

# Nature Based Programs March 16<sup>th</sup> - March 31<sup>st</sup>, 2025

Be sure to visit the newly constructed Nature Center! There you will find the Park Naturalist year-round providing interpretive, educational, and recreational programs on a variety of native wildlife, park history, and other exciting topics.

All programs will be held inside the Nature Center unless otherwise specified.

# March 16<sup>th</sup> & 17<sup>th</sup>

Nature Center Hours
CLOSED Sunday & Monday

# Tuesday, March 18th

Nature Center Hours Closed

# Wednesday, March 19th

Nature Center Hours 1:00pm - 4:00pm

# Thursday, March 20th Nature Center

#### Hours

1:00pm - 4:00pm

### Friday, March 21st

Nature Center Hours 1:00pm - 6:00pm

10:00am – <u>Cliffside Trail Hike</u> Join the Park Naturalist on an explorative hike to the cliffs. This trail features two vistas and many wildlife habitats such as a variety of amphibians, reptiles, and turkey vultures gliding in the valley! Meet at the Cliffside Trail head for this guided hike.

1:00pm – <u>Leaf & Seed Game</u> Come to the Nature Center to test your wits! Match all the leaf and seed pairs to win a prize. You can reset and play as many times as you want.

2:00pm – <u>Black Bear Talk</u> Come to the Nature Center as we will discuss a variety of topics to promote understanding and prevent negative encounters with this species such as behavior, diet, and other characteristics.



Coloring sheets are provided for this program.

3:30pm – West Virginia Mammals Did you know there are more than 70 different species of mammals in West Virginia?! If you are curious of the species, you may encounter at Twin Falls join us. We will discuss their identification traits, behavior, conservation, and significance to the natural ecosystems around the State.

#### Saturday, March 22<sup>nd</sup>

Nature Center Hours 12:00pm – 6:00pm

#### 10:00am - Poke Hollow Wetlands Trail

This trail travels through a variety of forest types with a steady climb following a ridge to the highest point in the park. This trail features a 450ft elevation change as well as the unique head water wetlands. Meet the Seasonal Naturalist at the Poke Hollow Trail parking lot for this guided hike.

1:00 – <u>Salamanders & Newts</u> Come to the Nature Center for a discussion of the many species of salamanders and newts in West Virginia and the unique species found in the park! We will cover topics such as identification, biological understanding, and other characteristics for these species.

**2:00pm** – <u>FROGS!</u> Come to the nature center to learn all about the variety of frogs

and toads found in West Virginia. Frogs and toads are similar species and have unique metamorphic life span. We will cover topics such as identification, biological understanding, and other characteristics of these species.

#### 3:00pm – WEST VIRGINIA SNAKES!

Come to the Nature Center as we talk about our slithery friends and why they might get a bad reputation. This discussion will highlight topics and questions such as how to identify venomous from non-venomous snakes, how to avoid negative encounters, what do if bitten, and so much more! Come see our resident snakes Willow, Whiskey, Viper, and Coal.

**4:30** – <u>Colored Sand Art</u> Come to the Nature Center to make your own unique sand jar to take back home! This craft is a little messy and is available to all ages.

# March 23rd & 24th

Nature Center Hours
CLOSED Sunday and Monday

Tuesday, March 25th

Nature Center Hours 10:00am. – 4:00pm.

Wednesday, March 26th



Nature Center Hours 10:00am. – 4:00pm.

# Thursday, March 27th

Nature Center Hours 1:00pm - 4:00pm

# Friday, March 28th

Nature Center Hours 1:00pm - 6:00pm

10:00am – <u>Falls Trail Hike</u> Join the Park Naturalist on a guided hike to view waterfalls of Twin Falls State Park's namesake while seeing remnant of early pioneer's and exploring local flora and fauna along the way. Meet at the "Falls Trail" Trailhead parking lot.

1:00 – <u>Crows & Ravens</u> Can you spot the differences in these two species of bird? Come to the Nature Center for an exploratory presentation highlighting the biology of Crows and Ravens. After the program if weather permits, we will put the taxonomy skills we learn to find and identify these two birds around the Lodge.

#### 3:00pm - Eastern Box Turtle TALK

Are you ready to learn all about this fascinating reptile species native to eastern United State? In this presentation we will explore topics such as identifying this

animal, habitat & range, behavior, diet, and threats they face.

#### 4:00pm – West Virginia MAMMALS!

Did you know there are more than 70 different species of mammals in West Virginia?! If you are curious of the species you may encounter here while examining their identification, behavior, conservation, and significance to the natural ecosystems around the State.

## Saturday, March 29th

Nature Center Hours 11:00pm - 6:00pm

11:00pm – <u>Colored Sand Art</u> Come to the Nature Center to make your own unique sand jar to take back home! This craft is a little messy and is available to all ages.

1:00pm – Green Day Hike! Meet
the Park Naturalist at the Scout Field to start
this special event hike. The Annual Green
Day Hike celebrates the return of spring in
the mountains. Participants look for new
blooms and the colors of green on this
moderate 1.3-mile Huckleberry Trail. If
weather conditions stay mild this trail will
be a spectacular site for searching for
huckleberry blooms, putty orchids, spring
beauties, and dog wood blooms. Participants
will earn a patch after the hike. Dogs are
welcome but must be on a leash at all times



and owners must provide their own waste bags.

3:30pm – <u>Turkey Vulture Site Visit</u> Meet at the Nature center for this program. We will start by examining characteristics of these species such as identification, habitat, behaviors, and significance. After the overview we will take a short hike to visit one of our Turkey Vulture habitats on the Park. Nature Center will be temporally closed for the habitat visit portion of this program

5:00pm – Owl Pellet Dissections! Come to the Nature center for a quick discussion on owls and how these pellets occur. What do you think you'll find inside the pellet? This is a lab activity so be prepared for questions to test your knowledge using scientific thinking! The program is free however to owl pellets are \$5.00 per pellets. Pellets are limited.

March 30th & 31st

Nature Center Hours
CLOSED Sunday and Monday

