

Come and visit the Tom Ambrose Nature Center!
Park naturalists are staffed year round to
provide a variety of interpretive, educational
and recreational programs on the park's natural
and cultural history. Nature Center is Open
9:30AM-4:30PM unless noted

# Monday, April 28

**Nature Center Closed** 

**10:00AM** <u>Tai Chi</u> This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

#### Tuesday, April 29

**10:00AM** Frog & Toads Yes, frogs and toads have come out of hiding. Can you tell the difference between them by sight or sound? Let's learn some croaks and identify characteristics of some common WV frogs.

### Wednesday, April 30

Nature Center Open 10:00AM-3PM

**9:00AM** Nature & Geology Walk Join Potomac Valley Master Naturalist for a walk starting from the nature center. Topics will include Cacapon's park history and park geology.

### Thursday, May 1

**10:00AM** <u>Milkweed for Monarchs</u> Come and learn how you can help the beautiful monarch butterfly survive, as their numbers are

declining. Color, sketch, or paint this butterfly. Fun for all ages. Also, get free milkweed seeds.

### Friday, May 2

**10:00AM** <u>CC History Film & History Walk</u> The Civilian Conservation Corps Camp Morgan constructed this park and all of the recreational opportunities in the late 1930's. Watch a 30 minute film & join for a guided history walk.

#### Saturday, May 3

**10:00AM** <u>Wildflower & Tree Flower Discovery</u> <u>Stroll</u> Let's learn about the spring ephemerals and the blooming spring trees.

1:00PM Watercoloring with the Wild Women of Art This event is free and available for all ages, no experience needed. All material provided. Meeting location Upper Reservoir. Rain location: the nature center.

**3:30PM** <u>Irish Road Bowling</u> Meet at the nature center for a game of Irish Road Bowling. Use a small cannonball as the ball and our nature center blacktop circle as our course. Least amount of throws wins. Individuals will be placed into groups of 4.

## Sunday, May 4

Nature Center Open 11:00AM-4:00PM

Wildflower Week

almost heaven

**9:15AM** Nature & History Walk Meet at the lodge front desk and we'll take a 45 minute to 1 hour walk looking at sites in the park related to our CCC history and beyond. We'll discuss any wildlife we may see too.

**1:00PM** <u>Wildflower & Tree Flower Discovery</u> <u>Stroll</u> Let's learn about the spring ephemerals and the blooming spring trees.

**3:00PM** The Mountain Lion Join us for a talk about one of nature's most feared land animals; the Mountain Lion (Cougar). Learn some facts and watch short video clips. See our mountain lion pelt.

#### Monday, May 5

**10:00AM** <u>Tai Chi</u> This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

**10:00AM** <u>Wildflower & Tree Flower Discovery</u> <u>Stroll</u> Let's learn about the spring ephemerals and the blooming spring trees.

**1:00PM** <u>Vernal Pool Discovery Walk</u> Let's watch a short video about what vernal pools are and what may be found in them. Next walk the Rock & Roll Trail, looking at 3 known vernal pools and perhaps discovering more of them. Wildlife may be present.

#### Tuesday, May 6

**10:00AM** <u>Frog & Toads</u> Yes, frogs and toads have come out of hiding. Can you tell the

difference between them by sight or sound? Let's learn some croaks and identify characteristics of some common WV frogs.

### Wednesday, May 7

Nature Center Open 1:00PM-4:30PM

# Thursday, May 8

Nature Center Open 1:00PM-4:30PM

**1:00PM** <u>Afternoon Wildflower & Tree Flower</u> <u>Discovery Stroll</u> Let's learn about the spring ephemerals and the blooming spring trees.

#### Friday, May 9

Nature Center Open 10:00AM-4:30PM

**10:30AM** <u>Bluebird Box Survey</u> Let's survey the bluebird boxes near the lodge and pollinator field & fix or replace any in need. Meet at the lodge front desk area.

**1:00PM** Afternoon Wildflower & Tree Flower Discovery Stroll Let's learn about the spring ephemerals and the blooming spring trees.

#### Saturday, May 10

**10:00AM** Frog & Toads Yes, frogs and toads have come out of hiding. Can you tell the difference between them by sight or sound? Let's learn some croaks and identify characteristics of some common WV frogs.

almost heaven.



**1:00 PM** Morning Wildflower & Tree Flower Discovery Stroll Let's learn about the spring ephemerals and the blooming spring trees.

**2:00PM** Who Killed the Earl of Grey? This murder mystery comedy will take place at Cacacpon Lodge. Enjoy a variety of afternoon tea, scones, & finger sandwiches. \$28 per ticket. Reservations required 304-258-1022 Opt.0

**3:00PM** <u>Kahoot Trivia</u> Join us at the nature center for a variety of trivia, of course it will involve nature!

## Sunday, May 11

Nature Center Open 11AM-4:30PM

Happy Mother's Day

**9:15AM** <u>Geology Discussion & Hike</u> Meet at the lodge front desk to learn about WV & Cacapon Geology and then take a 45 minute walk.

**1:00PM** Morning Wildflower & Tree Flower Discovery Stroll Let's learn about the spring ephemerals and the blooming spring trees.

**3:00PM** The Mountain Lion Join us for a talk about one of nature's most feared land animals; the Mountain Lion (Cougar). Learn some facts and watch short video clips. See our mountain lion pelt.

# **Young People for Parks**

YPP is an environmental education program for children ages 6-16. Participants attend three activities to receive a certificate and patch.

Find the nature center schedule online at <a href="https://wvstateparks.com/cacapon-resort-stat">https://wvstateparks.com/cacapon-resort-stat</a> e-park/

Scroll down to the Nature Center and click on current or upcoming activities!

almost heaven