



Sound Bath Offering

Located in The Morgan Room at Cacapon Resort State
Park

Saturday March 22nd
10:00am-11:00am

Let's come together and raise our vibrational
Frequencies while bathing in Therapeutic sounds.
Join Healing Waters Spa and Berkeley Springs State
Park to recharge the soul with this Reiki infused
guided sound healing that helps restore the Mind,
Body, and Soul.

This Sound Bath will incorporate Reiki, a Guided Meditation
along with Crystals Singing Bowls, and Gong.

Suggestions: Bring your mindful intentions. Wear
comfortable clothing, bring blanket, pillow, and a yoga mat
if possible.

Admissions: \$35