

PARK TRAIL DESCRIPTIONS

From scenic vistas to beautiful overlooks, hiking trails at West Virginia's state parks and forests lead to breathtaking mountain scenery. Along the way create lasting memories but remember to leave no trace behind in Almost Heaven.

🕅 = Hiking 🛣 = Horseback Riding 🙋 = Mountain Bike Riding 🚳 = Cross-Country Skiing

CONNECTOR TRAIL M 💌

Trailhead located along service road where Twin Hollow Trail crosses. This is a short and steep trail connecting Twin Hollow Trail to

Ridge Top Trail. **Distance:** 50 yards **Walking time:** 5 minutes **Difficulty:** Moderate

Blaze: 🔷

ISLAND-IN-THE-SKY TRAIL

Trailhead at Grist Mill and at small parking lot in the sharp curve along the road to Boley Lake. Trail is moderately difficult and mostly uphill if starting at the Grist Mill; easy and mostly level if starting at the sharp curve. High cliff areas with beautiful vistas.

NOTE: High cliff areas. Be careful.

Distance: 0.5 mile

Walking time: 30-45 minutes **Difficulty:** easy to difficult

Blaze: 🔷

LAKE VIEW TRAIL

Easy, mostly level loop trail around Boley Lake. Trailhead at Boley Lake parking lot or at gate above Grist Mill. Spur from Grist Mill gate 0.5 mile long, uphill and moderately difficult.

Distance: 1-mile loop **Walking time:** 1 hour **Difficulty:** easy to moderate

Blaze: 🔷

MANNS CREEK GORGE TRAIL M

Not a loop trail - return along same trail or walk the Camp Washington Carver Road back to the campground. Trailheads: across from Campsite 26 and at the first parking area at Camp Washington

Carver. Scenic vistas. **Distance:** 2 miles one way **Walking time:** 5 minutes - 1 1/2 -2 hours **Difficulty:** moderate to difficult

Blaze: 🔷

MOUNTAIN HEATH TRAIL

Numbered posts and a booklet (available at park headquarters) lead the hiker around this loop self-guided trail. Trailhead is 300 yards north of the main intersection on the road leading to the Mann's Creek Picnic Area. Parking spur on right side of road, trailhead on the left. Short trail leading to a natural arch leads off from the right side of the parking spur. No blazes.

Distance: .25 mile
Walking time:
Difficulty: moderate
Blaze: none

NARROW GAUGE TRAIL M

Not a loop trail - hikers must return along the same trail or via park roads. Easy, gentle grade; follows bed of Mann's Creek Railway that connected Clifftop with Sewell until its closure in 1956. Railroad ties, telegraph poles, and other remnants of the old railway are still evident. Trailheads: service road between campground and economy cabins and on Sewell Road approximately .75 mile below Cabin 13. Mountain bikes permitted; carry bikes around several difficult

sections of the trail. **Distance:** 2.25 miles

Walking time: 1.5 hours one way Difficulty: moderate to difficult

Blaze: 🔷

NORTH SLOPE TRAIL M 🔊

Trailhead is shared with Narrow Gauge Trail and is located next to Mann's Creek Bridge on service road. First half of trail from trailhead is level and follows Mann's Creek. Second half of trail is **VERY** steep and a difficult climb connecting to the Ridge Top Trail.

Distance: 0.5 mile one way **Walking time:** 45 minutes to 1 hour **Difficulty:** moderate to difficult

Blaze: 🔷

OLD POND TRAIL M 😰

Trailhead is at parking lot for the Natural Arch and at the gate before the intersection to the Mann's Creek overlook. Trail is moderately difficult with some uphill sections from either starting point.

Distance: 1.5 miles one way **Walking time:** 1.5 to 2 hours **Difficulty:** moderate

Blaze: ♦

RIDGE TOP TRAIL M 🔊

Trailhead across from Short Cut Trail or past the Natural Arch parking area on the right, if coming from the main park entrance. Trail is moderately difficult with some steep uphill sections from either starting point. Trail follows along the crest of a ridge at some of the highest elevations at Babcock State Park.

Distance: 2 miles one way **Walking time:** 2 to 2.5 hours **Difficulty:** moderate

Blaze: •

ROCKY TRAIL

Short, steep, difficult trail connects Skyline Trail with Narrow Gauge Trail. Rocky Trail is primarily a stone staircase that was constructed by the C.C.C. in the 1930s. Much easier walking downhill from Skyline.

Distance: 0.5 mile
Walking time: 15 minutes
Difficulty: difficult

Blaze: 🔷

SHORT CUT TRAIL 7/1 💯

Trailhead is shared with Ridge Top Trail parking along Mann's Creek Road. Moderately difficult and a fairly steep downhill section connecting to Old Pond Trail.

Distance: 300 yards
Walking time: 15 minutes
Difficulty: moderate

Blaze: 🔷

SKYLINE TRAIL

Not a loop trail - Trailheads: Mann's Creek overlook in picnic area and across road from Cabin 5. Hikers must return along same trail or via park roads. Follows natural cliff line; spectacular vistas.

NOTE: High cliff area; be careful. **Distance:** 2 miles

Walking time: 1.25 hours one way Difficulty: moderate to difficult

Blaze: 🔷

TRIPLE CREEK TRAIL 🕅 📴

Trail begins at swimming pool parking lot and connects to Wilderness Trail. Moderate to difficult; features three creek crossings.

Distance: 1 mile
Walking time: 1 hour
Difficulty: moderate to difficult

Blaze:

TWIN HOLLOW TRAIL M 👺

Trailhead at the gate before the Mann's Creek intersection; follows a beautiful hollow on the west side of the service road and main park road; moderately difficult with a few steep sections.

Distance: 0.5 mile one way **Walking time:** 30 to 45 minutes **Difficulty:** moderate

Blaze:

WILDERNESS TRAIL 🛭 🖻

Dead end trail. Trail connects with Triple Creek Trail. Trailhead at sharp curve on Boley Lake Road. Trail moderate, mostly level, remote.

Distance: 1.5 miles each way **Walking time:** 2 to 3 hours **Difficulty:** moderate

Blaze: 🔷