From scenic vistas to beautiful overlooks, hiking trails at West Virginia’s state parks and forests lead to breathtaking mountain scenery. Along the way create lasting memories but remember to leave no trace behind in Almost Heaven.


**DOGWOOD TRAIL**
The trail begins opposite Dam Trail near the Lodge passing through the forest with numerous dogwood trees. Trail climbs to a higher elevation above the lodge following a ridge top and descending back on the park road from the dam.

**Distance:** 2 miles  
**Difficulty:** moderate

**LAKE TRAIL**
This trail begins at Picnic Area Number 1 and follows a small stream to the lake. The trail has few hills.

**Distance:** 0.5 mile  
**Difficulty:** easy to moderate

**RIDGE TRAIL**
This trail begins near the park office and ends at Picnic Area Number 3. The trail passes through several forest types and is a good place to see wildlife. The trail has some steep hills.

**Distance:** 0.75 mile  
**Difficulty:** moderate

**SCHOOL BUS LOOP TRAIL**
This trail begins near campsite 21. This is an intermediate directional trail that makes a 2.0 mile loop on the south end of the park. You will see two old farm house foundations, a rock cliff hang over, and an old 1940-1945 school bus. For mountain bikers, the trail has a little bit of everything. Small run off stream crossings, hill climbs, rock gardens, a Little Rock drop, banked turns, and some downhill flow.

**Distance:** 2-mile loop  
**Walking time:** 40-50 minutes  
**Riding time:** 15-25 minutes  
**Difficulty:** moderate

**WOODLAND TRAIL**
Beginning near the park office, this trail passes through what was once a farm before ending between Cabin 5 and the campground. The trail has hills.

**Distance:** 1.5 miles  
**Difficulty:** moderate

**TYGART DAM TRAIL**
This trail begins near the lodge and follows near the lakeshore before ending at the dam. This trail has few hills and is approximately .75 miles long.

**Distance:** 0.75 mile  
**Difficulty:** easy to moderate

---

**ADVENTURE AWAITS**
Scan this code with your smartphone’s camera to access the exclusive West Virginia State Parks Interactive Vacation Guide.