### PARK TRAIL DESCRIPTIONS

From scenic vistas to beautiful overlooks, hiking trails at West Virginia’s state parks and forests lead to breathtaking mountain scenery. Along the way create lasting memories but remember to leave no trace behind in Almost Heaven.

<table>
<thead>
<tr>
<th>Trail</th>
<th>Description</th>
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| **BEECH TRAIL** | Starting point is across Country Road from the Old Mill Site entrance. Follows ridge above road to view of valley, then down to Tomlinson Run Stream and back to Country Road and across bridge to starting point.  
**Distance:** 0.8 miles  
**Walking time:** 35 minutes  
**Blaze:** ⬤ |
| **FERN TRAIL** | Starting point is at the entrance to the picnic area. Follows small stream to head, then makes sharp right. Follow trail to boat dock parking lot, then take road back to starting point.  
**Distance:** 0.5 miles  
**Walking time:** 20 minutes  
**Blaze:** ⬤ |
| **LAUREL TRAIL** | Starting point is the Old Mill Site. Follows Tomlinson Run Stream into the Wilderness Area and circles back to within 200 feet of the starting point.  
**Distance:** 2.1 miles  
**Walking time:** 70 minutes  
**Blaze:** ⬤ |
| **POE TRAIL** | Starting point is across from the campground entrance gate. The trail goes to the campground and then continues across the road from the camp store and ends up on the main park road close to the mini-golf area.  
**Distance:** 1.7 miles  
**Walking time:** 30-45 minutes  
**Blaze:** ⬤ |
| **MAPLE TRAIL** | Starting point is the restroom facility at Shepherd Valley switchback. The trail then continues over the hill and down to Washington School Road. Take main park road back to starting point.  
**Distance:** 1.8 miles  
**Walking time:** 40 minutes  
**Blaze:** ⬤ |
| **BIG FOOT TRAIL** | Starting point is 300 feet up the road from the picnic area gate. The trail follows shore about lake to north fork of the lake. Return the same way or take road back to starting point.  
**Distance:** 1.2 miles  
**Walking time:** 1 hour  
**Blaze:** ⬤ |

= Hiking  = Horseback Riding  = Mountain Bike Riding  = Cross-Country Skiing