



CACAPON RESORT STATE PARK

*Come and visit the Tom Ambrose Nature Center!
Park naturalists are staffed year round to
provide a variety of interpretive, educational
and recreational programs on the park's natural
and cultural history. Nature Center is Open
9:30AM-4:30PM unless noted*

Monday, January 6

Nature Center Closed

10:00AM Tai Chi This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

Tuesday, January 7

1:00PM Bird Bingo Join us for this fun activity! We can also observe our bird feeder.

Wednesday, January 8

10:00AM Woodpecker Wow! Learn the calls of WV woodpeckers and some identifying characteristics. If time and weather permits, we'll do a short walk listening and looking for woodpeckers.

1:00PM CC History Film & History Walk The Civilian Conservation Corps Camp Morgan constructed this park and all of the recreational opportunities in the late 1930's. Watch a 30 minute film & join for a guided history walk.

Thursday, January 9

Nature Center open 9:30AM - 1PM

10:00AM Tracking Hunt Let's take our tracking guide and go hunting for tracks and other signs of animals. Dress for temperatures and snow.

Friday, January 10

1:00PM Pine Cone Craft Let's use our imagination and shared ideas to create with pinecones and other supplies.

3:00PM Pine Cone Feeder Making We will make food sources for birds that you can either take home or place in the park.

Saturday, January 11

9:00AM Winter Wonders Hike on the Hovermale Join us for an easy 1.2 mile hike. Dress for snow and temperatures.

10:30AM Winter Native Plant Sowing Are you interested in starting your own native plants, even if you don't have a greenhouse? Then join us to make your own native seed winter sowing containers. Materials will be provided but bringing your own empty, clean milk jugs or soda 2 liter bottles would help more people to participate.

1:00PM Winter Walking Stick Craft Need a walking stick, then let's make our own with the decorations of your choosing. Fun for all ages.

3:00PM Evergreen Kahoot Game Join this fun game with a focus on evergreens and pine trees.

almost heaven.



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You will need a device to play (ipad or cell phone).

Sunday, January 12

Nature Center Open 11AM-3:30PM

9:15AM Geology Discussion & Hike Meet at the lodge front desk to learn about WV & Cacapon Geology and then take a 45 minute walk.

1:00PM The American Mink Let's learn fun facts about the American Mink. We'll also feel a pelt and make some prints. Wild mink and domestic mink farm animals are slightly different. Why is this so? Also, let's share any mink encounters.

2:00PM Feeder Watch Let's count the number and types of birds, record that and enjoy those birds that come to our feeder.

6:00 - 7:30PM Full Moon Walk Meet at the Lodge for a walk to the upper lake. The moon will be at 99.2 percent illumination. Moonrise: 3:39PM. It's the wolf moon, so learn a few wolf facts too.

Monday, January 13

10:00AM Tai Chi This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

10:00AM All about Bird Anatomy Learn about bird anatomy and put it to the test! Take the quiz by Cornell Lab Bird University.

1:00PM Tree Stem and Bark ID Let's first learn the parts of a twig. Then learn some tricks to ID trees by their stem parts. Finally, we'll go outside to ID some trees by their stems and bark.

3:00PM All About Feathers Learn about bird feathers. Bird uniqueness, how feathers are built, what feathers do for birds, feathers through time, and taking a feather quiz will be some of the topics covered. Bird feathers and bird taxidermy will be available to see. A Cornell Lab activity.

January 14 & 15

Nature Center Closed

Thursday, January 16

10:00AM Tree Stem and Bark ID Let's first learn the parts of a twig. Then learn some tricks to ID trees by their stem parts. Finally, we'll go outside to ID some trees by their stems and bark.

1:00PM Discovery Stroll Trees, rocks, & wildlife are some things we may see on an easy stroll through the park.

Friday, January 17

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10:00AM Evergreen Identification Let's focus on identifying types of evergreens in WV and specifically in this area. Then we will distinguish various pines. Finally, if weather permits, do a walk focusing on evergreens.

1:00PM Nature Mobile Craft Collect natural items and create mobile made of these items.

3:00PM Games at the Nature Center Stop in for some fun games of Animal-opoly the nature version for Monopoly and some bingo and trivia!

Saturday, January 18

10:00AM Snowflake Making Craft Everyone has different ways of making snowflakes. Let's craft and share ideas.

1:00PM Snowy Owls in WV, what? Owls of WV include the snowy owl. Learn owl calls & facts as well as dissecting owl pellets.

3:00PM Trivia with Kahoot Join us with a fun game. In honor of the Grand Ole Opry One Man Show, let's play a few country music trivia games. You will need a device to play. (ipad or phone)

5:30PM One Man Grand Ole Opry Tribute
Cacapon Resort State Park Lodge. Cash Bar, Buffet, Grand Ole Opry Show. \$40 Dinner & Show Call: 304-258-1022 to reserve a ticket.

Sunday, January 19

Nature Center Open 11AM-4:30PM

9:15AM Discovery Hike Meet at the lodge front desk and we'll take a 45 minute to 1 hour walk looking at birds, trees, mammals, scenic views or rocks. Dress for the temperatures.

1:00PM The American Mink Let's learn fun facts about the American Mink. We'll also feel a pelt and make some prints. Wild mink and domestic mink farm animals are slightly different. Why is this so? Also, let's share any mink encounters.

3:00PM Track Bingo Let's play a bingo that focuses on animal tracks. Win a small prize.

Young People for Parks

YPP is an environmental education program for children ages 6-16. Participants attend three activities to receive a certificate and patch.

Find the nature center schedule online at <https://wvstateparks.com/cacapon-resort-state-park/>

Scroll down to the Nature Center and click on current or upcoming activities!

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