Restrooms
- Scenic viewpoint/overlook
- Showers





# TRAIL DESCRIPTIONS

## BABCOCK STATE PARK

### CONNECTOR TRAIL | | 50 YD ONE WAY

TRAIL RATING   
NOT A LOOP TRAIL

BLAZE  
COLOR 

Trailhead located along service road where Twin Hollow Trail crosses. This is a short and steep trail connecting Twin Hollow Trail to Ridge Top Trail.

### ISLAND-IN-THE-SKY TRAIL | | 50 YD ONE WAY

TRAIL RATING    
NOT A LOOP TRAIL

BLAZE  
COLOR 

Trailhead at Grist Mill and at small parking lot in the sharp curve along the road to Boley Lake. Trail is moderately difficult and mostly uphill if starting at the Grist Mill; easy and mostly level if starting at the sharp curve. High cliff areas with beautiful vistas.  
**NOTE:** High cliff areas. Be careful.

### LAKE VIEW TRAIL | | 1 MI

TRAIL RATING  

BLAZE  
COLOR 

Easy, mostly level loop trail around Boley Lake. Trailhead at Boley Lake parking lot or at gate above Grist Mill. Spur from Grist Mill gate 0.5 mile long, uphill and moderately difficult.

### MANNS CREEK GORGE TRAIL | | 2 MI ONE WAY

TRAIL RATING    
NOT A LOOP TRAIL

BLAZE  
COLOR 

Return along same trail or walk the Camp Washington Carver Road back to the campground. Trailheads: across from Campsite 26 and at the first parking area at Camp Washington Carver. Scenic vistas.

### MOUNTAIN HEATH TRAIL | | 0.25 MI ONE WAY

TRAIL RATING   
NOT A LOOP TRAIL

Numbered posts and a booklet (available at park headquarters) lead the hiker around this loop self-guided trail. Trailhead is 300 yards north of the main intersection on the road leading to the Mann's Creek Picnic Area. Parking spur on right side of road, trailhead on the left. Short trail leading to a natural arch leads off from the right side of the parking spur.

### NARROW GAUGE TRAIL | | 2.25 MI ONE WAY

TRAIL RATING    
NOT A LOOP TRAIL

BLAZE  
COLOR 

Hikers must return along the same trail or via park roads. Easy, gentle grade; follows bed of Mann's Creek Railway that connected Clifftop with Sewell until its closure in 1956. Railroad ties, telegraph poles, and other remnants of the old railway are still evident. Trailheads: service road between campground and economy cabins and on Sewell Road approximately .75 mile below Cabin 13. Mountain bikes permitted; carry bikes around several difficult sections of the trail.

### NORTH SLOPE TRAIL | | 0.5 MI ONE WAY

TRAIL RATING    
NOT A LOOP TRAIL

BLAZE  
COLOR 

Trailhead is shared with Narrow Gauge Trail and is located next to Mann's Creek Bridge on service road. First half of trail from trailhead is level and follows Mann's Creek. Second half of trail is VERY steep and a difficult climb connecting to the Ridge Top Trail.

### OLD POND TRAIL | | 1.5 MI ONE WAY

TRAIL RATING   
NOT A LOOP TRAIL

BLAZE  
COLOR 

Trailhead is at parking lot for the Natural Arch and at the gate before the intersection to the Mann's Creek overlook. Trail is moderately difficult with some uphill sections from either starting point.

### OLD SEWELL TRAIL | | 5.5 MI ONE WAY

TRAIL RATING   
NOT A LOOP TRAIL

BLAZE  
COLOR 

Official trailhead located below cabin #13. Parking available at the Administration Building and Grist Mill lots. Once part of the Narrow Gauge Railroad, this trail is moderate with a gradual, downhill grade and leads to the former mining town of Sewell, featuring different flora and fauna, a coal boiler, and waterfalls. Trail leaves Babcock State Park and enters the New River Gorge National Park & Preserve.

### RIDGE TOP TRAIL | | 2 MI ONE WAY

TRAIL RATING   
NOT A LOOP TRAIL

BLAZE  
COLOR 

Trailhead across from Short Cut Trail or past the Natural Arch parking area on the right, if coming from the main park entrance. Trail is moderately difficult with some steep uphill sections from either starting point. Trail follows along the crest of a ridge at some of the highest elevations at Babcock State Park.


### ROCKY TRAIL | | 0.5 MI ONE WAY

TRAIL RATING   
NOT A LOOP TRAIL

BLAZE  
COLOR 

Short, steep, difficult trail connects Skyline Trail with Narrow Gauge Trail. Rocky Trail is primarily a stone staircase that was constructed by the C.C.C. in the 1930s. Much easier walking downhill from Skyline.


### SHORT CUT TRAIL | | 300 YD ONE WAY

TRAIL RATING   
NOT A LOOP TRAIL

BLAZE  
COLOR 

Trailhead is shared with Ridge Top Trail parking along Mann's Creek Road. Moderately difficult and a fairly steep downhill section connecting to Old Pond Trail.

### SKYLINE TRAIL | | 2 MI ONE WAY

TRAIL RATING    
NOT A LOOP TRAIL

BLAZE  
COLOR 

Not a loop trail – Trailheads: Mann's Creek overlook in picnic area and across road from Cabin 5. Hikers must return along same trail or via park roads. Follows natural cliff line; spectacular vistas.  
**NOTE:** High cliff area; be careful.


### TRIPLE CREEK TRAIL | | 1 MI ONE WAY

TRAIL RATING    
NOT A LOOP TRAIL

BLAZE  
COLOR 

Trail begins at swimming pool parking lot and connects to Wilderness Trail. Moderate to difficult; features three creek crossings.  
**NOTE:** High cliff area; be careful.

### TWIN HOLLOW TRAIL | | 0.5 MI ONE WAY

TRAIL RATING   
NOT A LOOP TRAIL

BLAZE  
COLOR 

Trailhead at the gate before the Mann's Creek intersection; follows a beautiful hollow on the west side of the service road and main park road; moderately difficult with a few steep sections.

### WILDERNESS TRAIL | | 1.5 MI ONE WAY

TRAIL RATING   
NOT A LOOP TRAIL

BLAZE  
COLOR 

Dead end trail. Trail connects with Triple Creek Trail. Trailhead at sharp curve on Boley Lake Road. Trail moderate, mostly level, remote.

## TRAIL RATINGS



#### EASY

Gentle off road trail with typical obstacles including gravel, loose rocks, sticks, bridges, narrow tread and trees.



#### INTERMEDIATE

Challenging trail with steep slopes, varying obstacles, rocks, significant grades and narrow tread.



#### EXPERT

Steep grades, loose surfaces, natural and man made obstacles, elevated features, berms, jumps, very narrow tread.

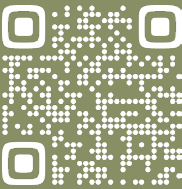


## EMERGENCY INFORMATION



- CALL 911
- FIND AN EMERGENCY LOCATOR
- TRAIL HEAD ADDRESS:  
486 Babcock Road  
Clifftop, WV 25831

## ADVENTURE AWAITS



Scan this QR code to get exclusive deals, book your stay or explore all that Babcock State Park has to offer.

## ICON KEY



= Hiking



= Mountain Bike Riding

From scenic vistas to beautiful overlooks, hiking trails at West Virginia's state parks and forests lead to breathtaking mountain scenery. Along the way create lasting memories but remember to leave no trace behind in Almost Heaven.

WEST VIRGINIA

state  parks

BABCOCK STATE PARK