



LUNCH MENU



Our menus feature fresh seasonal vegetables as well as meats produced by our community growers and farmers.

Soups and Salads

Cream of Crab

Incredibly perfect soup for the crab lovers, creamy and rich with jumbo lump crab meat
Cup 8.99 | Bowl 13.99

French Onion **7.99**

Slow cooked, caramelized onions in a rich beef broth, topped with seasoned croutons and a provolone-mozzarella blend.

Grilled Or Crispy Chicken Salad

13.99

Medley of red and green leaf lettuce, cucumbers, carrots, tomatoes, red onion and cheddar cheese. Topped with choice of grilled or crispy chicken.

Sandwiches

The Reuben **GFO** **12.99**

Tender corned beef, sauerkraut, 1000 Island dressing and Swiss cheese on marble rye. Served with potato chips and a pickle. Trade out the corn beef and kraut for turkey and coleslaw, and have yourself a Rachael.

The Cacapon Burger **GFO** **13.50**

8-ounces of lean fresh ground beef, grilled and served with your choice of toppings on our toasted pretzel bun. Served with fries and a pickle.

*Add Swiss, American, Smoked Gouda, Fried Onions, Fried Mushrooms +.50 each
Add Fried Egg, Bacon +1.50 each*

Quesadilla **12.99**

Grilled diced chicken breast and melted cheese in a honey wheat wrap with a side of sliced garden fresh tomatoes. Served with salsa, sour cream and tortilla chips.

Vegetarian Burger **12.99**

The first Vegetarian Burger that looks, cooks and satisfies like fresh ground beef. Enjoy the juiciness while appreciating the healthy and sustainable features. Cholesterol free, Gluten Free and packed with protein. Served with fries and a pickle.

Spicy Cauliflower Wrap **10.99**

Fried tabasco battered cauliflower florets wrapped in a warm flour tortilla with fresh spinach leaves, red onions, and house ranch dressing. Served with a side of fresh fruit.

Crab Cake Sandwich **GFO** **16.99**

Our homemade seasoned jumbo lump signature crab cake served on a brioche bun with cole slaw.

On the Side

<u>French Fries</u>	<u>3.99</u>
<u>Onion Rings</u>	<u>3.99</u>
<u>Side Salad</u>	<u>3.00</u>
<u>Coleslaw</u>	<u>2.00</u>

GFO Gluten Friendly Options +1.00

**Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.*

Beverages

West Virginia Mountain Roast Coffee	<u>1.75</u>
<u>Iced Tea</u>	<u>2.00</u>
<u>Sweet Tea</u>	<u>2.50</u>
West Virginia Bottled Water	<u>1.75</u>
<u>Sodas</u>	<u>2.99</u>

Pepsi, Diet Pepsi, Dr. Pepper,
Diet Dr. Pepper, Mountain Dew,
Sierra Mist