



## CACAPON RESORT STATE PARK

*Come and visit the Tom Ambrose Nature Center! Park naturalists are staffed year round to provide a variety of interpretive, educational and recreational programs on the park's natural and cultural history. Nature Center is Open 9:30AM-4:30PM unless noted*

### **Monday, November 25**

Nature Center Open 10AM-3PM

**10:00AM Tai Chi** This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

### **Tuesday, November 26**

Nature Center Closed 12:30-2PM

**10:00AM The CC' Boys, A West Virginia Legacy**

This 30 minute film shares how the Civilian Conservation Corps in the late 1930's were active with conservation projects in our WV state parks and forests.

**2:00PM History Walk** The Civilian Conservation Corps Camp Morgan constructed this park and all of the recreational opportunities in the late 1930's. Join for a guided history walk.

### **Wednesday, November 27**

**10:00AM Hovermale Trail** Walk the Hovermale Homestead Trail where old roads and previous landowner boundaries can be viewed. Let's

discover streams, forest and slopes of the Warm Spring Ridge.

**1:00PM Tree ID: Stem & Bark** Start in the nature center viewing stems, stem structure and receiving hints. Then take a short stroll identifying trees without leaves.

**3:00PM West Virginia Trivia** WV mammals, birds, trees, wildflowers, or general WV trivia will be the focus. Multiple rounds will occur. One round will be done using the jumbling tower game.

### **Thursday, November 28**

Nature Center Closed

*Happy Thanksgiving*

### **Friday, November 29**

**10:00AM Hike off the Turkey** Trees, rocks, wildlife are some things we may see on an easy stroll through the park.

**1:00PM Turkey Talk** Learn some basic history and facts about Eastern Wild Turkey. Listen to some turkey calls. Also, learn about the Wild Turkey Federation.

*almost heaven*

### **Saturday, November 30**

**10:00AM Civilian Conservation Corps, Camp Morgan** Enjoy a 30 minute film that shares how the Civilian Conservation Corps in the late 1930's were active with conservation projects in our WV state parks and forests. Camp Morgan constructed this park and all of the recreational opportunities in the late 1930's. Join for a guided history walk.

**1:00PM Turkey Talk** Learn some basic history and facts about Eastern Wild Turkey. Listen to some turkey calls. Also, learn about the Wild Turkey Federation.

**3:00PM West Virginia Trivia** WV mammals, birds, trees, wildflowers, or general WV trivia will be the focus. Multiple rounds will occur. One round will be done using the jumbling tower game.

### **Sunday, December 1**

Nature Center Open 11AM-4:30PM

**9:15AM: Beginner Birding** Meet at the lodge front desk to learn about birding and take a 45 minute walk looking for birds on the Piney Ridge trail. Binoculars are provided.

**1:00PM Mephitis mephitis.** Let's learn fun facts about the striped skunk. We'll also feel a pelt and make some prints. Whether it's a buck, a doe, or a kit, these are curious animals. Also, let's share any skunk encounters with us or pets.

**3:00PM Wildlife Stencil & Color** Join us at the nature center for this activity for all ages. What is your favorite mammal in the park?

### **Monday, December 2**

Nature Center Open 3PM-4:30PM

**10:00AM Tai Chi** This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

### **Tuesday, December 3**

**10:00AM The CC' Boys. A West Virginia Legacy** This 30 minute film shares how the Civilian Conservation Corps in the late 1930's were active with conservation projects in our WV state parks and forests.

**1:00PM History Walk** The Civilian Conservation Corps Camp Morgan constructed this park and all of the recreational opportunities in the late 1930's. Join for a guided history walk.

### **Wednesday, December 4**

**10:00AM Nature Center Bird Feeder** Discover some common over wintering birds up close. Learn some fun tips that will help you identify them!

**1:00PM Monarchs to Mexico** Monarch butterflies have arrived in Mexico. Learn more about their amazing four generation journey

from their northern breeding grounds to Mexico and back. Discover how you can help the declining monarch population.

#### **Thursday, December 5**

**10:00AM Morning Discovery Stroll** Trees, rocks, & wildlife are some things we may see on an easy stroll through the park.

**1:00PM Turkey Talk** Learn some basic history and facts about Eastern Wild Turkey. Listen to some turkey calls. Also, learn about the Wild Turkey Federation.

#### **Friday, December 6**

**10:00AM Bird Song Hero** Test your knowledge of bird songs by the fun visual and audio quiz by Cornell Lab Bird University.

**1:00PM All about Bird Anatomy** Learn about bird anatomy and put it to the test! Take the quiz by Cornell Lab Bird University.

#### **Saturday, December 7**

**10:00AM Wood Cookie Crafts** Learn how to tell how old a tree is, then make a Christmas ornament. The Grinch cartoon will play in the background.

**1:00PM Milkweed Seed Pod Craft** Milkweed is the host plant for Monarch butterflies. Learn

how you can help the monarchs while creating a Christmas ornament.

**3:00PM West Virginia Trivia** WV mammals, birds, trees, wildflowers, or general WV trivia will be the focus. Multiple rounds will occur. One round will be done using the jumbling tower game.

#### **Sunday, December 8**

Nature Center Closed

#### **Young People for Parks**

**YPP is an environmental education program for children ages 6-16. Participants attend three activities to receive a certificate and patch.**

**Find the nature center schedule online at <https://wvstateparks.com/cacapon-resort-state-park/>**

**Scroll down to the Nature Center and click on current or upcoming activities!**

#### **Save the Date**

**December 14-** Christmas at the Old Inn

10AM- Pictures with Santa, Christmas crafting stations & light refreshments

2PM- Christmas Caroling around the campfire with hot chocolate and marshmallows

**January 1-** First Day Hike, 10AM at lodge

Earn your West Virginia State Park First Day Hiking patch!

**January 18-** One Man Grand Ol' Opry Show

Dinner and Show \$40 per person