

PARK TRAIL DESCRIPTIONS

From scenic vistas to beautiful overlooks, hiking trails at West Virginia's state parks and forests lead to breathtaking mountain scenery.

Along the way create lasting memories but remember to leave no trace behind in Almost Heaven.

🕅 = Hiking 🛣 = Horseback Riding 👺 = Mountain Bike Riding 🛣 = Cross-Country Skiing

COAL MINE TRAIL M

The Coal Mine Trail is strenuous and can be walked or biked. The trail is a connecting trail between two points of the Mary Davis Trail, and is located within the Wildlife Management Area.

Distance: 0.6 mile **Difficulty:** hard

LONG BRANCH TRAIL

Long Branch Trail is a short connector trail that ties to the Overlook/ Fire Circle area to the Nature Trail. A foot bridge crosses the Long Branch stream at the Nature Trail connection.

Distance: 0.5 mile **Difficulty:** easy

LOST TRAIL M

This is a long and strenuous trail that contains steep inclines. The trail provides access points to the remote and more difficult Mary Davis Trail. Trailhead is located behind campsite 104 in Moxley Branch Campground.

Distance: 3.5 miles **Difficulty:** difficult

MARY DAVIS TRAIL M

This trail spurs off the Lost Trail at two entrance/exit points. The trail is long and strenuous with several unmanaged trail spurs. This trail begins on the State Park and leads into the Wildlife Management Area. Hikers are encouraged to wear blaze orange during hunting seasons. Firearms, bows, and arrows must be cased while in the State Park area.

Distance: 5 miles **Difficulty:** difficult

NATURE TRAIL (*)

This hike/bike trail is an easy trail for all age groups and is located on the "road to nowhere" across from the park headquarters. This is a good trail for school/scout groups and nature study outings. The Nature Trail connects to the Long Branch Trail via a foot bridge that crosses Long Branch stream.

Distance: 0.8-mile loop **Difficulty:** easy

NORTH RIDGE TRAIL 🛍 📴

The North Ridge Trail is strenuous and can be walked or biked. The trail is a connecting trail between the Lost Trail and the Mary Davis Trail. A portion of this trail is in the Wildlife Management Area.

Distance: 0.75 mile **Difficulty:** difficult

OVERLOOK TRAIL M

The Overlook Trail winds up a long ridge to a pleasing overlook of the park headquarters and recreation area. The trail is of medium difficulty with a steep incline at the trail head.

Distance: 2 miles **Difficulty:** moderate

PHYSICAL FITNESS TRAIL

Paved trail located in the Franklin D. Wooten Recreation Area. This fitness trail makes a pleasurable walking path for those who enjoy a leisurely afterdinner or early morning walk.

Distance: 1 mile **Difficulty:** easy

