



CACAPON RESORT STATE PARK

*Come and visit the Tom Ambrose Nature Center!
Park naturalists are staffed year round to
provide a variety of interpretive, educational
and recreational programs on the park's natural
and cultural history. Nature Center is Open
9:30AM-4:30PM unless noted*

Monday, February 3

Nature Center Closed

10:00AM Tai Chi This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

Tuesday, February 4

10:00AM All about Bird Anatomy Learn about bird anatomy and put it to the test! Take the quiz by Cornell Lab Bird University.

1:00 AM Monarch Hour Come and learn how you can help the beautiful monarch butterfly survive, as their numbers are declining. Color, sketch, or paint this butterfly. Fun for all ages.

2:30PM Bird Bingo Join us for this fun activity! We can also observe our bird feeder.

Wednesday, February 5

10:00AM Woodpecker Wow! Learn the calls of WV woodpeckers and some identifying characteristics. If time and weather permits, we'll do a short walk listening and looking for woodpeckers.

1:00PM CC History Film & History Walk The Civilian Conservation Corps Camp Morgan constructed this park and all of the recreational opportunities in the late 1930's. Watch a 30 minute film & join for a guided history walk.

3:00PM All About Feathers Learn about bird feathers. Bird uniqueness, how feathers are built, what feathers do for birds, feathers through time, and taking a feather quiz will be some of the topics covered. Bird feathers and bird taxidermy will be available to see. A Cornell Lab activity.

Thursday, February 6

10:00AM Tracking Hunt Let's take our tracking guide and go hunting for tracks and other signs of animals. Dress for temperatures and snow.

1:00PM Tree Stem and Bark ID Let's first indoors learn the parts of a twig. Then learn some tricks to ID trees by their stem parts. Finally, we'll go outside to ID some trees by their stems and bark.

3:00PM Track Bingo Let's play a bingo that focuses on animal tracks. Win a small prize.

Friday, February 7

10:30AM Discovery Stroll Trees, rocks, & wildlife are some things we may see on an easy stroll through the park.

almost heaven.



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1:00PM Pine Cone Craft Let's use our imagination and shared ideas to create with pinecones and other supplies.

3:00PM Food for Birds We will make several food sources for birds that you can either take home or place in the park.

Saturday, February 8

10:00AM National Kite Flying Day Craft Join us at the nature center to make and create your own kite. Several models will be presented, you choose your style. Opportunities to make multiple types.

1:00PM-3:00PM National Kite Flying Day Whether you bring your own kites or try one of ours or use the one you made in the morning, join us at the lodge front lawn for a kite flying extravaganza. [weather permitting] If the weather does not permit, join us at the nature center for a film, likely about kites.

3:30PM Kahoot Game Join this fun game with a focus on kites. You will need a device to play (ipad or cell phone).

Sunday, February 9

Nature Center Open 11AM-4:30PM

9:15AM Discovery Hike Meet at the lodge front desk and we'll take a 45 minute to 1 hour

walk looking at birds, trees, mammals, scenic views or rocks. Dress for the temperatures.

1:00PM The Red Fox Let's learn fun facts about the red fox. We'll also feel a pelt and make some prints. See a short video on the fox. Also, let's share any fox encounters.

3:00PM Feeder Watch Let's count the number and types of birds, record that and enjoy those birds that come to our feeder.

Monday, February 10

10:00AM Tai Chi This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

10:00AM All About Feathers Learn about bird feathers. Bird uniqueness, how feathers are built, what feathers do for birds, feathers through time, and taking a feather quiz will be some of the topics covered. Bird feathers and bird taxidermy will be available to see. A Cornell Lab activity.

1:00PM Tree Stem and Bark ID Let's first learn the parts of a twig. Then learn some tricks to ID trees by their stem parts. Finally, we'll go outside to ID some trees by their stems and bark.

3:00PM Bird Bingo Let's play bingo that focuses on birds. Win a small prize.

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February 11 & 12

Nature Center Closed

Full Moon

Thursday, February 13

10:00AM Tree Stem and Bark ID Let's first learn the parts of a twig, indoors. Then learn some tricks to ID trees by their stem parts. Finally, we'll go outside to ID some trees by their stems and bark.

1:00PM Discovery Stroll Trees, rocks, & wildlife are some things we may see on an easy stroll through the park.

8:30 - 10:00PM Full Moon Walk Meet at the Lodge for a walk to the upper lake. The moon will be at 99.5 percent illumination. Moonrise: 7:23PM. It's the snow moon plus many other possible names.

Friday, February 14

Happy Valentine's Day

10:30AM Bluebird Box Survey Let's survey the bluebird boxes near the lodge and pollinator field & fix or replace any in need. Meet at the lodge front desk area.

1:00PM Valentine Card Making Bring your ideas or use our ideas and create some

Valentine cards. Adults and children ideas provided.

3:00PM Games at the Nature Center Stop in for some fun games of Animal-opoly the nature version for Monopoly and some bingo and trivia!

**Valentine's Day Sweetheart Specials at Prospect's Dining 304-258-1022 ext. 6120*

Saturday, February 15

Nature Center Open 10AM-3PM

10:30AM Snowy Owls in WV, what? Owls of WV include the snowy owl. Learn owl calls & facts as well as dissecting owl pellets.

2:00PM The Newly Wed Game Calling all couples newly wed or not so newly wed. Continue the Valentine's Day weekend vibes with this fun trivia game. Four couples will be selected from the crowd. Spouses will be separated and asked questions about their loved one. Points awarded for correct answers about their spouse. The couple with the most points wins a prize!

This event will be held in the private Panhandle dining room with decorations and light refreshments.

** Sweetheart Dining Specials at Prospect's Dining 304-258-1022 ext. 6120
With live acoustic music 5:30-7:30PM*

Sunday, February 16

Nature Center Open 11AM-4:30PM

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9:15AM Beginner Birding Hike Meet at the lodge front desk to learn about WV birds and then take a 45 minute walk.

1:00PM The Red Fox Native? Invasive? Naturalized? Let's learn fun facts about the red fox. We'll also feel a pelt and make some prints. Also, let's share any fox encounters.

3:00PM Track Bingo Let's play a bingo that focuses on animal tracks. Win a small prize.

Young People for Parks

YPP is an environmental education program for children ages 6-16. Participants attend three activities to receive a certificate and patch.

Find the nature center schedule online at <https://wvstateparks.com/cacapon-resort-state-park/>

Scroll down to the Nature Center and click on current or upcoming activities!

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