



Legend

---- Park boundary \square Ø Boat launch i. Δ <u>الا</u> ΨŊ

Improved road

Hiking trail

Parking area

Structures

Lake/river

Automated External Defibrillator (AED)

Cabin area

Camping area

Dam

Food service

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- Nature center Park headquarters Picnic area

Lodging

Marina

Playground

Restrooms

Sanitary disposal station Scenic viewpoint/ overlook

Showers

- Souvenir shop
- Swimming area
- **Trailer sites**

PARK TRAIL DESCRIPTIONS

From scenic vistas to beautiful overlooks, hiking trails at West Virginia's state parks and forests lead to breathtaking mountain scenery. Along the way create lasting memories but remember to leave no trace behind in Almost Heaven.

🕅 = Hiking 🔣 = Horseback Riding 🙋 = Mountain Bike Riding 🛃 = Cross-Country Skiing

DOGWOOD TRAIL

The trail begins opposite Dam Trail near the Lodge passing through the forest with numerous dogwood trees. Trail climbs to a higher elevation above the lodge following a ridge top and descending back on the park road from the dam. **Distance:** 2 miles **Difficulty:** moderate

LAKE TRAIL

This trail begins at Picnic Area Number 1 and follows a small stream to the lake. The trail has few hills. **Distance:** 0.5 mile **Difficulty:** easy to moderate

RIDGE TRAIL

This trail begins near the park office and ends at Picnic Area Number 3. The trail passes through several forest types and is a good place to see wildlife. The trail has some steep hills. Distance: 0.75 mile **Difficulty:** moderate

trail has hills.

Distance: 1.5 miles **Difficulty:** moderate

SCHOOL BUS LOOP TRAIL 🕅 🖻

This trail begins near campsite 21. This is an intermediate directional trail that makes a 2.0 mile loop on the south end of the park. You will see two old farm house foundations, a rock cliff hang over, and an old 1940-1945 school bus. For mountain bikers, the trail has a little bit of everything. Small run off stream crossings, hill climbs, rock gardens, a Little Rock drop, banked turns, and some downhill flow. **Distance:** 2-mile loop Walking time: 40-50 minutes Riding time: 15-25 minutes **Difficulty:** moderate

TYGART DAM TRAIL

This trail begins near the lodge and follows near the lakeshore before ending at the dam. This trail has few hills and is approximately .75 miles long. Distance: 0.75 mile **Difficulty:** easy to moderate

WOODLAND TRAIL

Beginning near the park office, this trail passes through what was once a farm before ending between Cabin 5 and the campground. The

ADVENTURE AWAITS

Scan this code with your smartphone's camera to access the exclusive West Virginia State Parks Interactive Vacation Guide.

