From scenic vistas to beautiful overlooks, hiking trails at West Virginia's state parks and forests lead to breathtaking mountain scenery. Along the way create lasting memories but remember to leave no trace behind in Almost Heaven.

CONNECTOR TRAIL
Trailhead located along service road where Twin Hollow Trail crosses. This is a short and steep trail connecting Twin Hollow Trail to Ridge Top Trail.
Distance: 0.50 yards
Walking time: 5 minutes
Difficulty: Moderate
Blaze:

OLD POND TRAIL
Trailhead at parking lot for the Natural Arch and at the gate before the intersection to the Mann's Creek overlook. Trail is moderately difficult with some uphill sections from either starting point.
Distance: 1.5 miles one way
Walking time: 1.5 to 2 hours
Difficulty: moderate
Blaze:

ISLAND-IN-THE-SKY TRAIL
Trail at Grist Mill and at small parking lot in the sharp curve along the road to Boiley Lake. Trail is moderately difficult and mostly uphill if starting at the Grist Mill; easy and mostly level if starting at the sharp curve. High cliff areas with beautiful vistas.
Note: High cliff areas. Be careful.
Distance: 0.5 mile
Walking time: 30 to 45 minutes
Difficulty: easy to difficult
Blaze:

LAKE VIEW TRAIL
Easy, mostly level loop trail around Boiley Lake. Trailhead at Boiley Lake parking lot or at gate above Grist Mill. Spur from Grist Mill gate 0.5 mile long, uphill and moderately difficult.
Distance: 1-mile loop
Walking time: 1 hour
Difficulty: easy to moderate
Blaze:

MANNS CREEK GORGE TRAIL
Not a loop trail – return along same trail or walk the Camp Washington Carver Road back to the campground. Trailheads: across from Campsite 26 and at the first parking area at Camp Washington Carver. Scenic vistas.
Distance: 2 miles one way
Walking time: 5 minutes - 1 1/2 - 2 hours
Difficulty: moderate to difficult
Blaze:

MOUNTAIN HEATH TRAIL
Numbered posts and a booklet (available at park headquarters) lead the hiker around this loop self-guided trail. Trailhead is 300 yards north of the main intersection on the road leading to the Mann's Creek Picnic Area. Parking spur on right side of road, trailhead on the left. Short trail leading to a natural arch leads off from the right side of the parking spur. No blazes.
Distance: 25 mile
Walking time: 1 hour
Difficulty: moderate to difficult
Blaze: none

NARROW GAUGE TRAIL
Not a loop trail - hikers must return along the same trail or via park roads. Easy, gentle grade; follows bed of Mann's Creek Railroad that connected Clifftop with Sewell until its closure in 1956. Railroad ties, telegraph poles, and other remnants of the old railway are still evident. Trailheads: service road between campground and economy cabins and on Sewell Road approximately .75 mile below Cabin 13. Mountain bikes permitted; carry bikes around several difficult sections of the trail.
Distance: 2.25 miles
Walking time: 1.5 hours one way
Difficulty: moderate to difficult
Blaze:

NORTH SLOPE TRAIL
Trailhead is shared with Narrow Gauge Trail and is located next to Mann's Creek Bridge on service road. First half of trail from trailhead is level and follows Mann's Creek. Second half of trail is very steep and a difficult climb connecting to the Ridge Top Trail.
Distance: 0.5 mile one way
Walking time: 45 minutes to 1 hour
Difficulty: moderate to difficult
Blaze:

ROCKY TRAIL
Short, steep, difficult trail connects Skyline Trail with Narrow Gauge Trail. Rocky Trail is primarily a stone staircase that was constructed by the C.C.C. in the 1930s. Much easier walking downhill from Skyline.
Distance: 0.5 mile
Walking time: 15 minutes
Difficulty: difficult
Blaze:

SHORT CUT TRAIL
Trailhead is shared with Ridge Top Trail parking along Mann’s Creek Road. Moderately difficult and a fairly steep downhill section connecting to Old Pond Trail.
Distance: 500 yards
Walking time: 15 minutes
Difficulty: moderate
Blaze:

SKYLINE TRAIL
Not a loop trail – Trailheads: Mann’s Creek overlook in picnic area and across road from Cabin 5. Hikers must return along same trail or via park roads. Follows natural cliff line; spectacular vistas.
Note: High cliff area; be careful.
Distance: 2 miles
Walking time: 1 hour
Difficulty: moderate to difficult
Blaze:

TWIN HOLLOW TRAIL
Trailhead at the gate before Mann’s Creek intersection; follows a beautiful hulloon the west side of the service road and main park road; moderately difficult with a few steep sections.
Distance: 0.5 mile one way
Walking time: 30 to 45 minutes
Difficulty: moderate
Blaze:

WILDERNESS TRAIL
Dead end trail. Trail connects with Triple Creek Trail. Trailhead at sharp curve on Boiley Lake Road. Trail moderate, mostly level, remote.
Distance: 1.5 miles each way
Walking time: 2 to 3 hours
Difficulty: moderate
Blaze: