



CACAPON RESORT STATE PARK

Come and visit the Tom Ambrose Nature Center! Park naturalists are staffed year round to provide a variety of interpretive, educational and recreational programs on the park's natural and cultural history. Nature Center is Open 9:30AM-4:30PM unless noted

Monday, March 31

10:00AM Tai Chi This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

10:00AM Every Tree for Itself Join us for another interactive game that explores the needs of trees. Even light exercise could occur. Open to all ages and can be done indoors.

3:00PM The Closer You Look Draw a tree from memory and then draw a real tree and compare. ID characteristics of a tree's form and structure. A project learning tree activity. (for all ages)

Tuesday, April 1

10:00AM Frog & Toads Yes, frogs and toads have come out of hiding. Can you tell the difference between them by sight or sound? Let's learn some croaks and identify characteristics of some common WV frogs. Then we'll go on a frog hunt.

1:00PM Black Bear Facts Learn some fun facts about the WV state mammal and how to recreate responsibly to help keep them safe!
Learn more about their diet, dens, and tracks!

Wednesday, April 2

10:00AM Monarch Hour Come and learn how you can help the beautiful monarch butterfly survive, as their numbers are declining. Color, sketch, or paint this butterfly. Fun for all ages.

2:00PM CC History Film & History Walk The Civilian Conservation Corps Camp Morgan constructed this park and all of the recreational opportunities in the late 1930's. Watch a 30 minute film & join for a guided history walk.

Thursday, April 3

10:00AM Wildlife Survival Game Learn the importance of camouflage while playing two interactive games.

1:00PM Frog & Toads Yes, frogs and toads have come out of hiding. Can you tell the difference between them by sight or sound? Let's learn some croaks and identify characteristics of some common WV frogs. Then we'll go on a frog hunt.

3:00PM Fallen Log Study Go for 45 min. to 1 hour hike and stop occasionally to explore the ecosystem of fallen logs. We will look on, beneath the bark, in the wood and under the log for life and signs of life. For all ages.

Friday, April 4

10:00AM Kahoot! Join us with a fun game. Let's play a few games of trivia. You will need a device to play. (ipad or phone)

1:00PM Evergreen Discovery Stroll Let's learn about some of West Virginia's evergreens while on a walk.

3:00PM Wildflower & Tree Flower Discovery Stroll Let's learn about the spring ephemerals and the blooming spring trees.

Saturday, April 5

10:00AM Critter Catch With this critter catch we will focus on stream fish and lake fish. Learn some anatomy and catch some fish by nets and poles. Small token prize for a catch. Who can catch a golden trout?

1:00PM Fish Print Craft Learn some anatomy. Make fish prints with paint and cloth.

3:00PM Kahoot Trivia This fun nature trivia is played on your cell phone. Think quick! Points for correct and quickness.

Sunday, April 6

Nature Center Open 11:00AM-4:00PM

8:30-10AM Bird Walk Join Potomac Valley Master Naturalists, JP Miller and Kris Phillips, for a birding walk on

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some of our trails. Binoculars are provided. Meet outside the nature center.

1:00PM Vernal Pool Discovery Walk Let's watch a short video about what vernal pools are and what may be found in them. Next walk the Rock & Roll Trail, looking at 3 known vernal pools and perhaps discovering more of them. Wildlife may be present.

3:00PM The Gray Wolf Join us for a talk about one of nature's most studied land animals; the Gray Wolf (Timber Wolf). Learn some facts and watch short video clips. See our wolf taxidermy.

Monday, April 7

10:00AM Tai Chi This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

10:00AM Beaks & Feet Each bird species have unique beaks and feet that help them to survive. Let's explore some different ones using taxidermy, visuals and props.

1:00PM All About Feathers Learn about bird feathers. Bird uniqueness, how feathers are built, what feathers do for birds, feathers through time, and taking a feather quiz will be some of the topics covered. Bird feathers and bird taxidermy will be available to see. A Cornell Lab activity.

3:00PM Water Wonders Let's simulate the movement of water on the Earth in this interactive game of chance. Open to all ages and can be done indoors.

Tuesday, April 8

Nature Center Open 10AM-3PM

Wednesday, April 9

10:00AM Milkweed for Monarchs Come and learn how you can help the beautiful monarch butterfly survive, as their numbers are declining. Color, sketch, or paint this butterfly. Fun for all ages. Also, get free milkweed seeds.

1:00PM CC History Film & History Walk The Civilian Conservation Corps Camp Morgan constructed this park and all of the recreational opportunities in the late 1930's. Watch a 30 minute film & join for a guided history walk.

Thursday, April 10

10:00AM Morning Wildflower & Tree Flower Discovery Stroll Let's learn about the spring ephemerals and the blooming spring trees.

1:00PM Afternoon Wildflower & Tree Flower Discovery Stroll Let's learn about the spring ephemerals and the blooming spring trees.

3:00PM The Gray Wolf Join us for a talk about one of nature's most studied land animals; the Gray Wolf (Timber Wolf). Learn some facts and watch short video clips. See our wolf taxidermy.

Friday, April 11

Nature Center Open 10:00AM-4:30PM

10:30AM Bluebird Box Survey Let's survey the bluebird boxes near the lodge and pollinator field & fix or replace any in need. Meet at the lodge front desk area.

1:00PM Spidaverse Let's learn about WV spiders and their benefits to the ecosystem and to humans. Web game, fun facts, and a quick search for spiders included.

3:00PM Web of Life Join us in this interactive game to explore food chains and how life interacts. All ages are welcome for this 30 minute activity. Can be done indoors.

Saturday, April 12

10:00AM Kite Craft Join us at the nature center to make and create your own kite. Several models will be presented, you choose your style. Opportunities to make multiple types.

1:00PM-3:00PM Kite Flying Whether you bring your own kites or try one of ours or use the one you made in the morning, join us at the lodge front lawn for a kite flying extravaganza. [weather permitting]

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3:30PM Kahoot Game Join this fun game with a focus on kites. You will need a device to play (ipad or cell phone).

8:30PM Full Moon Walk Meet at the Lodge for a walk to the upper lake and beyond for those that want to go further. The moon will be at 99.4 percent illumination. Moonrise: 8:22PM. It's the pink moon plus many other possible names.

Sunday, April 13

Nature Center Open 11AM-3PM

9:15AM Nature & History Walk Meet at the lodge front desk and we'll take a 45 minute to 1 hour walk looking at sites in the park related to our CCC history and beyond. We'll discuss any wildlife we may see too.

1:00PM Discovery Stroll Trees, rocks, & wildlife are some things we may see on an easy stroll through the park.

3:00PM The Gray Wolf Join us for a talk about one of nature's most studied land animals; the Gray Wolf (Timber Wolf). Learn some facts and watch short video clips. See our wolf taxidermy.

Young People for Parks

YPP is an environmental education program for children ages 6-16. Participants attend three activities to receive a certificate and patch.

Find the nature center schedule online at

<https://wvstateparks.com/cacapon-resort-state-park/>

Scroll down to the Nature Center and click on current or upcoming activities!

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