

Customized Outdoor Experiences



The Rangers of North Bend State Park can facilitate your adventure activities. We help you to build your custom outdoor experience while visiting. Learn about nature and take advantage of outdoor recreation available at North Bend that includes a guide or instructor as part of your quest!

Shuttle Services:

Bikes or boats, in the park or on the North Bend Rail Trail a guide will meet you at your takeout point and transport you and your gear to your put in. These rates are set per trip and are the same for up to four guests.

One-way Shuttle: Transport you and your gear to the beginning of your ride. (Meet you in the park and provide one-way shuttle to your starting point)

Quick Shuttle	\$50.00
(Everything within the park & on the North Bend Rail Trail,	west to Petroleum & east to
Greenwood)	
Long Shuttle	\$75.00
(From the park to either end of the North Bend Rail Trail)	

Two-way Shuttle: We will help you set up the end of your ride and then transport you and your gear to the start of your ride. (For those who want to ride the whole length of the rail trail in one shot)

Two Way Shuttle......\$125.00

Kayaking / Canoeing:

North Bend Lake is a 305-acre lake is 8.1 miles long with multiple put in and take out points and an under 10 hp. limit, making it ideal for flat water kayaking and/or viewing wildlife from your boat. Information about put in and take out locations and what sites to look for along your paddle is free. Shuttle services are available.

Kayak and Canoe Basics: a 2-hour excursion designed to introduce and improve basic flat-water skills while enjoying the natural environment North Bend State Park has to offer from a different perspective. This quest includes safety information, balance and basic paddle stroke instructions.

	<u>Canoe</u>	<u>Kayak</u>
Including boat rental	\$52.00	\$48.00
If you have your own boat or can borrow one	\$30.00	\$30.00
(The rates above are per-person, for the first	two guests, as	the number of
participants grow the per-person rate is redu	ıced.)	

Biking:

Road biking, rail trail, dirt roads and single track, if you ride a bike, we have something for you. We would be happy to share routes with you via "map my ride" or on paper maps at no charge. For the roadies we have 16, 45- and 62-mile loops. The North Bend Rail Trail is flat, relatively smooth, and long with beautiful scenery if that is your cup of tea. The dirt roads have climbs and descents along with stream fords and a few have technical rocky sections that rival most single track. If its single track you seek, we offer over 20 miles in the park worthy of hosting a WVMBA sanctioned mountain bike race. Shuttle services are available.

Mountain Bike Basics: This 2 hour session includes instruction on maintenance, bikes fit adjustments, peddling cadence, how to get the most out of your gears, controlling your speed (not too fast but not too slow either), balance, the ready position, and simple obstacles. If you are new to biking or mountain biking, this quest feature is for you. Instructors are patient and enjoy getting folks ready for trails.

Mountain Bike Skills: Once you have the basics down then it's time to improve your skill level. This 2 hour excursion includes breaking techniques, cornering, handling terrain, picking lines and putting it all together and making it flow like surfing through the woods.

Navigating:

Lost? Know where you are, where you are going, and the best way to get there. This Quest shares the basics of navigating in the wilderness. For this activity we set the guest to guide ratio of 1-6 guests per guide.

Introduction to GPS: A 1-hour introduction into how to use a GPS unit.

Compass Course: A 1-hour introduction on how to use a compass through a fun and challenging hands on exercise.

Introduction to Map and Compass: A 1 ½ hour introduction to using a topographic map and a compass together to navigate the old school way (or when the GPS batteries die).

Geocaching: A 2-hour hands on exercise in finding caches using a GPS unit.

The Land Navigation Course: Up to 4 hours as we use GPS, compass and map reading skills to navigate through the woods from one point to the next. Traveling two miles or more both on and off trails. "Intro to Map and Compass" or "Intro to GPS" is a prerequisite or demonstration of skill competency.

Introduction to GPS	\$20.00
Geocaching (Find A Cache)	\$20.00
Introduction to map and compass	\$20.00
Compass Course	\$20.00

Call North Bend State Park at 304-643-2931 and talk with ranger or email northbendsp@wv.gov