From scenic vistas to beautiful overlooks, hiking trails at West Virginia’s state parks and forests lead to breathtaking mountain scenery. Along the way create lasting memories but remember to leave no trace behind in Almost Heaven.

BLACK BEAR TRAIL
Starting points are 0.3 mile from the cabin area at an intersection with Old Roads Trail and 0.2 mile from the main forest road on Young’s Nature Trail. The trail passes through two hollows with a gentle climb in elevation. This trail can be combined with Old Roads Trail to make a longer hike.
Distance: 2 miles one way
Difficulty: moderate
Blaze:

THE “HOLLER” TRAIL
Walking time: 30 minutes. Starting at 0.2 mile from the main forest road on Old Roads Trail and ending at 0.1 mile from the main forest road on Young’s Nature Trail. This trail provides mountain bikers and hikers with a whimsical, flowing trail that meanders through a deep hollow along the base of Kate’s Mountain.
Distance: 1.2 miles one way
Difficulty: moderate
Blaze:

HARVEST ROAD CONNECTOR
This road, built for fire management, connects the Kate’s Mountain Harvest Road and the Rocky Ridge Harvest Road. This is a self-guided nature trail with trail heads across the road from the entrance to the cabin area and in the service area near the forest office. The trail follows an old logging road for most of its length, except where it crosses a ridge.
Distance: 2.3 miles one way
Difficulty: moderate
Blaze:

HOLSAPPLE TRAIL
Following an old logging road for its entire length, this trail begins at the top of Kate’s Mountain near Rocky Ridge Trail. After skirting the eastern side of Kate’s Mountain, it ends on Kate’s Mountain Road, south of Young’s Nature Trail.
Distance: 2.5 miles one way
Difficulty: moderate
Blaze:

KATE’S MOUNTAIN LOOP TRAIL
A loop that combines the Rocky Ridge, Holsapple, Young Nature and the Mabel Dowdy trails, as well as the western service road. Adventurers with the backpacker spirit will enjoy the variety this loop offers. Nevertheless, you may want to pack a lunch for this walk.
Distance: 7.8 miles
Difficulty: difficult
Blaze:

MABEL DOWDY NATURE TRAIL
This trail, named after a retired park employee, begins and ends in the picnic area. A nice after-dinner trail, it visits a variety of plant and animal habitats including a mixed deciduous hardwood forest, a hemlock forest, a mountain stream habitat and an open meadow.
This trail has a few gentle climbs.
Distance: 1.3 miles
Difficulty: moderate
Blaze:

OLD FIELD TRAIL
Walking time: 1 hour. Beginning in the field just south of the campground, this trail meanders through forest and old fields along an old logging road before it ends 0.2 mile from the main forest road on Young’s Nature Trail.
Distance: 1.5 miles one way
Difficulty: moderate
Blaze:

OLD FIELD LOOP TRAIL
Walking time: 1 hour. This loop trail, which is bisected by Old Field Trail, begins and ends in the Shelter #2 parking area. Designed with mountain bikers in mind, this trail meanders through the woods above the picnic area.
Distance: 2 miles one way
Difficulty: moderate
Blaze:

OLD ROADS TRAIL
This is a self-guided nature trail with trail heads across the road from the entrance to the cabin area and in the service area near the forest office. The trail follows an old logging road for most of its length, except where it crosses a ridge.
Distance: 1.6 miles one way
Difficulty: moderate
Blaze:

TWIN PINES TRAIL
Walking time: 45 minutes. Starting at the main forest road just north of the picnic area and ending 0.1 mile from the main forest road on Old Roads Trail. This trail parallels the forest road and serves as a hiking/biking connector path to the picnic area.
Distance: 0.6 mile one way
Difficulty: easy
Blaze:

YCC TRAIL
Walking time: 45 minutes. This trail begins across the road from the entrance to Shelter II area. This “figure-eight” trail was destroyed in the derecho of 2011. It was rebuilt in 2014 as a combination trail for walkers and beginning mountain bikers.
Distance: 0.6-mile loop
Difficulty: easy
Blaze:

YOUNG’S NATURE TRAIL
Starting 0.1 mile north of the picnic area at the main forest road, this trail climbs gradually from the derecho of 2011. It was rebuilt in 2014 as a combination trail for walkers and beginning mountain bikers.
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Distance: 1.7 miles one way
Difficulty: moderate
Blaze: