



## CACAPON RESORT STATE PARK

*Come and visit the Tom Ambrose Nature Center!  
Park naturalists are staffed year round to  
provide a variety of interpretive, educational  
and recreational programs on the park's natural  
and cultural history. Nature Center is Open  
9:30AM-4:30PM unless noted*

### **Monday, December 23**

**10:00AM Tai Chi** This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

**10:00AM All about Bird Anatomy** Learn about bird anatomy and put it to the test! Take the quiz by Cornell Lab Bird University.

**1:00PM Tree Stem and Bark ID** Let's first learn the parts of a twig. Then learn some tricks to ID trees by their stem parts. Finally, we'll go outside to ID some trees by their stems and bark.

**3:00PM All About Feathers** Learn about bird feathers. Bird uniqueness, how feathers are built, what feathers do for birds, feathers through time, and taking a feather quiz will be some of the topics covered. Bird feathers and bird taxidermy will be available to see. A Cornell Lab activity.

### **Tuesday, December 24**

Nature Center Open 10AM - 2PM

### **Wednesday, December 25**

Nature Center Closed

Merry Christmas!

### **Thursday, December 26**

Nature Center Open 10:30AM - 2PM

**9:00AM Hovermale Trail Hike** Join park volunteer and Potomac Valley Master Naturalist for an easy 1.2 mile hike.

### **Friday, December 27**

**10:00AM Bird Song Hero** Test your knowledge of bird songs by the fun visual and audio quiz by Cornell Lab Bird University.

**1:00PM CC History Film & History Walk** The Civilian Conservation Corps Camp Morgan constructed this park and all of the recreational opportunities in the late 1930's. Watch a 30 minute film & join for a guided history walk.

### **Saturday, December 28**

Nature Center Open 10AM-4:30PM

**10:00AM CC History Film & History Walk** The Civilian Conservation Corps Camp Morgan constructed this park and all of the recreational opportunities in the late 1930's. Watch a 30 minute film & join for a guided history walk.

**1:30PM Bird Bingo** Join us for this fun activity! We can also observe our bird feeder.

*almost heaven*



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**Sunday, December 29**

Nature Center Open 11AM-3PM

**Monday, December 30**

**10:00AM Tai Chi** This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

**10:00AM All about Bird Anatomy** Learn about bird anatomy and put it to the test! Take the quiz by Cornell Lab Bird University.

**1:00PM Bird Song Hero** Test your knowledge of bird songs by the fun visual and audio quiz by Cornell Lab Bird University.

**3:00PM All About Feathers** Learn about bird feathers. Bird uniqueness, how feathers are built, what feathers do for birds, feathers through time, and taking a feather quiz will be some of the topics covered. Bird feathers and bird taxidermy will be available to see. A Cornell Lab activity.

**Tuesday, December 31**

Nature Center Open 12 - 4PM

**1:00PM Tree Stem and Bark ID** Let's first learn the parts of a twig. Then learn some tricks to ID trees by their stem parts. Finally, we'll go outside to ID some trees by their stems and bark.

**3:00PM Feeder Watch** Let's count the number and types of birds, record that and enjoy those birds that come to our feeder.

**New Year's Eve Dinner & Party** New Year's Eve dinner, party, and/or overnight Package Deal. Call the park lodge at: 304-258-1022, ext. 0

**Wednesday, January 1**

Nature Center open 1:30-4:30PM

*Happy New Year!*

**10:00AM First Day Hike** Meet at the lodge. Earn your West Virginia State Park First Day Hiking patch! Easy and moderate hike options.

**2:00PM Games at the Nature Center** Stop in for some fun games of Animal-opoly the nature version for Monopoly and some bingo and trivia!

**Thursday, January 2**

**10:00AM All About Feathers** Learn about bird feathers. Bird uniqueness, how feathers are built, what feathers do for birds, feathers through time, and taking a feather quiz will be some of the topics covered. Bird feathers and bird taxidermy will be available to see. A Cornell Lab activity.

**1:00PM Morning Discovery Stroll** Trees, rocks, & wildlife are some things we may see on an easy stroll through the park.



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### **Friday, January 3**

**10:00AM All about Bird Anatomy** Learn about bird anatomy and put it to the test! Take the quiz by Cornell Lab Bird University.

**10:30 AM Bird Song Hero** Test your knowledge of bird songs by the fun visual and audio quiz by Cornell Lab Bird University.

**1:00PM Nature Mobile Craft** Collect natural items and create mobile made of these items.

**3:00PM Turkey Talk** Learn some basic history and facts about Eastern Wild Turkey. Listen to some turkey calls. Also, learn about the Wild Turkey Federation.

### **Saturday, January 4**

**10:00AM Snowflake Making Craft** Everyone has different ways of making snowflakes. Let's craft and share ideas.

**1:00PM PVMN Open House** Interred in becoming a West Virginia Master Naturalist? Join Potomac Valley Master Naturalist at the nature center for an open house and learn about the steps to take to become a naturalist.

**3:00PM West Virginia Trivia** WV mammals, birds, trees, wildflowers, or general WV trivia will be the focus. Multiple rounds will occur. One round will be done using the jumbling tower game.

### **Sunday, January 5**

Nature Center Open 11AM-4:30PM

**9:15AM Beginner Birding Hike** Meet at the lodge front desk to learn about local birds of the area and take a 45 minute walk looking for birds.

**1:00PM The American Mink** Let's learn fun facts about the American Mink. We'll also feel a pelt and make some prints. Wild mink and domestic mink farm animals are slightly different. Why is this so? Also, let's share any mink encounters.

**3:00PM Feeder Watch** Let's count the number and types of birds, record that and enjoy those birds that come to our feeder.

### **Young People for Parks**

**YPP is an environmental education program for children ages 6-16. Participants attend three activities to receive a certificate and patch.**

**Find the nature center schedule online at <https://wvstateparks.com/cacapon-resort-state-park/>**

**Scroll down to the Nature Center and click on current or upcoming activities!**

### **Save the Date**

**January 18-** One Man Grand Ol' Opry Show



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Dinner and Show \$40 per person