

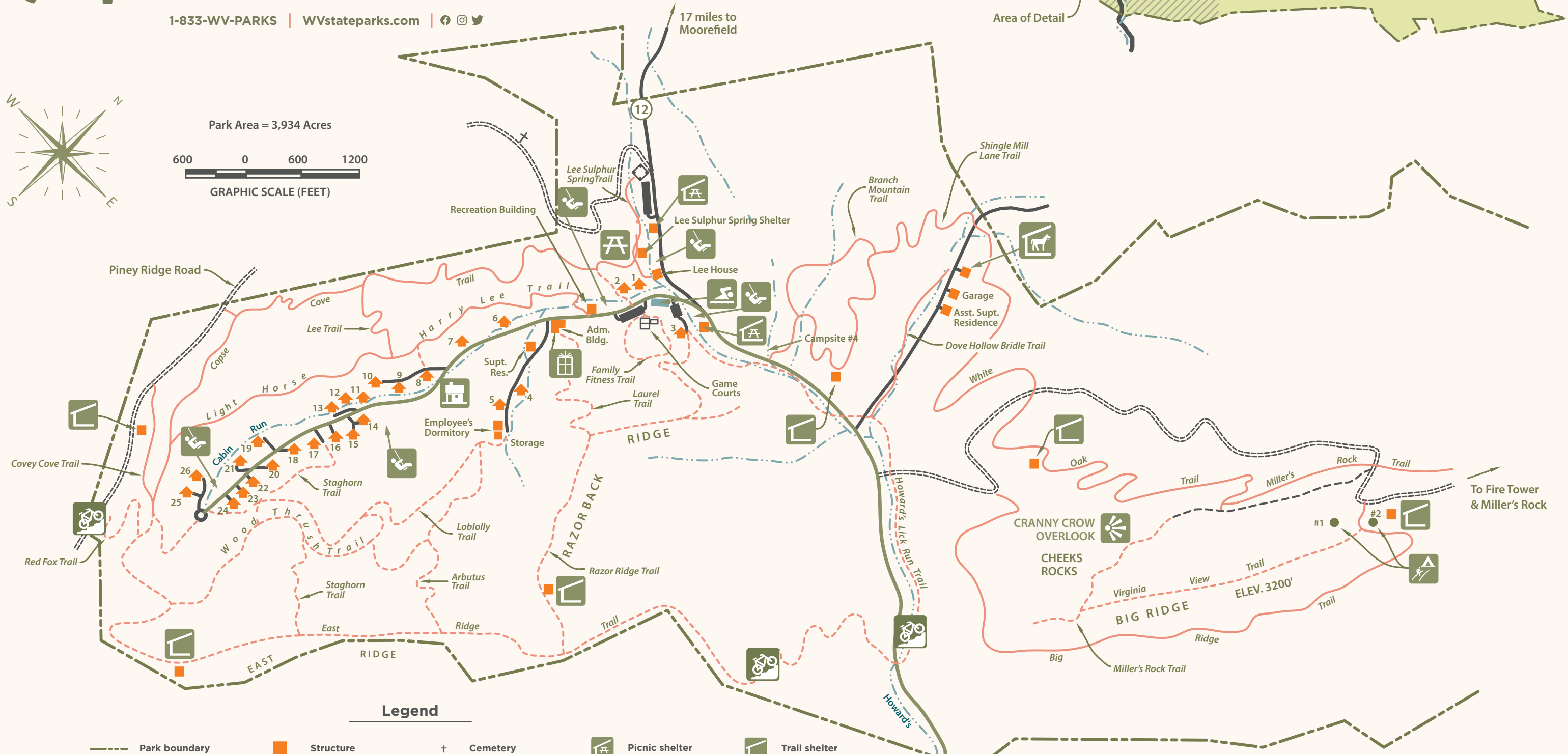
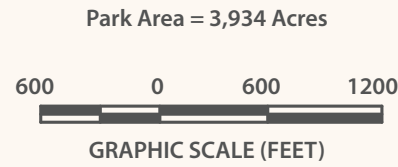
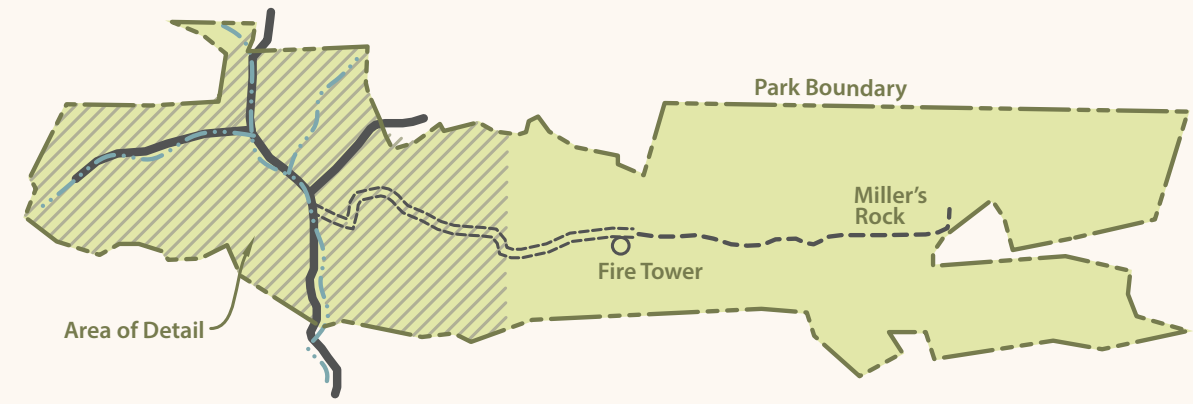


WEST VIRGINIA

state parks

LOST RIVER STATE PARK

1-833-WV-PARKS | WVstateparks.com | [Facebook] [Instagram] [Twitter]



Legend

- Park boundary

== Paved road

----- Unimproved road

----- Primitive road

█ Parking area
- █ Structure

--- Hiking trail

--- Horse trail (no bikes)

--- Stream

◇ Ball field
- + Cemetery

█ Cabin area

█ Gift shop

█ Pack-in campsites

█ Picnic area
- █ Picnic shelter

█ Playground

█ Scenic viewpoint/overlook

█ Stable

█ Swimming
- █ Trail shelter

Cabins					
Cabin Type	Capacity	Cabin Number	Cabin Type	Capacity	Cabin Number
Legacy	2-Person	4	Classic	4-Person	14-18, 20, 22, 23
	3-Person	2, 10, 12, 21		8-Person	7
	4-Person	1, 3, 8, 9, 24	Vacation	2-Bedroom	25
	6-Person	5, 6, 13, 19		4-Bedroom	26
8-Person	11				

Book cabins online at [www.WVstateparks.com](http://www.WVstateparks.com).

2.5 miles to Mathias

17 miles to Moorefield

# PARK TRAIL DESCRIPTIONS

From scenic vistas to beautiful overlooks, hiking trails at West Virginia's state parks and forests lead to breathtaking mountain scenery. Along the way create lasting memories but remember to leave no trace behind in Almost Heaven.

 = Hiking  = Horseback Riding  = Mountain Bike Riding  = Cross-Country Skiing

## ARBUTUS TRAIL

This trail runs from East Ridge Trail to Loblolly Trail near storage building.

**Distance:** 0.75 mile

**Difficulty:** moderate

**Blaze:** yellow

## BIG RIDGE TRAIL

This trail runs from the lower Fire Tower Road around Big Ridge and back onto Fire Tower Road on top of Big Ridge.

**Distance:** 1 mile

**Difficulty:** moderate

**Blaze:** yellow

## BRANCH MOUNTAIN TRAIL

This trail runs from Shingle Mill Land Trail near the lower picnic area to the top of the ridge, rejoining Shingle Mill Land Trail.

**Distance:** 0.5 mile

**Difficulty:** moderate

**Blaze:** red

## COPSE COVE TRAIL

This trail runs from the Lee Sulphur Spring near Cabin No. 1 or across from the parking lot near Cabin No. 2 to the intersection of Light Horse Harry Lee Trail.

**Distance:** 1.75 miles

**Difficulty:** moderate

**Blaze:** yellow

## COVEY COVE TRAIL

This trail runs from the end of Cabin Run Road to Light Horse Harry Lee Trail and then to Piney Ridge Road. Mountain bikers welcome.

**Distance:** 0.5 mile

**Difficulty:** moderate

**Blaze:** green

## EAST RIDGE TRAIL

This trail runs from Howard's Lick Run near the east entrance to the intersection of Red Fox Trail and Light Horse Harry Lee Trail near the southwest corner of the park. Mountain bikers welcome.

**Distance:** 2.5 miles

**Difficulty:** moderate

**Blaze:** red

## HOWARD LICK TRAIL

This trail runs from the parking lot near Cabin No. 3 or the nearby picnic area to the junction of East Ridge Trail near the park's east entrance.

**Distance:** 1.25 miles

**Difficulty:** easy

**Blaze:** blue

## LAUREL TRAIL

This trail runs from the administration building to the junction of Razor Ridge Trail.

**Distance:** 0.5 mile

**Difficulty:** moderate

**Blaze:** blue

## LEE SULPHUR SPRING TRAIL

This trail starts at Lee Sulphur Spring and runs across the creek to the athletic ball field and and Shelter #2 area.

**Distance:** 0.25 mile

**Difficulty:** easy

**Blaze:** yellow

## LEE TRAIL

This trail starts at Cabin No. 8 and crosses Light Horse Harry Lee Trail to Copse Cove Trail.

**Distance:** 0.5 mile

**Difficulty:** moderate

**Blaze:** orange

## LIGHTHORSE HARRY LEE TRAIL

This horse trail runs from the playground across from the administration building to the junction of East Ridge Trail and Red Fox Trail.

**Distance:** 1.25 miles

**Difficulty:** moderate

**Blaze:** blue

## LOBLOLLY TRAIL

This trail runs from the end of the road near the storage building to the end of Cabin Run Road.

**Distance:** 0.875 miles

**Difficulty:** easy

**Blaze:** orange

## MILLERS ROCK TRAIL

This trail starts at the White Oak trailhead at the horse stables and leads to the Cranny Crow overlook at an elevation of 3,200 feet, offering a scenic panorama of five counties.

**Distance:** 3.5 miles

**Difficulty:** moderate

**Blaze:** yellow

## RAZOR RIDGE TRAIL

This trail runs from the parking lot near the swimming pool and Cabin No. 3 at the intersection of Howard Lick Trail to East Ridge Trail.

**Distance:** 1.25 miles

**Difficulty:** moderate

**Blaze:** orange

## RED FOX TRAIL

This trail runs from East Ridge Trail to Piney Ridge Road near the southwest corner of the park. Mountain bikers welcome.

**Distance:** 0.25 mile

**Difficulty:** moderate

**Blaze:** orange

## SHINGLE MILL LANE TRAIL

This horse trail runs from the stables to the lower picnic area.

**Distance:** 1 mile

**Difficulty:** moderate

**Blaze:** green

## STAGHORN TRAIL

This trail runs from East Ridge Trail to Cabin Run Road near Cabin No. 17.

**Distance:** 1 mile

**Difficulty:** moderate

**Blaze:** blue

## VIRGINIA VIEW TRAIL

This trail runs from Miller's Rock Trail at Cheeks Rocks to Big Ridge Trail near Big Ridge Picnic Shelter.

**Distance:** 0.625 mile

**Difficulty:** moderate

**Blaze:** red

## WHITE OAK TRAIL

This horse trail runs from the stable to the top of Big Ridge at the junction of Miller's Rock Trail.

**Distance:** 1.5 miles

**Difficulty:** moderate

**Blaze:** orange

## WOOD THRUSH TRAIL

This trail runs from East Ridge Trail to Staghorn Trail.

**Distance:** 0.25 mile

**Difficulty:** moderate

**Blaze:** green

## ADVENTURE AWAITS

Scan this code with your smartphone's camera to access the exclusive West Virginia State Parks Interactive Vacation Guide.

