NOTE: Trails are for foot traffic only, no horses or motorized vehicles unless otherwise designated.
PARK TRAIL DESCRIPTIONS

From scenic vistas to beautiful overlooks, hiking trails at West Virginia’s state parks and forests lead to breathtaking mountain scenery. Along the way create lasting memories but remember to leave no trace behind in Almost Heaven.

= Hiking  = Horseback Riding  = Mountain Bike Riding  = Cross-Country Skiing

**BIG PINE TRAIL**
Big Pine Trail starts near the Meador Campground entrance and ends on the roadway just north of Old Mill Campground. The trail offers scenic views of the Bluestone and New rivers and a multitude of wildlife and flora.
**Distance:** 1.7 miles  
**Difficulty:** strenuous

**BOUNDARY TRAIL**
This trail starts 150 yards northwest of Cabin 17 off the service road and ends at Big Pine Trail. It offers scenic views and an opportunity for viewing wildlife and flora.
**Distance:** 2 miles  
**Difficulty:** moderate

**CABIN TRAIL**
This trail begins in the field behind the Activities Building and ends at the sharp curve in the road going toward the campgrounds. It is a popular area for white-tailed deer and wild turkey.
**Distance:** 0.4 mile  
**Difficulty:** moderate

**GILES, FAYETTE, KANAWHA TURNPIKE TRAIL**
Park near the historical marker at the sharp curve on the road to the campground. From there it is 0.2 miles up the service road to the trail head. The trail ascends Sand Knob following the historic Giles, Fayette, Kanawha Turnpike that Booker T. Washington followed on his walk out of slavery at age 9. The trail passes through upland hardwood forest, offering several scenic vistas.
**Distance:** 1 mile  
**Difficulty:** strenuous

**OVERLOOK TRAIL**
The trail head begins 200 feet northeast of Meador Campground entrance and ascends to a scenic overlook, where it ends. Boundary Trail and Big Pine Trail can be accessed from this trail.
**Distance:** 0.5 mile  
**Difficulty:** moderate

**RIVerview TRAIL**
The trail begins just before the sharp curve on the road to the campgrounds, 0.2 miles from the park office and ends where it joins Big Pine Trail. Trail highlights include a seasonal waterfall and lake views.
**Distance:** 1.6 miles  
**Difficulty:** easy

**RHODODENDRON TRAIL**
This trail begins across the road from the Activities Building and ends at the boat launch below the park office. Trail highlights include seasonal waterfalls and rhododendron (West Virginia’s state flower).
**Distance:** 0.8 mile  
**Difficulty:** moderate

Scan this code with your smartphone’s camera to access the exclusive West Virginia State Parks Interactive Vacation Guide.