

Come and visit the Tom Ambrose Nature Center!
Park naturalists are staffed year round to
provide a variety of interpretive, educational
and recreational programs on the park's natural
and cultural history. Nature Center is Open
9:30AM-4:30PM unless noted

### Monday, December 9

Nature Center Open 10AM-3PM

**10:00AM** <u>Tai Chi</u> This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

#### December 10-12

Nature Center Closed

#### Friday, December 13

Nature Center Open 10AM-3PM

# Saturday, December 14

Nature Center Open 10AM-4:30PM

CHRISTMAS at CACAPON

The Old Inn

## 10:00AM - 12:00 PM Pictures with Santa at the

<u>Old Inn</u> This annual Christmas event is sponsored by the Seely Foundation. A variety of Christmas crafting, a visit and token from Santa, & light holiday refreshments.

## 2:00PM Christmas Caroling at the Old Inn

Dress warm to sing holiday favorites around the

campfire! Warm up with some hot chocolate and roast some marshmallows over the fire.

**10:00AM - 3:00PM** Tour the Old Inn The Old Inn is West Virginia's first state park lodge, built by the Civilian Conservation Corps in the 1930's. This original 11 room lodge will be open for any visitors to tour and enjoy the Christmas decor, rooms and events during the day.

**3:30PM:** <u>Feeder Watch</u> Let's count the number and types of birds, record that and enjoy those birds that come to our feeder.

## Sunday, December 15

Nature Center Open 11AM-4:30PM

**9:15AM** <u>Geology Hike</u> Meet at the lodge front desk to learn about geology of the area and take a 45 minute walk looking for different types of rocks on the Piney Ridge trail.

**1:00PM** Mephitis mephitis. Let's learn fun facts about the striped skunk. We'll also feel a pelt and make some prints. Whether it's a buck, a doe, or a kit, these are curious animals. Also, let's share any skunk encounters with us or pets.

**3:00PM** <u>Feeder Watch</u> Let's count the number and types of birds, record that and enjoy those birds that come to our feeder.

Monday, December 16

almost heaven.



**10:00AM** <u>Tai Chi</u> This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

**10:00AM** <u>Bird Song Hero</u> Test your knowledge of bird songs by the fun visual and audio quiz by Cornell Lab Bird University.

**1:00PM** <u>All about Bird Anatomy</u> Learn about bird anatomy and put it to the test! Take the quiz by Cornell Lab Bird University.

**3:00PM** <u>All About Feathers</u> Learn about bird feathers. Bird uniqueness, how feathers are built, what feathers do for birds, feathers through time, and taking a feather quiz will be some of the topics covered. Bird feathers and bird taxidermy will be available to see. A Cornell Lab activity.

# **Tuesday, December 17**

Nature Center Closed

# Wednesday, December 18

# 10:00AM The CC' Boys, A West Virginia Legacy

This 30 minute film shares how the Civilian Conservation Corps in the late 1930's were active with conservation projects in our WV state parks and forests.

**1:00PM** <u>History Walk</u> The Civilian Conservation Corps Camp Morgan constructed this park and all of the recreational opportunities in the late 1930's. Join for a guided history walk.

## Thursday, December 19

**10:00AM** Morning Discovery Stroll Trees, rocks, & wildlife are some things we may see on an easy stroll through the park.

1:00PM <u>All About Feathers</u> Learn about bird feathers. Bird uniqueness, how feathers are built, what feathers do for birds, feathers through time, and taking a feather quiz will be some of the topics covered. Bird feathers and bird taxidermy will be available to see. A Cornell Lab activity.

## Friday, December 20

**10:00AM** <u>Bird Song Hero</u> Test your knowledge of bird songs by the fun visual and audio quiz by Cornell Lab Bird University.

**1:00PM** <u>All about Bird Anatomy</u> Learn about bird anatomy and put it to the test! Take the quiz by Cornell Lab Bird University.

**3:00PM** <u>Turkey Talk</u> Learn some basic history and facts about Eastern Wild Turkey. Listen to some turkey calls. Also, learn about the Wild Turkey Federation.

## Saturday, December 21

**10:00AM** <u>Wood Cookie Crafts</u> Learn how to tell how old a tree is, then make a Christmas ornament. The Grinch cartoon will play in the background.



**1:00PM** <u>Milkweed Seed Pod Craft</u> Milkweed is the host plant for Monarch butterflies. Learn how you can help the monarchs while creating a Christmas ornament.

**3:00PM** <u>West Virginia Trivia</u> WV mammals, birds, trees, wildflowers, or general WV trivia will be the focus. Multiple rounds will occur. One round will be done using the jumbling tower game.

# **Sunday, December 22**

Nature Center Open 11AM-4:30PM

**9:15AM** Morning Discovery Walk Trees, rocks, wildlife are some things we may see on an easy stroll through the park. Meet at Lodge.

**1:00PM** Mephitis mephitis. Let's learn fun facts about the striped skunk. We'll also feel a pelt and make some prints. Whether it's a buck, a doe, or a kit, these are curious animals. Also, let's share any skunk encounters with us or pets.

**3:00PM** <u>Feeder Watch</u> Let's count the number and types of birds, record that and enjoy those birds that come to our feeder.

Young People for Parks

YPP is an environmental education program
for children ages 6-16. Participants attend
three activities to receive a certificate and
patch.

Find the nature center schedule online at <a href="https://wvstateparks.com/cacapon-resort-state-park/">https://wvstateparks.com/cacapon-resort-state-park/</a>

Scroll down to the Nature Center and click on current or upcoming activities!

### **Save the Date**

<u>December 31-</u> New Year's Eve dinner, party, and/or overnight Package Deal. Call the park lodge at: 304-258-1022, ext. 0

January 1- First Day Hike, 10AM at lodge

Earn your West Virginia State Park First Day Hiking patch!

January 18- One Man Grand Ol' Opry Show

Dinner and Show \$40 per person