



CACAPON RESORT STATE PARK

*Come and visit the Tom Ambrose Nature Center!
Park naturalists are staffed year round to
provide a variety of interpretive, educational
and recreational programs on the park's natural
and cultural history. Nature Center is Open
9:30AM-4:30PM unless noted*

Monday, October 28

10:00AM Tai Chi This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

1:00PM Fall Frenzy Tree Hike Walk among the trees to view the fall colors. Learn some common trees and conclude with a leaf pounding print activity.

3:00PM Nature Bingo Join us at the nature center!

Tuesday October 29

10:00AM Cacapon Birds Learn about Cacapon's common birds by learning how to identify them by sight and sound. A birding walk will follow, binoculars provided.

1:00PM Woodpecker Wow! Learn about WV woodpeckers and go for a birding walk and look for woodpeckers.

3:00PM Bird Bingo Join us at the nature center.

Wednesday, October 30

10:00AM Fall Tree Identification Enjoy the fall colors and learn how to identify common WV trees by using a dichotomous key.

1:00PM Leaf Art Gather leaves and make art. Animal depictions, abstract leaves, leaf paintings are all options.

Thursday, October 31

10:00AM The CC' Boys, A West Virginia Legacy

This 30 minute film shares how the Civilian Conservation Corps in the late 1930's were active with conservation projects in our WV state parks and forests.

1:00PM History Walk The Civilian Conservation Corps Camp Morgan constructed this park and all of the recreational opportunities in the late 1930's. Join for a guided history walk.

Friday, November 1

10:30AM Morning Discovery Stroll Trees, rocks, wildlife are some things we may see on an easy stroll through the park.

1:00PM Witch Hazel Walk Come learn about this unique shrub found throughout the park.

2:30PM Turkey Talk Learn some basic history and facts about Eastern Wild Turkey. Listen to some turkey calls. Also, learn about the Wild Turkey Federation.

almost heaven

Saturday, November 2

10:00AM Geology of WV Presentation Join us with this powerpoint presentation of WV geology.

11:00AM Geology Hike Walk to the lower lake area to look at local rock formations and fossil hunt.

1:00PM West Virginia Owls Learn about West Virginia owls, their strengths, and their calls. Dissect owl pellets.

3:00PM West Virginia Trivia WV mammals, birds, trees, wildflowers, or general WV trivia will be the focus. Multiple rounds will occur. One round will be done using the jumbling tower game.

Sunday, November 3

Daylight Savings Time Ends

Nature Center Open 10:30AM-4:30PM

9:15AM Beginner Birding Meet at the lodge front desk to learn about birding and take a 45 minute walk looking for birds on the Piney Ridge trail. Binoculars are provided.

1:00PM The Busy Beaver Let's learn fun facts about the beaver. We'll also feel a pelt and color a beaver scene.

3:00PM Tracks Bingo Join us at the nature center!

Monday, November 4

10:00AM Tai Chi This volunteer led class will

help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

10:00AM West Virginia Black Bears Learn all about the black bear's diet in preparation for winter and other fun facts!

1:00PM Fall Frenzy Tree Hike Walk among the trees to view the fall colors. Learn some common trees and conclude with a leaf pounding print activity.

3:00PM Nature Bingo Join us at the nature center!

Tuesday, November 5

9:00AM Witch Hazel Walk Come learn about this unique shrub found throughout the park.

1:00PM Turkey Talk Learn some basic history and facts about Eastern Wild Turkey. Listen to some turkey calls. Also, learn about the Wild Turkey Federation.

Trails Closed November 6-8 for Controlled Hunt

Wednesday, November 6

10:00AM Geology of WV Presentation Join us with this powerpoint presentation of WV geology.

11:00AM Geology Hike Walk to the lower lake area to look at local rock formations and fossil hunt.

more about this on journeynorth.org and take a closer look into the monarch sanctuaries.

Thursday, November 7

10:00AM Woodpecker Wow! Learn all about the woodpecker's amazing adaptation and how to identify them by sight and sound.

1:00PM Monarchs to Mexico Learn how you can help the declining monarch population. Let's visit the monarch sanctuaries on journeynorth.org

Friday, November 8

10:00AM The CC' Boys, A West Virginia Legacy
This 30 minute film shares how the Civilian Conservation Corps in the late 1930's were active with conservation projects in our WV state parks and forests.

1:00PM History Walk The Civilian Conservation Corps Camp Morgan constructed this park and all of the recreational opportunities in the late 1930's. Take a guided history walk.

Saturday, November 9

10:00AM History Walk The Civilian Conservation Corps Camp Morgan constructed this park and all of the recreational opportunities in the late 1930's. Join for a guided history walk.

1:00PM Monarchs in Mexico Monarchs should be arriving in Mexico in November. Let's learn

Sunday, November 10

Nature Center Open 11AM-3PM

Young People for Parks

YPP is an environmental education program for children ages 6-16. Participants attend three activities to receive a certificate and patch.

Find the nature center schedule online at <https://wvstateparks.com/cacapon-resort-state-park/>

Scroll down to the Nature Center and click on current or upcoming activities!