



## CACAPON RESORT STATE PARK

*Come and visit the Tom Ambrose Nature Center!  
Park naturalists are staffed year round to  
provide a variety of interpretive, educational  
and recreational programs on the park's natural  
and cultural history. Nature Center is Open  
9:30AM-4:30PM unless noted*

### **Monday, April 14**

**10:00AM Tai Chi** This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

**10:00AM Every Tree for Itself** Join us for another interactive game that explores the needs of trees. Even light exercise could occur. Open to all ages and can be done indoors.

**1:00PM The Closer You Look** Draw a tree from memory and then draw a real tree and compare. ID characteristics of a tree's form and structure. A project learning tree activity. (for all ages)

**3:00PM Kahoot Trivia** This fun nature trivia is played on your cell phone. Think quick! Points for correct and quickness.

### **Tuesday, April 15**

**10:00AM Frog & Toads** Yes, frogs and toads have come out of hiding. Can you tell the difference between them by sight or sound? Let's learn some croaks and identify characteristics of some common WV frogs.

**1:00PM Wildflower & Tree Flower Discovery Stroll** Let's learn about the spring ephemerals and the blooming spring trees.

### **Wednesday, April 16**

**10:00AM Monarch Hour** Come and learn how you can help the beautiful monarch butterfly survive, as their numbers are declining. Color, sketch, or paint this butterfly. Fun for all ages.

**1:00PM CC History Film & History Walk** The Civilian Conservation Corps Camp Morgan constructed this park and all of the recreational opportunities in the late 1930's. Watch a 30 minute film & join for a guided history walk.

### **Thursday, April 17**

**10:00AM Wildlife Survival Game** Learn the importance of camouflage while playing two interactive games.

**1:00PM Frog & Toads** Yes, frogs and toads have come out of hiding. Can you tell the difference between them by sight or sound? Let's learn some croaks and identify characteristics of some common WV frogs. Then we'll go on a frog hunt.

**3:00PM Fallen Log Study** Go for 45 min. to 1 hour hike and stop occasionally to explore the ecosystem of fallen logs. We will look on, beneath the bark, in the wood and under the log for life and signs of life. For all ages.

*almost heaven.*



## CACAPON RESORT STATE PARK

### Friday, April 18

**10:00AM Kahoot:** Join us with a fun game. Let's play a few games of trivia. You will need a device to play. (ipad or phone)

**11:00AM Wildflower & Tree Flower Discovery Stroll** Let's learn about the spring ephemerals and the blooming spring trees.

### Saturday, April 19

**10:00AM Easter Bunny at Park Gazebo** Before the egg hunt, bring the family out for pictures with the Easter Bunny! Located in the picnic area in front of the nature center.

**11:00PAM Easter Egg Hunt** (following the pictures) Bring Easter baskets to find toy & candy filled-eggs. The hunt has 4 groups: 4 & under, ages 5-7, ages 8-10, and ages 11-13+. 12 golden eggs will be hidden and if you find, find a park naturalist for a prize. *This community event is sponsored by a grant from the Seely Foundation.*

**Easter Egg Dye** Following the egg hunt, decorate & dye traditional hard-boiled eggs. Location is at the Nature Center Pavillion. First come, first serve because of limited supply.

**3:00PM Irish Road Bowling** Meet at the nature center for a game of Irish Road Bowling. Use a small cannonball as the ball and our nature

center blacktop circle as our course. Least amount of throws wins. Individuals will be placed into groups of 4.

### Sunday, April 20

Nature Center Open 11:00AM-4:00PM

**7:00AM Sunrise Service** All are welcome to attend the early morning church service with local Pastor B.J. Worley at Calvary Bible Church. Location: Washington/Fairfax Conference Room at Lodge.

**9:15AM Beginner Birding** Meet at the overlook to learn about birding and take a 45 minute walk looking for birds on the Fire Road trail. Binoculars are provided.

**1:00PM Vernal Pool Discovery Walk** Let's watch a short video about what vernal pools are and what may be found in them. Next walk the Rock & Roll Trail, looking at 3 known vernal pools and perhaps discovering more of them. Wildlife may be present.

**3:00PM The Gray Wolf** Join us for a talk about one of nature's most studied land animals; the Gray Wolf (Timber Wolf). Learn some facts and watch short video clips. See our wolf taxidermy.

### Monday, April 21

**10:00AM Tai Chi** This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location

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## CACAPON RESORT STATE PARK

lodge.

**10:30AM Naturalist Choice Activity** Join us for a 1.5 hour activity at the nature center.

**1:00PM All About Feathers** Learn about bird feathers. Bird uniqueness, how feathers are built, what feathers do for birds, feathers through time, and taking a feather quiz will be some of the topics covered. Bird feathers and bird taxidermy will be available to see. A Cornell Lab activity.

**3:00PM Water Wonders** Let's simulate the movement of water on the Earth in this interactive game of chance. Open to all ages and can be done indoors.

### **Tuesday, April 22**

Nature Center Open 10:30AM-2PM  
*Happy Earth Day!*

**9:00AM Nature Walk** Join Potomac Valley Master Naturalist for a walk starting from the nature center. Topics will include Cacapon's spring blooms and park history.

### **Wednesday, April 23**

**10:30AM Naturalist Choice Activity** Join us for a 1.5 hour activity at the nature center.

**1:00PM CC History Film & History Walk** The Civilian Conservation Corps Camp Morgan constructed this park and all of the recreational

opportunities in the late 1930's. Watch a 30 minute film & join for a guided history walk.

### **Thursday, April 24**

**10:00AM Morning Wildflower & Tree Flower Discovery Stroll** Let's learn about the spring ephemerals and the blooming spring trees.

**1:00PM Afternoon Wildflower & Tree Flower Discovery Stroll** Let's learn about the spring ephemerals and the blooming spring trees.

**3:00PM The Gray Wolf** Join us for a talk about one of nature's most studied land animals; the Gray Wolf (Timber Wolf). Learn some facts and watch short video clips. See our wolf taxidermy.

### **Friday, April 25**

Nature Center Open 10:00AM-4:30PM

**10:30AM Bluebird Box Survey** Let's survey the bluebird boxes near the lodge and pollinator field & fix or replace any in need. Meet at the lodge front desk area.

**1:00PM Spiderverse** Let's learn about WV spiders and their benefits to the ecosystem and to humans. Web game, fun facts, and a quick search for spiders included.

**3:00PM Web of Life** Join us in this interactive game to explore food chains and how life interacts. All ages are welcome for this 30 minute activity. Can be done indoors.

### **Saturday, April 26**

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## CACAPON RESORT STATE PARK

**10:00AM-12:30PM Earth Day Celebration** Join us at the Nature Center Pavillion for environmental education booths, activities, games, and a special guest (Smoky Bear). Seeds and garden plants are available too.

**1:30PM Park Clean Up Volunteer** Spend 15, 30, or 45 minutes helping us pick up trash throughout the park. Earn volunteer credit for your school or organization.

**3:30PM Irish Road Bowling** Meet at the nature center for a game of Irish Road Bowling. Use a small cannonball as the ball and our nature center blacktop circle as our course. Least amount of throws wins. Individuals will be placed into groups of 4.

### **Sunday, April 27**

Nature Center Open 10AM-3PM

#### **Young People for Parks**

**YPP is an environmental education program for children ages 6-16. Participants attend three activities to receive a certificate and patch.**

**Find the nature center schedule online at <https://wvstateparks.com/cacapon-resort-state-park/>**

**Scroll down to the Nature Center and click on current or upcoming activities!**

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