



LUNCH MENU



Our menus feature fresh seasonal vegetables as well as meats produced by our community growers and farmers.

Sandwiches

Upgrade to French Fries +1.00 | Upgrade to Onion Rings +1.50

The Reuben GFO 10.50

Tender corned beef, sauerkraut, 1000 Island dressing and Swiss cheese on marble rye. Served with potato chips and a pickle. Trade out the corn beef and kraut for turkey and coleslaw, and have yourself a Rachael.

The Cacapon Burger GFO 11.50

8-ounces of lean fresh ground beef, grilled and served with your choice of toppings on our toasted pretzel bun. Served with fries and a pickle.
*Add Swiss, American, Smoked Gouda, Fried Onions Fried Mushrooms +.50 each
Add Fried Egg, Bacon +1.50 each*

Quesadilla 10.99

Grilled diced chicken breast and melted cheese in a honey wheat wrap with a side of sliced garden fresh tomatoes. Served with salsa, sour cream and tortilla chips.

Crab Cake Sandwich GFO 13.99

Our homemade seasoned jumbo lump signature crab cake served on a brioche bun with cole slaw.

Deluxe Club Sandwich GFO 11.99

House roasted sliced turkey breast and smokehouse ham with lettuce, tomato, cheese & bacon with mayo on choice of sourdough, wheat, or rye toast. Served with potato chips.

Grilled Chicken Wrap 11.99

Grilled diced chicken breast with lettuce, tomato, cheddar cheese, and house ranch dressing in a warm flour tortilla wrap. Served with potato chips and a side of creamy coleslaw.

12-Inch Cheese Pizza 11.99

Toppings extra —
*Pepperoni, sausage +1.00 each
Onions, mushrooms, green peppers +.50 each*

Pork BBQ Sandwich GFO 11.99

Pit cooked pulled pork on a toasted pretzel roll, served with pickle, fries and a side of creamy cole slaw.

Grilled Turkey Gouda Sandwich GFO 11.99

Roasted sliced turkey with sliced gouda cheese, bacon, lettuce, tomato and garlic mayonnaise on sourdough bread. Served with potato chips.

Vegetarian Burger 10.99

The first Vegetarian Burger that looks, cooks and satisfies like fresh ground beef. Enjoy the juiciness while appreciating the healthy and sustainable features. Cholesterol free, Gluten Free and packed with protein. Served with fries and a pickle.

Spicy Cauliflower Wrap 11.99

Fried tabasco battered cauliflower florets wrapped in a warm flour tortilla with fresh spinach leaves, red onions, and house ranch dressing. Served with a side of fresh fruit.

Hot Roast Beef Sandwich GFO 9.99

Tender Angus roast beef served with French fries & gravy

almost heaven®

Soups and Salads

Salad Dressings: Bleu Cheese, Buttermilk Ranch, Italian, Red French, Sun-dried Tomato Basil Vinaigrette (low-fat)

Cream of Crab 7.99 | 10.99

Incredibly perfect soup for the crab lovers, creamy and rich with jumbo lump crab meat
Cup 7.99 | Bowl 10.99

French Onion 7.99

Slow cooked, caramelized onions in a rich beef broth, topped with seasoned croutons and a provolone-mozzarella blend.

Soup Du Jour 2.50

Salad Bar 6.50

When available.

Beet Salad 9.99

A blend of green and red leaf lettuce with roasted beets, toasted walnuts and goat cheese.
Add Chicken +3

Grilled Or Crispy Chicken Salad 11.99

Medley of red and green leaf lettuce, cucumbers, carrots, tomatoes, red onion and cheddar cheese. Topped with choice of grilled or crispy chicken.

Flour Tortilla Salad 11.99

Red and green leaf lettuce with marinated chicken, fresh corn, black beans, diced tomatoes, red onions, cilantro, and cheddar cheese in a fried flour tortilla bowl. Topped with tortilla strips.

Watermelon Feta Salad 12.99

Fresh watermelon, chopped cucumber, mint, red onion, and feta, tossed with our house vinaigrette.

Beverages

West Virginia Mountain Roast Coffee 1.75

Iced Tea 2.00

Sweet Tea 2.50

West Virginia Bottled Water 1.75

Sodas 2.00

Pepsi, Diet Pepsi, Dr. Pepper, Diet Dr. Pepper, Mountain Dew, Sierra Mist

On the Side

French Fries 2.50

Onion Rings 2.99

Side Salad 2.50

Coleslaw 2.00

GFO Gluten Friendly Options +1.00

**Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.*

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