



WEST VIRGINIA

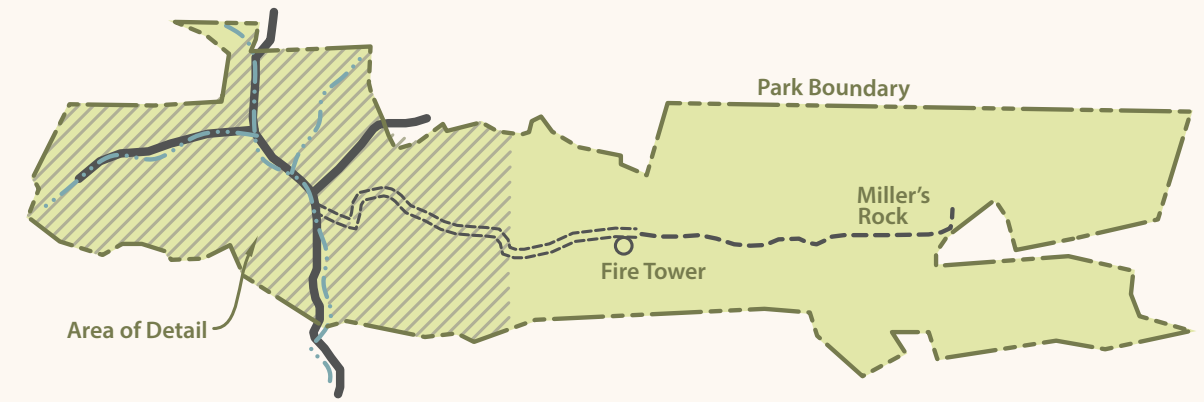
state  
parks

# LOST RIVER STATE PARK

1-833-WV-PARKS | WVstateparks.com |

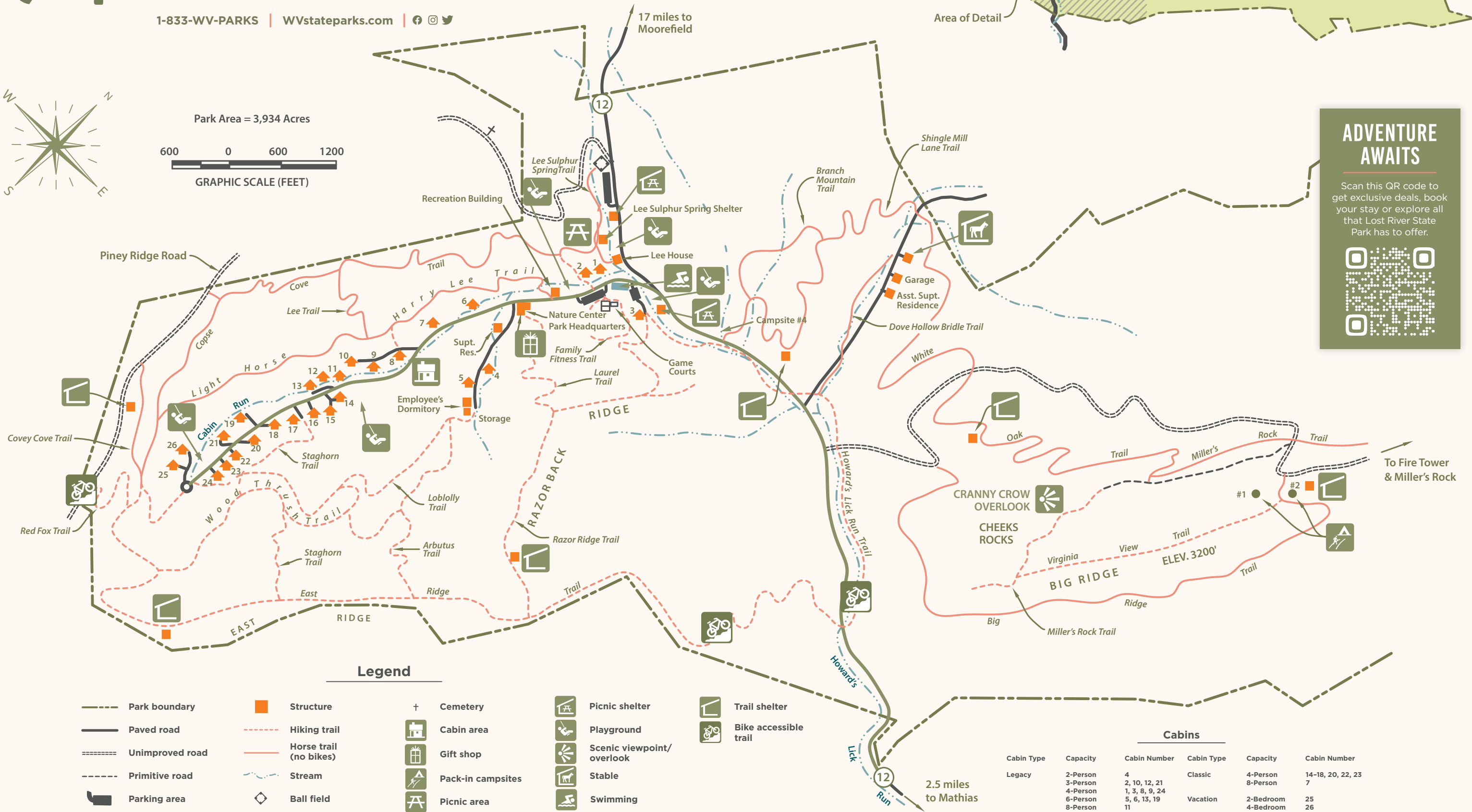
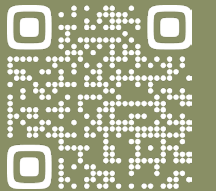


Park Area = 3,934 Acres  
600 0 600 1200  
GRAPHIC SCALE (FEET)



## ADVENTURE AWAITS

Scan this QR code to  
get exclusive deals, book  
your stay or explore all  
that Lost River State  
Park has to offer.



### Legend

- |                 |                        |                   |                           |                       |
|-----------------|------------------------|-------------------|---------------------------|-----------------------|
| Park boundary   | Structure              | Cemetery          | Picnic shelter            | Trail shelter         |
| Paved road      | Hiking trail           | Cabin area        | Playground                | Bike accessible trail |
| Unimproved road | Horse trail (no bikes) | Gift shop         | Scenic viewpoint/overlook |                       |
| Primitive road  | Stream                 | Pack-in campsites | Stable                    |                       |
| Parking area    | Ball field             | Picnic area       | Swimming                  |                       |

### Cabins

Cabin Type	Capacity	Cabin Number	Cabin Type	Capacity	Cabin Number
Legacy	2-Person	4	Classic	4-Person	14-18, 20, 22, 23
	3-Person	2, 10, 12, 21		8-Person	7
	4-Person	1, 3, 8, 9, 24			
	6-Person	5, 6, 13, 19	Vacation	2-Bedroom	25
	8-Person	11		4-Bedroom	26

Book cabins online at [www.WVstateparks.com](http://www.WVstateparks.com).

2.5 miles  
to Mathias



# TRAIL DESCRIPTIONS | LOST RIVER STATE PARK

## ARBUTUS TRAIL | | 0.75 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

This trail runs from East Ridge Trail to Loblolly Trail near storage building.

BLAZE  
COLOR 

## BIG RIDGE TRAIL | | 1 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

This trail runs from the lower Fire Tower Road around Big Ridge and back onto Fire Tower Road on top of Big Ridge.

BLAZE  
COLOR 

## BRANCH MOUNTAIN TRAIL | | 0.5 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

This trail runs from Shingle Mill Land Trail near the lower picnic area to the top of the ridge, rejoining Shingle Mill Land Trail.

BLAZE  
COLOR 

## COPSE COVE TRAIL | | 1.75 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

This trail runs from the Lee Sulphur Spring near Cabin No. 1 or across from the parking lot near Cabin No. 2 to the intersection of Light Horse Harry Lee Trail.

BLAZE  
COLOR 

## COVEY COVE TRAIL | | 0.5 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

This trail runs from the end of Cabin Run Road to Light Horse Harry Lee Trail and then to Piney Ridge Road. Mountain bikers welcome.

BLAZE  
COLOR 

## EAST RIDGE TRAIL | | 2.5 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

This trail runs from Howard's Lick Run near the east entrance to the intersection of Red Fox Trail and Light Horse Harry Lee Trail near the southwest corner of the park. Mountain bikers welcome.

BLAZE  
COLOR 

## HOWARD LICK TRAIL | | 1.25 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

This trail runs from the parking lot near Cabin No. 3 or the nearby picnic area to the junction of East Ridge Trail near the park's east entrance.

BLAZE  
COLOR 

## LAUREL TRAIL | | 0.5 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

This trail runs from the administration building to the junction of Razor Ridge Trail.

BLAZE  
COLOR 

## LEE SULPHUR SPRING TRAIL | | 0.25 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

This trail starts at Lee Sulphur Spring and runs across the creek to the athletic ball field and Shelter #2 area.

BLAZE  
COLOR 

## LEE TRAIL | | 0.5 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

This trail starts at Cabin No. 8 and crosses Light Horse Harry Lee Trail to Copse Cove Trail.

BLAZE  
COLOR 

## LIGHTHORSE HARRY LEE TRAIL | | 1.25 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

This horse trail runs from the playground across from the administration building to the junction of East Ridge Trail and Red Fox Trail.

BLAZE  
COLOR 

## LOBLOLLY TRAIL | | 0.875 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

This trail runs from the end of the road near the storage building to the end of Cabin Run Road.

BLAZE  
COLOR 

## MILLERS ROCK TRAIL | | 3.5 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

This trail starts at the White Oak trailhead at the horse stables and leads to the Cranny Crow overlook at an elevation of 3,200 feet, offering a scenic panorama of five counties.

BLAZE  
COLOR 

## RAZOR RIDGE TRAIL | | 1.25 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

This trail runs from the parking lot near the swimming pool and Cabin No. 3 at the intersection of Howard Lick Trail to East Ridge Trail.

BLAZE  
COLOR 

## RED FOX TRAIL | | 0.25 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

This trail runs from East Ridge Trail to Piney Ridge Road near the southwest corner of the park. Mountain bikers welcome.

BLAZE  
COLOR 

## SHINGLE MILL LANE TRAIL | | 1 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

This horse trail runs from the stables to the lower picnic area.

BLAZE  
COLOR 

## STAGHORN TRAIL | | 1 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

This trail runs from East Ridge Trail to Cabin Run Road near Cabin No. 17.

BLAZE  
COLOR 

## VIRGINIA VIEW TRAIL | | 0.625 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

This trail runs from Miller's Rock Trail at Cheeks Rocks to Big Ridge Trail near Big Ridge Picnic Shelter.

BLAZE  
COLOR 

## WHITE OAK TRAIL | | 1.5 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

This horse trail runs from the stable to the top of Big Ridge at the junction of Miller's Rock Trail.

BLAZE  
COLOR 

## WOOD THRUSH TRAIL | | 0.25 MI ONE WAY

TRAIL RATING  | NOT A LOOP TRAIL

This trail runs from East Ridge Trail to Staghorn Trail.

BLAZE  
COLOR 

### TRAIL RATINGS



#### EASIEST

Smooth graded trial with improved surfaces, few obstacles and gentle grades.



#### INTERMEDIATE

Challenging trail with steep slopes, varying obstacles, rocks, significant grades and narrow tread.



#### EASIER

Gentle off road trail with typical obstacles including gravel, loose rocks, sticks, bridges, narrow tread and trees.



#### EXPERT

Steep grades, loose surfaces, natural and man made obstacles, elevated features, berms, jumps, very narrow tread.

### ICON KEY

 = Hiking

 = Mountain Bike Riding

 = Horseback Riding



### EMERGENCY INFORMATION



- CALL 911
- FIND AN EMERGENCY LOCATOR
- TRAIL HEAD ADDRESS:  
321 Park Drive  
Mathias, WV 26812