



## CACAPON RESORT STATE PARK

*Come and visit the Tom Ambrose Nature Center! Park naturalists are staffed year round to provide a variety of interpretive, educational and recreational programs on the park's natural and cultural history. Nature Center is Open 9:30AM-4:30PM unless noted*

### **Monday, September 16**

**10:00AM Tai Chi** This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

**10:00AM Eastern Box Turtle Game** Discover ways to help this turtle thrive while playing this fun game.

**1:00PM Pollinator Garden Tour** Let's look for pollinators and learn about a few pollinator plants.

**2:00PM Full Moon Mania** Join us for information on this month's partial lunar eclipse of the Harvest Moon Supermoon.

**3:00PM Butterfly Bingo** Join us at the nature center!

### **Tuesday September 17**

**10:00AM Citizen Science** You can help track the migration of monarchs, hummingbirds, and other varieties of birds! [JourneyNorth.org](http://JourneyNorth.org)

**1:00PM History Walk** The Civilian Conservation Corps Camp Morgan constructed this park and all of the recreational opportunities in the late 1930's. Join for a guided history walk.

### **Wednesday, September 18**

**10:00AM Monarch Life Cycle** Find out how long it takes to become an adult monarch butterfly. View live caterpillars from our monarch waystation and learn how you can help this declining species.

**1:00PM Monarchs in the Meadow** Explore a 2-acre pollinator field and conduct an adult monarch survey. Learn about the importance of monarch tagging.

### **Thursday, September 19**

**10:00AM West Virginia Wildlife** Discover some WV wildlife facts with the chance to touch a variety of pelts. Followed by a take home craft of a track mold.

**1:00 PM Monarch Tagging and Release followed by a Monarch Waystation Garden Tour** Every year, we bring in monarch eggs and caterpillars from our Monarch Waystation garden to watch the amazing life cycle of the monarch butterfly. While we wait for them to emerge from the chrysalis to tag and release, stop by and learn what plants you need to help this species survive.

**2:00PM Insect Safari** What makes up an insect? Tour the native plant garden to find many types of insects and pollinators. Play a clever catch game.

*almost heaven*

### **Friday, September 20**

**10:00AM Friday Morning Boating with a Naturalist** Meet at the boat dock for a paddle boat ride to look for wildlife, learn about the CCC and learn about park geology. \$6.00 per person.

**1:00PM Monarchs in the Meadow** Explore a 2-acre pollinator field and conduct an adult monarch survey. Learn about the importance of monarch tagging.

**2:30 - 4:00 PM Birds of Prey Migration Watch** Meet at the ridge overlook platform to view bird migration. Binoculars provided.

### **Saturday, September 21**

**10:00AM Monarch Butterfly Migration** Come and learn about WV's state butterfly! Enjoy some fun crafts and games.

**1:00 PM Monarch Tagging and Release followed by a Monarch Waystation Garden Tour** Every year, we bring in monarch eggs and caterpillars from our Monarch Waystation garden to watch the amazing life cycle of the monarch butterfly. While we wait for them to emerge from the chrysalis to tag and release, stop by and learn what plants you need to help this species survive.

**2:00PM Monarchs in Mexico** Did you know that monarch butterflies can travel over 2,000 miles to the same location every year? Join the park naturalist as she shares her travels to the monarch sanctuaries from last winter.

### **Sunday, September 22**

Nature Center Open 11:30AM-4:30PM

**9:15:00AM Pop Up Program in Berkeley Springs State Park Nuts, Fruits, and Seeds:** Year round there are nuts, fruits, and berries but we often think of them more so in the fall. Let's see and discuss some of each. Meet near George Washington's Bathtub.

**10:00AM 1st Dat of Autumn Tree ID Hike** What is WV's state tree? Come find out and learn a variety of others. Also, let's make some leaf rubbings and leaf pounding prints. Meet near George Washington's Bathtub.

**1:00PM Bobcat Bonanza** Let's learn fun facts about Lynx rufus. We'll also make a footprint craft, feel a pelt and complete a bobcat brain teaser.

**2:00PM Butterfly Bingo** Join us at the nature center!

### **Monday, September 23**

**10:00AM Tai Chi** This volunteer led class will help increase balance, flexibility, and focus on connection to mind, body, & spirit. Location lodge.

**10:00AM Eastern Box Turtle Game** Discover ways to help this turtle thrive while playing this fun game.

**1:00 PM Monarch Tagging and Release followed by a Pollinator Garden Tour** Tag and release of any adult monarchs that may be

ready to be released. Let's look for pollinators and learn about a few pollinator plants. **YPP**

**3:00PM Bug Bingo** Join us at the nature center!

### **Tuesday, September 24**

**10:00AM Monarch Butterfly Migration** Come and learn about WV's state butterfly! Enjoy some fun crafts and games.

**1:00PM Monarchs in the Meadow** Explore a 2-acre pollinator field and conduct an adult monarch survey. Learn about the importance of monarch tagging.

### **Wednesday, September 25**

Nature Center Closed

### **Thursday, September 26**

**10:00AM West Virginia Wildlife** Discover some WV wildlife facts with the chance to touch a variety of pelts. Followed by a take home craft of a track mold.

**1:00PM Monarch Tagging and Release followed by a Monarch Waystation Garden Tour** Every year, we bring in monarch eggs and caterpillars from our Monarch Waystation garden to watch the amazing life cycle of the monarch butterfly. While we wait for them to emerge from the chrysalis to tag and release, stop by and learn what plants you need to help this species survive.

### **Friday, September 27**

**10:00AM Friday Morning Boating with a Naturalist** Meet at the boat dock for a paddle boat ride to look for wildlife, learn about the CCC and learn about park geology. \$6.00 per person.

**1:00PM Monarchs in the Meadow** Explore a 2-acre pollinator field and conduct an adult monarch survey. Learn about the importance of monarch tagging.

**2:30 - 4:00PM Birds of Prey Migration Watch** Meet at the ridge overlook platform to view bird migration. Binoculars provided.

### **Saturday, September 28**

**10:00AM Monarch Butterfly Migration** Come and learn about WV's state butterfly! Enjoy some fun crafts and games.

**1:00PM Monarch Tagging and Release followed by a Monarch Waystation Garden Tour** Every year, we bring in monarch eggs and caterpillars from our Monarch Waystation garden to watch the amazing life cycle of the monarch butterfly. While we wait for them to emerge from the chrysalis to tag and release, stop by and learn what plants you need to help this species survive.

**2:00PM Monarchs in Mexico** Did you know that monarch butterflies can travel over 2,000 miles to the same location every year? Join the park naturalist as she shares her travels to the monarch sanctuaries from last winter.

**Sunday, September 29**

Nature Center Open 11:30PM-4PM

**September is Monarch Migration**

*Peak monarch butterfly migration is from September 14-26! This is the fourth generation that is flying all the way south to Mexico to their overwintering sites. Look for them as they are flying over and report them to [Jounreynorth.org](http://Jounreynorth.org) that helps with citizen science of tracking their great migration.*

*Join us this month for a variety of monarch butterfly classes on life cycle, migration, tagging, and monarch butterfly themed crafts and art!*

**Young People for Parks**

**YPP is an environmental education program for children ages 6-16. Participants attend three activities to receive a certificate and patch.**

**For more information inquire at the Nature Center.**

