



## CACAPON RESORT STATE PARK

*Come and visit the Tom Ambrose Nature Center! Park naturalists are staffed year round to provide a variety of interpretive, educational and recreational programs on the park's natural and cultural history. Nature Center is Open 9:30AM-4:30PM unless noted*

### **Monday, November 11**

**10:00AM Tai Chi** This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

**10:00AM Hovermale Trail** Walk the Hovermale Homestead Trail where old roads and previous landowner boundaries can be viewed. Let's discover streams, forest and slopes of the Warm Spring Ridge.

**1:00PM Tree ID: Stem & Bark** Start in the nature center viewing stems, stem structure and receiving hints. Then take a short stroll identifying trees without leaves.

**3:00PM West Virginia Trivia** WV mammals, birds, trees, wildflowers, or general WV trivia will be the focus. Multiple rounds will occur. One round will be done using the jumbling tower game.

### **Tuesday, November 12**

.Nature Center Open 10AM-2PM

### **November 13-15**

Nature Center Closed

**\*Trails Closed November 13-15 for Controlled Hunt\***

### **Saturday, November 16**

**10:00AM Morning Discovery Stroll** Trees, rocks, & wildlife are some things we may see on a moderate stroll through the park.

**1:00PM Turkey Talk** Learn some basic history and facts about Eastern Wild Turkey. Listen to some turkey calls. Also, learn about the Wild Turkey Federation.

**3:00PM West Virginia Trivia** WV mammals, birds, trees, wildflowers, or general WV trivia will be the focus. Multiple rounds will occur. One round will be done using the jumbling tower game.

### **Sunday, November 17**

Nature Center Open 11AM-4:30PM

**9:15AM Geology Hike** Meet at the lodge front desk to learn about geology of the area and take a 45 minute walk looking for different types of rocks on the Piney Ridge trail.

**1:00PM The Busy Beaver** Let's learn fun facts about the beaver. We'll also feel a pelt and color a beaver scene.

**3:00PM Wildlife Stencil & Color** Join us at the nature center for this activity for all ages. What is your favorite mammal in the park?

*almost heaven*

### **Monday, November 18**

**10:00AM Tai Chi** This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

**10:00AM Cacapon Birds** Learn about Cacapon's common birds by learning how to identify them by sight and sound. A birding walk will follow, binoculars provided.

**1:00PM Woodpecker Wow!** Learn about WV woodpeckers and go for a birding walk and look for woodpeckers.

### **Tuesday, November 19**

**10:00AM The CC' Boys, A West Virginia Legacy**  
This 30 minute film shares how the Civilian Conservation Corps in the late 1930's were active with conservation projects in our WV state parks and forests.

**1:00PM History Walk** The Civilian Conservation Corps Camp Morgan constructed this park and all of the recreational opportunities in the late 1930's. Join for a guided history walk.

### **Wednesday, November 20**

**10:00AM Witch Hazel Walk** Come learn about this unique shrub found throughout the park.

**1:00PM Monarchs to Mexico** Learn how you can help the declining monarch population. Let's visit the monarch sanctuaries on [journeynorth.org](http://journeynorth.org)

### **Thursday, November 21**

**10:00AM Morning Discovery Stroll** Trees, rocks, & wildlife are some things we may see on an easy stroll through the park.

**1:00PM Turkey Talk** Learn some basic history and facts about Eastern Wild Turkey. Listen to some turkey calls. Also, learn about the Wild Turkey Federation.

### **Friday, November 22**

**10:00AM Bird Song Hero** Test your knowledge of bird songs by the fun visual and audio quiz by Cornell Lab Bird University.

**1:00PM All about Bird Anatomy** Learn about bird anatomy and put it to the test! Take the quiz by Cornell Lab Bird University.

### **Saturday, November 23**

**10:00AM Geology Hike** Walk to the lower lake area to look at local rock formations and fossil hunt.

**1:00PM Monarchs in Mexico** Monarchs should be arriving in Mexico in November. Let's learn more about this on [journeynorth.org](http://journeynorth.org) and take a closer look into the monarch sanctuaries.

**3:00PM Turkey Craft** After learning some fun facts about the turkey, make a fun craft.

### **Sunday, November 24**

Nature Center Open 11AM-4:30PM

**9:15AM Morning Discovery Walk** Trees, rocks, wildlife are some things we may see on an easy stroll through the park. Meet at Lodge.

**1:00PM The Busy Beaver** Let's learn fun facts about the beaver. We'll also feel a pelt and color a beaver scene.

**3:00PM Wildlife Stencil & Color** Join us at the nature center for this activity for all ages. What is your favorite mammal in the park?

#### **Young People for Parks**

**YPP is an environmental education program for children ages 6-16. Participants attend three activities to receive a certificate and patch.**

**Find the nature center schedule online at <https://wvstateparks.com/cacapon-resort-state-park/>**

**Scroll down to the Nature Center and click on current or upcoming activities!**