



CACAPON RESORT STATE PARK

Come and visit the Tom Ambrose Nature Center! Park naturalists are staffed year round to provide a variety of interpretive, educational and recreational programs on the park's natural and cultural history. Nature Center is Open 9:30AM-4:30PM unless noted

Monday, October 14

10:00AM Tai Chi This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

1:00PM Fall Frenzy Tree Hike Walk among the trees to view the fall colors. Learn some common trees and conclude with a leaf pounding print activity.

3:00PM Butterfly Bingo Join us at the nature center!

Tuesday October 15

10:00AM The CC' Boys. A West Virginia Legacy
This 30 minute film shares how the Civilian Conservation Corps in the late 1930's were active with conservation projects in our WV state parks and forests.

2:00PM History Walk The Civilian Conservation Corps Camp Morgan constructed this park and all of the recreational opportunities in the late 1930's. Join for a guided history walk.

Wednesday, October 16

10:00AM Cacapon Birds Learn about Cacapon's common birds by learning how to identify them by sight and sound. A birding walk will follow, binoculars provided.

1:00PM Woodpecker Wow! Learn about WV woodpeckers and go for a birding walk and look for woodpeckers.

Thursday, October 17

Nature Center Open 9:30AM-2PM

10:00AM Fall Tree Identification Enjoy the fall colors and learn how to identify common WV trees by using a dichotomous key.

1:00PM Fall Leaf Pounding Craft Choose your favorite leaves and color to make a colorful fall leaf print on cloth.

Friday, October 18

1:00PM Fall Frenzy Tree Hike Walk among the trees to view the fall colors. Learn some common trees and conclude with a leaf pounding print activity.

2:30PM - 4:00 PM Birds of Prey Migration Watch Meet at the ridge overlook platform to view bird migration. Binoculars provided.

Saturday, October 19

10:00AM WonderFall Hike To celebrate the fall foliage, join a park naturalist guided hike to earn your West Virginia State Park WonderFall Walk

almost heaven

patch. Meet at Cacapon Mountain Overlook (5miles past the nature center, allow 15-20 minutes on a rough gravel road) This easy 2-mile hike will be along the mountain fire road.

1:00PM-3:00PM Fall Hayrides Rides to the North Fork Cabin area, leave every twenty minutes for some beautiful fall colors. Get in line at the nature center!

3:00PM West Virginia Trivia WV mammals, birds, trees, wildflowers, or general WV trivia will be the focus. Multiple rounds will occur. One round will be done using the jumbling tower game.

Sunday, October 20

Nature Center Open 11:30AM-4:30PM

9:15AM-11:00AM Pop Up Program in Berkeley Springs State Park: Mammal Madness
Come see mammal pelts, scat replicas, and footprint replicas and learn some basic facts. Also, you can make footprint molds if it is sunny for them to dry.

1:00PM Bunny Bonanza & Hound and Hare Game Let's learn fun facts about the eastern cottontail rabbit. We'll also make a footprint craft, feel a pelt and play a hound and hare hide and hunt game.

3:00PM Tracks Bingo Join us at the nature center!

Monday, October 21

10:00AM Tai Chi This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location

lodge.

1:00PM Fall Frenzy Tree Hike Walk among the trees to view the fall colors. Learn some common trees and conclude with a leaf pounding print activity.

3:00PM Bug Bingo Join us at the nature center!

Tuesday, October 22

Nature Center Open 10AM-3PM

9:00AM History & Nature Walk Join park volunteer and Potomac Valley Master Naturalist for a fall hike to learn about Camp Morgan and the CCC boys.

Wednesday, October 23

10:00AM The CC' Boys, A West Virginia Legacy
This 30 minute film shares how the Civilian Conservation Corps in the late 1930's were active with conservation projects in our WV state parks and forests.

1:00PM History Walk The Civilian Conservation Corps Camp Morgan constructed this park and all of the recreational opportunities in the late 1930's. Take a guided history walk.

Thursday, October 24

1:00PM Fall Tree Identification Walk among the trees to view the fall colors. Learn some common trees and conclude with a leaf pounding print activity.

2:00PM Tree Cookie Art Learn tree facts and information while decorating a tree cookie.

Friday, October 25

10:00AM Fall Frenzy Tree Morning Hike Walk among the trees to view the fall colors. Learn some common trees and conclude with a leaf pounding print activity.

1:00PM Fall Tree Identification Take a park naturalist guided hike to take in the fall colors while learning about a variety of WV trees.

2:30PM - 4:00PM Birds of Prey Migration Watch Meet at the ridge overlook platform to view bird migration. Binoculars provided.

Saturday, October 26

Halloween Weekend

10:00AM-12:00PM Pumpkin Carving Contest, Crafts, and Tie-dye Pumpkins provided, first come-first serve. Awards for scariest, traditional, & most unique. Enjoy a fall leaf craft and our Cacapon tie-dye halloween version is available. Purchase t-shirts at the nature center \$

1:00PM-3:30PM Hayrides Rides to the North Fork Cabin area, leave every twenty minutes for some beautiful fall colors. Get in line at the nature center!

7:00PM-9:00PM Haunted Hayrides Grab your glow sticks, then get ready for trick or treat

hayrides! Also, during this time you can warm up by the Cacapon campfire.

Sunday, October 27

Nature Center Open 11AM-3PM

Young People for Parks

YPP is an environmental education program for children ages 6-16. Participants attend three activities to receive a certificate and patch.

Find the nature center schedule online at <https://wvstateparks.com/cacapon-resort-state-park/>

Scroll down to the Nature Center and click on current or upcoming activities!

Fall Foliage for West Virginia can be found at :

<https://governor.wv.gov/News/press-releases/2024/Pages/Gov.-Justice-celebrates-arrival-of-fall-in-West-Virginia.aspx>